

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

---

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

=====  
=====

Re: bardichev's battle

Posted by bardichev - 14 Feb 2010 22:43

---

Lchaim gitt choiodesh

Let's all meet on the kretchmer!!

=====  
=====

Re: bardichev's battle

Posted by imtrying25 - 15 Feb 2010 12:37

---

A gut chodesh to mein Rebbeleh!! Nu zo chow vas der voodferd?? Git nein??

=====  
=====

Re: bardichev's battle

Posted by silentbattle - 15 Feb 2010 19:03

---

[Rage ATM wrote on 12 Feb 2010 16:17:](#)

drink an extra shot for me, im at the shvigger where the corcord kal reigns supreme

My sympathies go out to you - I'm not much of a drinker, but I hope you made up for it at melave malka?!

=====

Re: bardichev's battle

Posted by imtrying25 - 16 Feb 2010 13:02

---

Rebbe are you doing to much hisbodidus lately?? Im getting the feeling the rebbe had to much ice cream and woodford. No good. really bad mix.

=====

Re: bardichev's battle

Posted by bardichev - 16 Feb 2010 14:35

---

[imtrying25 wrote on 16 Feb 2010 13:02:](#)

Rebbe are you doing to much hisbodidus lately?? Im getting the feeling the rebbe had to much ice cream and woodford. No good. really bad mix.

SORRY THE REBBE GOT BUSY

WITH A NON GUE ISSUE

THE TRUCK IS RUNNING GREAT

I WILL BE BACK BICHOL TUKFO PRETTY SOON

PLEASE EVERYONE

PLEASE PLEASE PLEASE PLLEEEEAZEAH

PM ME IF U NEED ANYTHING

FROM A SHOT OF WOODFORD

TO A PINK GEVALDIGGGGGGGGGGGGGGGGGGG

OR A KEEP ON TRUCKING

PLEASE !!!

B

=====

=====

Re: bardichev's battle

Posted by Efshar Letaken - 17 Feb 2010 03:42

---

Shhhhhhhh!

Rebbe!

I'm not sure you remember me. ummmmmm! let me try to remind you.

You had this Gabbe way back when.

Yup! That's me!

Lets not make a big deal about this.

I have meant to return a few weeks ago but don't have the time needed to make a come back since it takes up to much of my time and as you know we addicts have no control so I took the easier route to just stay away.

Just a small update on me.

Hmmmmm!

I took leave a few mouths ago do to spending to much time on the forum.

I flowed up on the Daily E Mails.

About a month ago I had a Slip followed by a Fall a week later do to the fact that I felt as if I made enough progress and didn't follow the rules & regulations of an addict & dropped my guard.

After 2 weeks of feeling a major let down I begged Hashem to help me & release me from feeling so edgy & take over my Struggle & fight for me to which Hashem listened & gave me a great last 2 weeks.

So here I am, I hope no one missed me much.

I will try to stop by every now & then.

Until next time K.O.T. & Don't forget to be extra happy this month.

With Simcha we will prevail!

Ashrecho Yisroel!

Efshar Letaken

=====

Re: bardichev's battle

Posted by bardichev - 17 Feb 2010 03:48

---

Papapapapapa

Papapapappa

Papa

Pa

Pa

Dydydydydydydydydyd

WOoooooooooooooooo!!!!

Wowowowowoowowowowow

HEeeeeeeehhaaaaaaww

Yayayayayayayayayayaya

=====

Re: bardichev's battle  
Posted by Efshar Letaken - 17 Feb 2010 03:52

---

I asked to keep it quiet!

=====

You are waking up the dead! >  
Re: bardichev's battle

Posted by Ineedhelp!! - 17 Feb 2010 05:12

---

[Efshar Letaken wrote on 17 Feb 2010 03:52:](#)

I asked to keep it quiet!

Hi EL!

I think I may have joined right after you left, but I was reading through this thread and saw many great Yesodos that you implemented into GYE. It is great to have such a Tzadik and Talmid Chacham back.

-Yiddle

=====

Re: bardichev's battle

Posted by imtrying25 - 17 Feb 2010 11:42

---

You are waking up the dead! >

---



[illegible]

WHO WANTS TO WISH BARDS A MAZAL TOV ON HIS 2500TH POST??

Sorry to dash your hopes.

=====

Re: bardichev's battle

Posted by sci1977 - 17 Feb 2010 19:43

---

Mazel Tov on your 2500 posts! L'chaim

=====