

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H. I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control. (I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by bardichev - 26 Jan 2010 22:41

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Re: bardichev's battle

Posted by silentbattle - 26 Jan 2010 23:20

Bards, you are **SO** awesome!

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Re: bardichev's battle

Posted by sci1977 - 27 Jan 2010 15:58

KUTGW!!! Everytime I read this thread I feel better even if I am feeling good to begin with.

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Re: bardichev's battle

Posted by bardichev - 27 Jan 2010 16:04

THANK YOU SB AND SCI

SOKME TIMES WHEN I NEED CHIZZUK I READ THIS THREAD TOO!!!

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Re: bardichev's battle

Posted by silentbattle - 27 Jan 2010 16:21

Absolutely - Did you read Sci's piece about re-reading our own threads?

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Re: bardichev's battle

Posted by sci1977 - 27 Jan 2010 16:48

Bards, work for took a stressful turn for the worse today... Can you send me a shot of Woodford?

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Re: bardichev's battle

Posted by bardichev - 27 Jan 2010 18:51

WWWW

WwwW

WwwW

WwwwwwW

WwWwwwW

WwWwwwW

WwWwwwW

WwWwwwW

WwWwwwW

WwWwwwW

WwWwwwW

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Re: bardichev's battle

Posted by sci1977 - 27 Jan 2010 19:14

thanks, I needed that!!!

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Re: bardichev's battle

Posted by bardichev - 27 Jan 2010 19:17

Ichaim!!!!!!!

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Re: bardichev's battle

Posted by imtrying25 - 29 Jan 2010 10:38

Lchaim my rebbe!! Have a great shabbos!!! I love you Rebbe!! Keep on truckin. Im in the
:D :D

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Re: bardichev's battle

Posted by bardichev - 29 Jan 2010 15:06

imt 25

that mask is gonna is gonna make mi ice cream truck an i scream truck ;D

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Re: bardichev's battle

Posted by bardichev - 29 Jan 2010 17:24

ok its late

where is my vesh

my shir hashirim

nu

dee blech

shabbos zayygirr

yoish the freezer needs to be taped

ouch the bank has to be covered b 3

whoooo

oish food for the birds

yooish why is the shtreimil box empty??

oooohh the bekeshe is still by the cleaners

flowers

beer

kol haolam kiloy

its friday

yummmmmmmmmmy!!!!

oy yoy o shabbos koidesh

oy yoy shabbos koidesh

oy yoy!! shabbos koidesh!!!

gevaldiggggggggggggggggggggggg!!!

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Re: bardichev's battle

Posted by sci1977 - 29 Jan 2010 17:29

Bards,

Good Shabbos!!! KOT!!

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Re: bardichev's battle

Posted by bardichev - 29 Jan 2010 17:34

SCI..

ITHOUGHT U WERE ISRAELI

WOW

U ARE FROM THE EAST COEAST NEAR BOROPARK LIKE ME WOW???

KOT

OY YOY SHABBOS KOIDESHH

WOOOOOODFORD??

LCHAIM

OH WHO IS DRINKING JEDEM..HAHAHA

B

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