## **GYE - Guard Your Eyes**

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Just starting out

Posted by balancedfox70 - 19 Mar 2025 15:13

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Hello everyone, I had many ups and downs in the past (mainly in "M") and never thought I can achieve true freedom that is before I discovered GYE. I am now challenging myself to do the 90 day program. It does feel like a lot so I'm breaking it down into 30 day increments at a time. I just feel that I can't do this alone and need the support of the community to help me on my journey. I will try to update as much as possible any support would be greatly appreciated! Thank you so much! I love you all!

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