

Just starting out

Posted by balancedfox70 - 19 Mar 2025 15:13

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Hello everyone, I had many ups and downs in the past (mainly in "M") and never thought I can achieve true freedom that is before I discovered GYE. I am now challenging myself to do the 90 day program. It does feel like a lot so I'm breaking it down into 30 day increments at a time. I just feel that I can't do this alone and need the support of the community to help me on my journey. I will try to update as much as possible. Any support would be greatly appreciated! Thank you so much! I love you all!

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Re: Just starting out

Posted by balancedfox70 - 20 Jun 2025 02:01

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Made it to Day 90!!!! Thank you Hashem!

I wanna take this opportunity to openly thank all those that have been a part in helping me achieve this tremendous milestone. Starting with my dear wife who has been at my side through thick and thin and always has my back in full support of this holy work.

There are not enough adjectives to describe all that I have learned from Moreinu Harav HHM Shlita. You have been a beacon of light in guiding me through these complex waters!

Special shout out to @BenHashemBH! Your words of wisdom and advice were always on target and impactful in a very big way!

I can go on and on with this as I have gained so much from all of you, that is, the (hidden) Tzadikim that are on this forum in the short time that I have been here.

Of course it's not all about doing the 90 challenge, it's about changing oneself to become a bigger and greater person but I feel that now is a good time to celebrate as we reach this milestone.

L'chayim!

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Re: Just starting out

Posted by balancedfox70 - 27 Jun 2025 17:57

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100 Days clean!

Have a wonderful Shabbos everybody!

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Re: Just starting out

Posted by balancedfox70 - 17 Jul 2025 01:44

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120 Days Clean!

Summer Bein Hazmanim, ready or not here we go!!!

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Re: Just starting out

Posted by stopsurvivingstartliving - 20 Jul 2025 18:14

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[balancedfox70 wrote on 17 Jul 2025 01:44:](#)

120 Days Clean!

Wow!!! Keep it up!

Summer Bein Hazmanim, ready or not here we go!!!

Love the positive attitude!

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