

bardichev's battle

Posted by bardichev - 19 Apr 2009 19:51

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Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH . C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH. So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H.I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHSHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

Please give me the chizuk (and mussar too) to reach my goal.

May Hashem bentch each and every one of us.

Humbled and happy

bardichev

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Re: bardichev's battle

Posted by Gevura Shebyesod - 26 Sep 2011 20:52

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[heuni memass wrote on 26 Sep 2011 20:37:](#)

for 363 post you think he needs over a month?

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Re: bardichev's battle

Posted by Gevura Shebyesod - 26 Sep 2011 20:52

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[ZemirosShabbos wrote on 26 Sep 2011 20:40:](#)

there are a few 30-day yomim tovim, and all the chasidim come with kvittlach for the yomim noraim, and the rebbe needs to go for bekeshes fittings so it eats into posting-time

30-day yomim tovim? Where do i sign up? ;D

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Re: bardichev's battle  
Posted by heuni memass - 26 Sep 2011 20:55

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Do you think you can do it for 30 days with no phone or computer?[Gevura ShebYesod wrote on 26 Sep 2011 20:52:](#)

30-day yomim tovim? Where do i sign up? ;D

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Re: bardichev's battle  
Posted by Gevura Shebyesod - 26 Sep 2011 20:57

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Re: bardichev's battle  
Posted by ZemirosShabbos - 26 Sep 2011 21:05

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[ZemirosShabbos wrote on 26 Sep 2011 20:40:](#)

there are a few 30-day yomim tovim, and all the chasidim come with kvittlach for the yomim noraim, and the rebbe needs to go for bekeshe fittings so it eats into posting-time

woops, supposed to have been 3-day

(we don't do ramadan)

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Re: bardichev's battle  
Posted by bardichev - 26 Sep 2011 21:17

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rammamammammammammamaamdann

hahahaha

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Re: bardichev's battle  
Posted by heuni memass - 26 Sep 2011 21:21

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hey- we had/have people that celebrate that on this site as well.

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Re: bardichev's battle  
Posted by Back on Track - 26 Sep 2011 22:44

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I dunno... I thought is someone had more posts than reb guard that the whole world, or at least the whole GYE could revert to tohu vavohu.... Tread very carefully rebbe...so that we all may

come out of this alive...m And may the force be with you.

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Re: bardichev's battle  
Posted by JackAbbey - 26 Sep 2011 22:50

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maybe we should rename it to

**BARD YOUR EYES**

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Re: bardichev's battle  
Posted by Back on Track - 27 Sep 2011 02:33

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I loled snorted and gave a shmeichel to that.

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Re: bardichev's battle  
Posted by obormottel - 27 Sep 2011 07:00

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[Shmeichel wrote on 26 Sep 2011 22:50:](#)

maybe we should rename it to

**BARD YOUR EYES**

**LIKE!!!!!!!!!!!!!!!!!!!!!!**

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Re: bardichev's battle  
Posted by Dov - 27 Sep 2011 22:54

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Excellent!! Will iy"H use that next time I see a "thingie" that needs barding!

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Re: bardichev's battle  
Posted by ZemirosShabbos - 04 Oct 2011 17:31

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??? ??????" ????????????? ??????"

My teshuvah plan.

Do nothing.

Nuffin.

Just tashlich kapporaos.

Selichos.

Wear sneakers klapp ushamni.

Fast.

Say tatty I promise I will be better.

Oisfast.

KOT

Battle plan.

I try not to look at women.

I try not to lOok in cars.

I try.

I try.

If I do.

I try not to look at the chest area.

If.

I do.

I do.

Nuu nuu kot!

I will not get bent out of shape.

Stay away from an unfiltered computer.

Its like walking into a strip club just to buy a soda.

Stay away!!

If I wiLl.

Or when I will fall.

I am telling the YH right now.

I will not lie there to smushh me like a dead bug.

I may fall.

I won't turn the other cheek KOT

addict is a dead man walking.

I didnt come to this terra firma to live deadly.

I came to live and liven up. All we need is happiness.

It is only found in delving into a blatt gemara.

Peppered with rashy a healthy dose of tsofos.

AND bu helping other jews.

Really helping visiting the sick burying the dead

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Re: bardichev's battle

Posted by bardichev - 04 Oct 2011 18:36

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[ZemirosShabbos wrote on 04 Oct 2011 17:31:](#)

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Really helping visiting the sick burying the dead

just eat a muffin!!!!!!!!!!!!!!!!!!!!!!!!!!!!

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Re: bardichev's battle

Posted by gibbor120 - 04 Oct 2011 18:37

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Where did this sudden muffin addiction come from? Did you see a parade of muffin triggers  
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walking down the street