

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by bardichev - 10 Jun 2009 21:28

ok I cant keep you all in suspense

the chafetz chaim asks this kashya

he says LOOK how strong the koach of SEEING is even though the sotta was seen in the worst case scenario STILL it makes an impression

the TORAH IS YORED TO SOF DAATAN SHEL ADAM

hey i just thought about this ONLY thae torah can be YEROD LISOF DAATAN SHEL ADAM!!!

h&H

bardichev see you all tomorrow at 12 pm est

please pm me

bardichev

HAPP 500 to the HEILIGE GUARD!!!!!!

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Re: bardichev's battle

Posted by Efshar Letaken - 10 Jun 2009 21:58

come to think of it! walking around with a Defibrillator?! not a bad idea! lol

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Re: bardichev's battle

Posted by Noorah BAMram - 11 Jun 2009 11:25

Today is BH day number 65 - and I'm reminding myself that its all chesed Hashem. May my heart hear what mouth is saying (or rather my fingers are posting !!)

I had a thought by *mincha* yesterday that i want to share :

we say in *kedusha*

?????? ??????? ????? ??? ??? ????? ???.....

let us revere You and sanctify You just as the holy *Seraphim*

what do they do? they say

??? ??? ??? ? ?????? ??? ?? ????? ??????

Holy Holy holy is the name of Hashem, His Glory encompass the entire universe.

in other words when we say *kedusha* we are emulating the holy Seraphim by saying kadosh kadosh kadosh, just like they say *kedusha* so do we say *kedusha* .

perhaps its a little deeper then that , a liitle more then a mere mimicking or parroting the holy *Seraphim*

*Chaza"*I teach us that wherever there is a ??? ???? a fence against immorality, that is where you find the *kedusha* holiness.

which means that whenever I avert my gaze from immoral sites or whenever I overcome any urges of lust or when I install no nonsense filters on my computers, it is precisely here where I find *kedusha*

its at these moments, the Jew declares **"I'M HEREBY SHOUTING OUT [i]"KADOSH KADOSH KADOSH HIS GLORY FILL THE ENTIRE WORLD"[/i]**

Which world you ask ? my own little little world:)

in essence we don't just say kedusha at **shachris or mincha** ***we say kedusha a whole day and a whole night***

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Re: bardichev's battle
Posted by Efshar Letaken - 11 Jun 2009 15:23

Noorah,

Its a Gevaldiger Vort! I cant wait for the next one.

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Re: bardichev's battle
Posted by bardichev - 11 Jun 2009 17:01

Hello heilige tzaddikim

I am at my computer now

just checking in

ET my deribilator is at my side

I am actually about to enjoy my first installment of oneg shabbos

yes starting to_a-me-hu with chulent kishke AND overnite kigel

now you see why I need the defibrilator nearby (ch'v)

ok enjoy the milsa bedeechasa

humble happy and hungry

bardichev

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Re: bardichev's battle

Posted by bardichev - 11 Jun 2009 20:17

hello all HEILIGE TZADIKKIM

OK FIRST LETS TAKE CARE OF BUSINESS TODAY IS DAY 85!!!!

SECOND I HAVE 2 TORAH THOUGHTS IF YOU FIND THAT OF INTEREST

DOVID HAMELECH SAYS IN TEHILLIM 119(THE BIG ONE) PASSUK 11

BLIBI TZAFANTI IMRASECHA LMAAN LO ACHTA LACH

IN MY HEART I KEEP YOUR TORAH IN ORDER NOT TO SIN

MY FREINDS KING DAVID KNEW THIS SUGYA INSIDE OUT!!!

OK TORAH THOUGHT NUMERO UNO

AIZEHU GIBOR WHO IS STRONG?? HAKOVESH ES YITZRO ONE WHO SURPRESSES HIS DESIRE

THE MISHNA DOES NOT SAY THE MAN WHO IS VICTORIOUS IN SURPRESSING HIS DESIRE NOR DOES IT SAY HOW LONG THE DESIRE HAS TO BE SURPRESSED FOR ALL IT SAY IS THE ONE WHO IS IN THE BATTLE THE SOLDIER WHO IS IN THE FIELD THE BOXER IN THE RINK THE GIBBOR IS THE CONTENDER NOT ONLY THE VICTOR!!!

OK TORAH THOUGHT NUMERO DOS

THIS WEEKS PARSHA SEALS WITH LUST!!

YES MY FRREEINDS THE HEILIGE TORAH TEACHES US THAT THE JEWS IN THE MIDBAR WEWRE BAD IN THE EYES OF HASHEM AND THEY LUSTED TO HAVE MEAT.IF YOU LOOK AT THE PASSUK IT SAYS HIS-AVU TAAVA MEANING THEY LUSTED/

WHY THE DOUBLE SPEAK ENTFERT THE BEN ISH CHAI THEY LUSTED WHAT? LUST ITSELF THEY CRAVED FOR LUSTFUL DESIRES!!!!

THAT IS SUCH APOWERFUL IDEA

LOVE YOU ALL

H&H

bardichev

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Re: bardichev's battle

Posted by Efshar Letaken - 11 Jun 2009 21:55

Heiliger bardichiver,

Have you seen what **Reb Ykv** one of your Getraiye Chasidim wrote to Farentfer & make Klur Your Mehalech on Rashkebehags page regarding the Torah is the way to go?

I don't think anyone disagrees with that including Reb Dov. but I think that some of us at least when we are starting anew need to let go for a while from the Torah they were learning until now & focus on the specific Torah that deals with this issue & helps us get out of the shmutz. And only when we are on more stable ground can we go back to the heavy shteiging away on all other subjects we did in the past.

I guess we are all on the same page now that Reb Ykv put it so Brilliantly.

I really admire Reb Ykv's "**Loshoin Hazuhov**" & his klurkeit on these issues.

Thanks for the D'Var Torah

Keep it Flowing

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Re: bardichev's battle

Posted by bardichev - 11 Jun 2009 22:54

reb efshar

we are all trying to get to the same point

whoever is on this site is a tzaddik a mivakesh ha-emes

I feel it is mechazik me every minuets of the day

I feel after I post here I can MOON from myself to be CHUTSH as good as what I write

as long as you are here you have a tachlis you are KEMPFING with the TIMMINER BAAL
DUVER

BTW the chulent was yummy!!

h&H

b

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Re: bardichev's battle

Posted by Dov - 12 Jun 2009 01:01

Dear berdichever - After posting an unbelievably long post on another page, some to you,
some to reb Yaakov, I read your post here, saw the defibrillator comment and laughed so hard I
almost fell of my chair. **Thank-you** and **thank Hashem for you**, helping me and others stop
taking so many things so darn seriously! Yasher Koach! Good shabbos and Reb Levi Yitzchak
is surely smiling on all of us, possibly laughing, too! Do they have chairs up there?

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Re: bardichev's battle

Posted by the.guard - 12 Jun 2009 06:08

I think Dov asked if they have chairs up there, because he suggested that Rav Levi Yitzchak
may be laughing - and he wanted to know if it is possible to "fall off your chair" in Shamayim?

Dov - I will check with my sources on this and get back to you ;D

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Re: bardichev's battle
Posted by Ykv_schwartz - 12 Jun 2009 06:08

Dov,

Whenever bardichev says anything I just laugh. That Yid is so funny.

bardichev,

thanks for bringing simcha to our forum.

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Re: bardichev's battle
Posted by Ineedhelp!! - 12 Jun 2009 15:14

Hey Bardichev,

I haev an important question for you that I think many people also have but dont realize it. What exactly is thing we call "LUST"? We say thats what we are addicted to but i cant admit that unlessI know what it means. To me its just a word that has bad connotations with sexual and impure feelings? Please elaborate Bardichev or anyone else that feels they can answer it.

Thanks

-INH

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Re: bardichev's battle
Posted by Kedusha - 12 Jun 2009 17:01

United States Supreme Court Justice Potter Stewart said about pornography that it's hard to define, but "I know it when I see it." To paraphrase Justice Stewart - we know what lust is when we experience it.

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Re: bardichev's battle

Posted by bardichev - 12 Jun 2009 17:16

Yes tayere ineedhelp!!

In order to answer you i will have to look up a most yesodesdikke sefer the gaon on mishlie

For a quick answer

Every person (not animal) has intellect his intellect is used to judge and weigh his actions and reaction to everything in life.

A person is very simple and very complex for example the brain is hard wired to breathe, seek food and shelter, sleep etc.

There are ways that Hashem helped us do our basic needs for existence .for example to eat he gave us hunger pangs as an alarm system that says "feed me or I will faint" he gave us an appetite so we should want to feed the body. If we had no appetite eating would be as enjoyable as filling a gas tank of your car Hashem actually built into our minds a "desire" (chemda) we are wired to seek out things that we enjoy.

As an aside

It is a common mistake people think that life as a yid is meant to be avodas perech and enjoying life is as a Jew is left for some

People who dance on top of cars (nothing against anyone just a mashal)

Judaism is living a life of enjoyment (not self indulgence we will get to that soon be"h)

Back to your question we are created to desire enjoyment. If there was no enjoyment in the world there would be no business no food and no society at all (everything I write can be found in chaza"l)

ACTUALLY THE GENERATOR OF OUR PLEASURE SEEKING /DESIRE IS NONE LESS THAN THE YETZER HORAH!!!!

What bardichev are you off your rocker??? No. I am right here and on target. The medrash teaches us vayar elok-im ess kol asher asa vhinei tov meod .tov ze ytzer tov (of course) meod zeh y"h !!!! Are you still reading this or are you dancing yet ?? You will be dancing soon. Hang on to my gartel for a few more salvos

We all know when the chachamim davened for the y"h of avoda zara to be removed it was (when was the last time you saw a terach style getshka store) the also prayed that the desire for znus to be removed .what happened husbands and wives had no relation even animals and fowl had no relations!!! (open gemoros not a fairy tale)

Meaning the dynamic the spark the initiation the instant of inspiration comes from the y'h the generator of desire!!!

So what's wrong with desire bardichev?? You make it sound like the best thing in the world (yes it is)

One second of desire the genie is out of the bottle .if gain if you harness it you will become the ultimate human being if not you will become totally controlled and totally subhuman!!!

Wow bardichev stop here my head is spinning!!!

Ok I will make it simple you can have a Ferrari Testarossa zero to 90 in 2 second whatever.. If you don't have brakes on it you can never drive it. Yes if the would have built the Ferrari in chelm

They would not put brakes on it and of course the car would not even make it out of the garage.

We explained desire. Lust is one notch up lust is raw desire used as an end for itself not as a means to bring you to the level you are trying to attain.

Desire is enjoyable lust can be even more enjoyable but so much more dangerous be careful if you see the no brakes Ferrari coming down your street. also lust is self destructive.

I hope I explained it

And that was quickly yikes!!!

Humble and happy

bardichev

GUT SHABBOS TO ALL

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