Generated: 2 July, 2025, 12:28

bardichev's battle Posted by bardichev - 19 Apr 2009 19:51

\_\_\_\_\_

Hello to everyone here. I am truly humbled to be here. It is the most wonderful thing.

I can not believe that today is my 31st day without any assur internet whatsoever. Without any bittul zeman internet. I can't believe it myself I am so happy.

Just four weeks ago I couldn't sit in front of my computer without peeking just for a few minuets at all the filth that the Y"H brought my way.

Just four weeks ago I was the lowest person in the world living the biggest lie. Just four weeks ago I was crying under my desk and I really wanted to change. Indeed in the past I made strong kabbalos I gave myself all kinds of mussar I applied all kinds of advice but I never was able to ever go 2 weeks clean.

I B"H found a lifeline GUE I realized 3 things a. there is a way to recover

B. that I am an addict an addiction will need recovery not that I'm just crazy or SHVACH. C. there is other people in the same boat that are honestly working on changing their lives.

At that point I didn't feel that I deserved to be on the forum let alone on the WOH.So I kept my own journal for two full weeks .It was so hard to change but all the chizuk from reading all the posts on GUE pushed me along.

I still can't believe that I am clean for a month .I am not trying to delude myself to say I arrived I REALLY need all the encouragement to reach my short term goal of 90 days. I am really taking it one day at a time. I am davening for siyatta dishmaya.

I realize that the battle of the Y"H is a full time job. My shemiras ainiyim is on a very good level B"H.I am scared that I will fall so I am really setting small goals.

I came to this realization that I couldn't stop my self until I admitted that I was an addict not that this was just a bad habit this is my addiction. Once I knew I was an addict I was able to accept advice from all the people on the forum because until one doesn't ADMIT he cant be helped because its not for him.

I started to realize that the power of TEFILLA is so great.

I had a wonderful insight in the tefilla we say "VCHOF ES YITZREINU LHISHTABED LACH" we daven that Hashem should force Y"H to be subjugated to HIM. All my life I davened that "my" Y"H should be controlled by "me" .NO NO NO I have learned from the first of the twelve steps we are begging Hashem to force the Y"H to be under HIS control.(I am saying this as a chizuk not trying to delve into deep questions that deal with Emunah).

May all our friends here be the source of inspiration that we all become truly the HEILIGE NESHAMOS WE WERE GIVEN AT BIRTH.

## **GYE - Guard Your Eyes** Generated: 2 July, 2025, 12:28

| Generated: 2 July, 2023, 12.20                                    |  |  |
|---|--|--|
|   |  |  |
| Please give me the chizuk (and mussar too) to reach my goal.      |  |  |
| May Hashem bentch each and every one of us.                       |  |  |
|   |  |  |
| Humbled and happy   |  |  |
| bardichev   |  |  |
| =======================================                           |  |  |
|   |  |  |
| Re: bardichev's battle Posted by bardichev - 21 Sep 2011 19:10    |  |  |
| Shmeichel wrote on 20 Sep 2011 20:12:                             |  |  |
| who's truck is that?  |  |  |
|   |  |  |
| heh heh   |  |  |
| im foor naynn!!   |  |  |
| ====  |  |  |
| Re: bardichev's battle Posted by heuni memass - 21 Sep 2011 19:15 |  |  |

bardichev wrote on 21 Sep 2011 19:10:

| m foor naynn!!  |
|---|
|   |
| ney you misspelled that - you added a N at the end.                   |
| ======================================                                |
| Re: bardichev's battle Posted by bardichev - 21 Sep 2011 19:19        |
| a little n never hurt any one   |
| ======================================                                |
| Re: bardichev's battle Posted by bardichev - 21 Sep 2011 21:40        |
| n honor of alexeliezr   |
|   |
| ooubon mashing season sets in early                                   |
| especially this year with all the yomim tovim                         |
| all the work i need to do on my truck to gear it up for the ice roads |

| you have no idea what it takes to drive to Yellowknife AK          | in the northern provinces or to Anchorage |
|--|---|
| yupp its all in a days work  |   |
| but we do get a bissel meshugga here                               |   |
| ====   |   |
| Re: bardichev's battle Posted by Back on Track - 22 Sep 2011 23:48 |   |
| How about a kiddush mit cholent for the big 5k accor               | nplishment                                |
| ====   | =======================================   |
| Re: bardichev's battle Posted by bardichev - 23 Sep 2011 03:32     |   |
| weve got some ideas 8) 8) 8)                                       |   |
| =======================================                            | =======================================   |
| Re: bardichev's battle Posted by Dov - 23 Sep 2011 13:22           |   |
| One happy and humble post at a time.                               |   |
| 8)   |   |

## **GYE - Guard Your Eyes** Generated: 2 July, 2025, 12:28 :-\* Re: bardichev's battle Posted by bardichev - 23 Sep 2011 13:50 thanks dov ==== Re: bardichev's battle Posted by Dov - 23 Sep 2011 15:51 Nee. And what less would you expect from a loyal chusid? (that's not really a question, just a statement....so don't go getting 'smartypants' here.....) Re: bardichev's battle Posted by bardichev - 25 Sep 2011 15:52 plead the 5th:-X Re: bardichev's battle Posted by Back on Track - 25 Sep 2011 17:17 Never thought I'd see that. ... Wowser.

Re: bardichev's battle

**GYE - Guard Your Eyes** Generated: 2 July, 2025, 12:28 Posted by bardichev - 25 Sep 2011 17:22 8) 8) 8) 8) **UHHH** NUU **UHHH EHHH UUHH UH HUH EHHHH** \_\_\_\_\_\_ Re: bardichev's battle Posted by bardichev - 25 Sep 2011 17:41 4994 FOOOOR! NAYN??

KEEP ON TRUCKING

NAYN FOOR!!!!!!!!!!!

| ZEMMY WE WILL TRY TO WAIT TILL MONDAY FOR THE 5000 POST   |  |  |
|---|--|--|
|   |  |  |
|   |  |  |
|   |  |  |
| <b>===</b>  |  |  |
| Re: bardichev's battle Posted by obormottel - 25 Sep 2011 19:56   |  |  |
| I'll donate a pot of pareve cholent for the Yom Kippur kiddush in Anshei Bardstown for the honor bearings in the bound of |  |  |
| =======================================   |  |  |
| Re: bardichev's battle Posted by Lechayim - 25 Sep 2011 20:12   |  |  |
| far vous pareve? Cholent mizz zein Fliehigs   |  |  |
|   |  |  |