

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by imtrying25 - 06 Feb 2010 21:33

Rebbe this one is special for you.

Show unread posts since last visit.

Show new replies to your posts.

Total time logged in: 11 days, 14 hours and 39 minutes.

post # 2501

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Re: bardichev's battle

Posted by SoHard,YetSoRewarding - 07 Feb 2010 03:03

Bardichev, oib ich mehgh frehgen, where are you up to with your count?

Please make me jealous...

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Re: bardichev's battle

Posted by bardichev - 07 Feb 2010 17:22

shmilu

I AM SO TOUCHED BY YOU ASKING

BEFOR I ANSWER I WANT TO TELL YOU

THERE IS NO MAGIC

AND IT WAS TREMENDOUS WORK

AND TONS OF SIYATTA DISHMAYA

I WILL SOUND CORNY

BUT YOU CAN DO IT TOO!!

WHEN I CAM ON TO THE FORUM AND I SAW SOME GUYS WENT 90 DAYS

WOWO IT BLEW MY MIND

I COULNT GO 90 MINUETS

ALL I SAY IS B"H AND THANK YOU

HERE IT IS

From and including: Friday, March 20, 2009

To, but not including : Sunday, February 7, 2010

It is 324 days from the start date to the end date, but not including the end date

Or 10 months, 18 days excluding the end date

324 days can be converted to one of these units:

27,993,600 seconds

466,560 minutes

7776 hours

46 weeks (rounded down)

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Re: bardichev's battle

Posted by SoHard,YetSoRewarding - 07 Feb 2010 20:54

Oy Gevaaaaaaald!!!

VEE BIN ICH?!?!?!?

You totally blew me away...

Good work!

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Re: bardichev's battle

Posted by bardichev - 07 Feb 2010 21:01

KEEP ONN TRUCKING!!!

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Re: bardichev's battle

Posted by silentbattle - 07 Feb 2010 21:30

Incredible! Keep on **ROCKING!!!**

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Re: bardichev's battle

Posted by Dov - 08 Feb 2010 00:38

Thanks, reb B, for yet another Shabbos table with a l'chayim in honor of the berdichever (and l'zecher the Berdichever) with my kids looking at me like I'm from mars, or maybe even borough park....

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Re: bardichev's battle

Posted by sci1977 - 08 Feb 2010 19:52

wow bards!![bardichev wrote on 07 Feb 2010 17:22:](#)

shmilu

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Re: bardichev's battle

Posted by imtrying25 - 08 Feb 2010 21:41

[dov wrote on 08 Feb 2010 00:38:](#)

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.....and who said your not from mars, Rabbi??

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Re: bardichev's battle

Posted by bardichev - 08 Feb 2010 21:52

Hi holy chavairim

I am having a very difficult day

Let me share an interesting thing

When I was in the grips of my addiction

Such a day would have had one reaction

Shmuts shmuts and more shmuts

Why?? Hey I'm having a hard day

I thank Hashem for my hard day and the reaction is Tehillim introspection and venting on GUE

Thanks for listening

Oh if you see me trucking thru your neighborhood

give me a thumbs up

I will blow the air horn

B

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Re: bardichev's battle

Posted by imtrying25 - 08 Feb 2010 21:56

And Rebbe made us laugh

and Rebbe made us sing

and Rebbe made a kiddush friday night

Oh Rebbe oh my Rebbe how i loved him so.....

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Re: bardichev's battle

Posted by sci1977 - 08 Feb 2010 22:01

sorry you aree having a bad day, but the attitude is inspiring!! kot!

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Re: bardichev's battle

Posted by bardichev - 08 Feb 2010 22:08

thanks buddies

achhh where is my caps lock

UHH DU IZ ESS

HASHEM IS TESTING ME

HE HAS BEEN SO GOOD TO ME

AND I HAVE BEEN SO UNDESERVING

HASHEM I KNOW U WROTE THE SCRIPT

AND YOU PLACED ALL THE ACTORS ON THE STAGE

I KNOW U ARE CALLING ALL THE SHOTS TAKES AND RE-TAKES

TATTEH I AM HERE TO SERVE YOU

I LOVE U EVEN THOUGH SOME PEOPLE THREW TOMATOES ON MY TRUCK!!!!!!

TATTEH THANK YOU!!!!!!

(RAGE TATTEH MEANS HASHEM LIKE I AM BARDICHEV BUT HASHEM KNOWS WHO I REALLY AM ,EVEN THOUGH MAYBE I REALLY AM BARDICHEV)

OK EVERYOONE INTO THE KRETCHMER!!!!!!

DRINKS IS ON THE TRUCK DRIVER

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Re: bardichev's battle

Posted by imtrying25 - 08 Feb 2010 22:23

IS THIS A CALL FOR A LECHAIM?? Here goes.....

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