

Just starting out

Posted by balancedfox70 - 19 Mar 2025 15:13

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Hello everyone, I had many ups and downs in the past (mainly in "M") and never thought I can achieve true freedom that is before I discovered GYE. I am now challenging myself to do the 90 day program. It does feel like a lot so I'm breaking it down into 30 day increments at a time. I just feel that I can't do this alone and need the support of the community to help me on my journey. I will try to update as much as possible. Any support would be greatly appreciated! Thank you so much! I love you all!

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Re: Just starting out

Posted by balancedfox70 - 20 Jun 2025 02:01

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Made it to Day 90!!!! Thank you Hashem!

I wanna take this opportunity to openly thank all those that have been a part in helping me achieve this tremendous milestone. Starting with my dear wife who has been at my side through thick and thin and always has my back in full support of this holy work.

There are not enough adjectives to describe all that I have learned from Moreinu Harav HHM Shlita. You have been a beacon of light in guiding me through these complex waters!

Special shout out to @BenHashemBH! Your words of wisdom and advice were always on target and impactful in a very big way!

I can go on and on with this as I have gained so much from all of you, that is, the (hidden) Tzadikim that are on this forum in the short time that I have been here.

Of course it's not all about doing the 90 challenge, it's about changing oneself to become a bigger and greater person but I feel that now is a good time to celebrate as we reach this milestone.

L'chayim!

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Re: Just starting out

Posted by balancedfox70 - 27 Jun 2025 17:57

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100 Days clean!

Have a wonderful Shabbos everybody!

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Re: Just starting out

Posted by balancedfox70 - 17 Jul 2025 01:44

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120 Days Clean!

Summer Bein Hazmanim, ready or not here we go!!!

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Re: Just starting out

Posted by stopsurvivingstartliving - 20 Jul 2025 18:14

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[balancedfox70 wrote on 17 Jul 2025 01:44:](#)

120 Days Clean!

Wow!!! Keep it up!

Summer Bein Hazmanim, ready or not here we go!!!

Love the positive attitude!

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Re: Just starting out

Posted by balancedfox70 - 06 Aug 2025 21:45

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140 Days clean!

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Re: Just starting out

Posted by balancedfox70 - 17 Aug 2025 05:50

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150 Days clean!!

Has been a challenging Bein Hazmanim but Bh still holding strong.

Going to be out on vacation this week. Time to really dig in!!

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Re: Just starting out

Posted by hashemisonmyside - 17 Aug 2025 15:13

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Wow 5 months is HUGE!!!!

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Re: Just starting out

Posted by balancedfox70 - 27 Aug 2025 00:47

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160 Days clean!

Was in a high risk place today. Instead of throwing in the towel and giving up, I kept my head down most of the time only looking up slightly from time to time just to see where I was going. Felt like such a winner! It was tremendous!!!

Shout out to my accountability partners! You give me such chizuk and strength when I need it most.

And thank you to all you wonderful and holy people here on Gye who I always feel are fighting alongside me and helping me throughout my journey!

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Re: Just starting out

Posted by BenHashemBH - 27 Aug 2025 04:09

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Reb Fox,

You are putting in the work and it is wonderful to see you soaring BH. Keep it up Brother!

Kol tov

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Re: Just starting out

Posted by balancedfox70 - 07 Sep 2025 02:33

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170 Days!

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