

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by sci1977 - 17 Feb 2010 21:32

[imtrying25 wrote on 17 Feb 2010 21:28:](#)

Ill give you a bardy mazel tov. OK here goes.....

.....Bardichev, do you realize your next post is gonna be your 2504!!!!!!! WOW!!!!!!!!!!!!!!
Your crazy!!!!!!!!!!!!!!

:D :D :D :D :D

very clever it25

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Re: bardichev's battle

Posted by imtrying25 - 17 Feb 2010 21:34

[sci1977 wrote on 17 Feb 2010 21:32:](#)

[imtrying25 wrote on 17 Feb 2010 21:28:](#)

Ill give you a bardy mazel tov. OK here goes.....

.....Bardichev, do you realize your next post is gonna be your 2504!!!!!!! WOW!!!!!!!!!!!!!!
Your crazy!!!!!!!!!!!!!!

:D :D :D :D :D

very clever it25

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Re: bardichev's battle

Posted by Efshar Letaken - 17 Feb 2010 21:49

Just want to share a thought I heard from Reb Yitzchak Moishe Erlinger from Yeshivas Me'Oir Einaim in Yerushalaim who is a Very Holy Yid Mamish a Holy piece of Fire at the sheer he gave yesterday at Irgun Shurei Torah in B.P.

He was talking of how to achieve real simche in the month of Ador.

And one of the points he was making was that "Ein Simche K'Hatoras Hasfeikus" There's no greater Simcha then solving ones Doubts!

Often we get stuck in Doubts,

Can I make this? Will I fall again? Will I have to deal with this for the rest of my life? And the list is endless.

Amoleik is B'Gematria Sofeik! all the Soton wants is to put us into Doubt & then he has us.

We make up are minds to do something good & then Amoleik shows up with the Question Marks.

Neh! Me?! ??? I can do this? ??? I tried so many times before, Why will it be different this time? ??? Is it that bad? ??? Hashem Loves me? ??? Why would He? ??? ??? ??? ??? ???
??? ??? ??? ???

And we drop it right there & then & Amoleik won.

He added a known saying that "A Bad Decision is better then No Decision at all!" We might end up eating this decision we made, but its worth it.

We have to make decisions & not let any doubts get in the way no matter what!

I Am Going To Do Whatever It Takes To Deal With My Addiction! No What Ifs or Buts!

And when we get rid of Doubts & make solid Decisions then yes! **We Will Be Happy!**

And when we are Happy we don't get caught up in Sin.

I bless you all with Happiness for the rest of your lives.

E.L.

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Re: bardichev's battle

Posted by imtrying25 - 17 Feb 2010 21:51

:D :D

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Re: bardichev's battle

Posted by Efshar Letaken - 17 Feb 2010 21:54

Chass V'Sholoim! not ignoring you!

I heard it, swallowed it, & will try to make it up B'Koroiv!

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Re: bardichev's battle

Posted by imtrying25 - 17 Feb 2010 21:56

:D :D :D :D :D

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Re: bardichev's battle

Posted by Efshar Letaken - 17 Feb 2010 22:00

Oy Vey! It Was A Pill?!

Well it was so big I thought it was a suppository!

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Re: bardichev's battle

Hope it wasnt a hard pill to swallow, cuz it sure was big!!!
Posted by bardichev - 17 Feb 2010 22:01

NOT FAIR I CALLED YOU CRAZI IN BIG LETTERS

AND YOU ONLY CALLED ME CRAZY IN PITZY LETTERS

I FEEL SO UNACCOMPLISHED I HAVE NO SELF WORTH

I AM SUCH A LOSER THE WORLD HATES ME

WHY IS MY LIFE SO DIFFICULT

NO ONE REALIZES I EXSIST

I WILL BUY A COPY OF MAGAGAGGAGAGAGAGAGAZINE

LET ME READ ABOUT SOME OTHER LOSERS

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Re: bardichev's battle

Posted by imtrying25 - 17 Feb 2010 22:07

[Efshar Letaken wrote on 17 Feb 2010 22:00:](#)

Oy Vey! It Was A Pill?!

Well it was so big I thought it was a suppository!

:D :D :D :D :D :D :D :D :D :D :D :D :D :D :D :D :D

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Posted by imtrying25 - 17 Feb 2010 22:08

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Re: bardichev's battle

Posted by bardichev - 17 Feb 2010 22:09

SO HARAV ERLANGER IS ON BOARD

HE SAID IN YIDDISH

KEEP ON TRUCKING!!!!!!!!!!!!

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Re: bardichev's battle

Posted by imtrying25 - 17 Feb 2010 22:10

[bardichev wrote on 17 Feb 2010 22:09:](#)

SO HARAV ERLANGER IS ON BOARD

HE SAID IN YIDDISH

KEEP ON TRUCKING!!!!!!!!!!!!

and he said in english.....nu truck mer un mer un mer!!!

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Re: bardichev's battle

Posted by habaletaher - 18 Feb 2010 08:43

HEy Reb Bardy,

It matters not the size of the letters but the size of the Woodford!!!

And being that you have a truck full, you should be pretty good to go (AND PRETTY DARN CRAZY TOO!!!)

KOT!

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Re: bardichev's battle

Posted by imtrying25 - 18 Feb 2010 12:02

Hey rebbe he called you crazy!!! Haha. But it was in small font so im gonna have to help out

DER REBBER IS MESHUGEHER

And aint noone gonna beat that, so i win!!!! :D :D :D :D :D :D :D :D :D :D :D :D

[Moderator's note: Sorry, I couldn't resist! ;D]

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