

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

=====
=====

Re: bardichev's battle

Posted by imtrying25 - 18 Feb 2010 23:50

[imtrying25 wrote on 18 Feb 2010 12:02:](#)

Hey rebbe he called you crazy!!! Haha. But it was in small font so im gonna have to help out

DER REBBER IS MESHUGEHER

And aint noone gonna beat that, so i win!!!! :D :D :D :D :D :D :D :D :D :D :D :D

[Moderator's note: Sorry, I couldn't resist! ;D]

Someone told me, that one ma'aleh about doign the 90 days is that your posts dont get
CAN SOMEONE PLEASE EXPLAIN TO ME, WHY
THE HECK WAS MY POST MODIFIED?? PLEASE?? KEDUSHA??

=====
=====

Re: bardichev's battle

Posted by bardichev - 19 Feb 2010 17:14

GOOOD SHABBOS EVERYONE

I WILL SEE YOU ALL AT 8:30 AT THE TISH

LCHAIM

OYOYOYOYYO YOYOYOYYO SHABBOS!!!!

BARDS

=====

Re: bardichev's battle

Posted by the.guard - 20 Feb 2010 20:14

No Shabbos Vort from Bard's this week :(:(:((I had to make up my own)

=====

Re: bardichev's battle

Posted by imtrying25 - 20 Feb 2010 21:41

A gutte voch Rebbe. Things on the forum are really starting to get at me. I know it shouldnt be that way. Do you think you can drop by and pick me up with your truck?? And please ask efshar to make some room for me this time?? :-\ :-\ :(:(

A gutte voch!

=====
=====

Re: bardichev's battle

Posted by Efshar Letaken - 21 Feb 2010 03:36

Gut Voch Reb ImTrying,

The Rebbe is busy and asked his gabbe to help out.

What's bothering u?

If its the fact that someone without mentioning names had the urge to modify a post of yours then please don't let that bother you.

Yes! It hurt our feelings when someone takes something that's personal to us & messes with it. But But But.

We have to work on our midda of anovo & hachnoh-oh & just ignore it.

Some ppl just feel the need for power or just to put there hands were they don't belong & so be it.

Its an addiction just like the one we are struggling on and he tries very hard not to do it yet has a slip every now and then.

In any case don't let anything get to you. Just let it fly. Turn up the volume on that song from Matisyahu & sing along on the top of your voice until any sign of nega-tiv-aity vanishes.

One Day! One Day! One Daaaaayaaaay!

=====

Re: bardichev's battle

Posted by bardichev - 21 Feb 2010 04:48

GiT VoCh

Alleh yeedin

Meihoidu ve-ad kooosh!!

Thanks Mr Efshar Letakain for dee varimer verter

It is an amazinG thing

The more hachnaah we have the less anything bothers us

Ok fellas keep on trucking

Gabbeh climb in make room for IMT

Ok we are oof to shushan!!!

=====

====

Re: bardichev's battle

Posted by imtrying25 - 21 Feb 2010 15:50

Thanks efshar. Although i was not referring to what you wrote, your words were still so true and applicable!!!! Thank you for taking the time and writing me that post. Sometimes we get so caught up that we forget where we are coming from and where we are going! More hachna'oh is definitely called for. Thank you. Oh and thanks for making room for me in the truck too. You know how bady ive always wanted to go to shushan!! :D :D :D

=====

Re: bardichev's battle

Posted by bardichev - 21 Feb 2010 16:03

Shushan here we come

3 guys and a truck

La briute meals

Tradition soup

Megilla

Hamantashen

Mp3 with lebedigge music

Rooftop megaphones

Graggers

Woouoooooooooooooodford

Stuffed cabbage

=====

=====

Posted by imtrying25 - 21 Feb 2010 16:07

Ill promise to make at least one lechaim though!

=====

=====

Posted by Efshar Letaken - 21 Feb 2010 18:22

=====

Posted by bardichev - 21 Feb 2010 18:54

=====

=====

Posted by imtrying25 - 21 Feb 2010 19:03

```
m m m m m m m m m m m m m m m m m m | u u u u u u u u u u u u u u u u u u u u u u u r r r r r r r r r r r r r r r r r r r c c c c c
```

=====

=====

Posted by bardichev - 21 Feb 2010 19:05

ess

where are we gonna find another tzenter?

uhhh ich zeh a yeed!!

nooo vee is my gartel?

=====

=====

Posted by imtrying25 - 21 Feb 2010 19:25

yeah i was wonderin the sam thing. cant be somech on rage cuz it doesnt seem like hes around. Hmmmmmmm :-\ :-\

Nee a tzenzer a tzenzer Niiiiiinii efshar shtein in droysin un zooch a tzenzer. utzel vos du bist.

=====