

Let's give it a shot

Posted by sytv2002 - 11 Mar 2025 17:01

Hey everyone. I'm going to try something new. I will commit to commenting on here every day for 90 days. I've already fallen today so starting tomorrow will be day 1. Do I think I can get to 90 days clean? Not really no. Not at all actually. But let's see what happens. But win or lose, I'll give a daily update. Would love all to join me.

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Re: Let's give it a shot

Posted by sytv2002 - 12 May 2025 14:50

Day 48 posting... day 2 clean...

I'm really appreciating how clean yesterday was. Bh I was feeling so good and had such a great day. Without p and m. Shocker lol. The good feeling carries over. I just hope it'll last through the whole today. And tomorrow I'll focus on tomorrow.

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Re: Let's give it a shot

Posted by sytv2002 - 13 May 2025 14:17

Day 49 posting... Day 1 clean

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Re: Let's give it a shot

Posted by sytv2002 - 14 May 2025 14:21

Day 50 posting... day 2 clean... please Hashem just today let's get through.

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Re: Let's give it a shot

Posted by kavey - 14 May 2025 16:27

Keep on posting buddy. Acts of sobriety etc.

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Re: Let's give it a shot

Posted by sytv2002 - 15 May 2025 13:41

Day 51 posting... Day 3 clean...

yesterday was a fight but bh we won. Just one more day.

Thank you Kavey for the chizzuk

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Re: Let's give it a shot

Posted by sytv2002 - 16 May 2025 15:28

Day 52 posting... day 1 clean...

bh no porn. So that's a small win

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Re: Let's give it a shot

Posted by adventurousjellyfish - 18 May 2025 01:43

I'm on your side!!! I hope you feel good, get riches, and happiness at some point. Good luck my friend!!!

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Re: Let's give it a shot

Posted by sytv2002 - 18 May 2025 04:04

Day 53 posting... day 2 clean...

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Re: Let's give it a shot

Posted by sytv2002 - 18 May 2025 13:48

Day 54 posting... Day 3 clean... last night was a miracle. Thought for sure it would end badly but
bh I held back.

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Re: Let's give it a shot

Posted by sytv2002 - 19 May 2025 17:40

Day 55 posting... Day 1 clean...

bh no porn

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Re: Let's give it a shot

Posted by sytv2002 - 20 May 2025 14:26

Day 56 posting... day 1 clean...

Last night was the same battle that I've won so many times, but just couldn't pull through here.
I had some false idea that I would meet my wife at a vort that i was at, but i didnt. Could very
much be thats what triggered feelings leading to a fall. Feelings of loneliness, tiredness, and
stam just feeling down. Still bh no porn. First time in a while that I've made it a week without
porn

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Re: Let's give it a shot
Posted by sytv2002 - 21 May 2025 14:22

Day 57 posting... day 2 clean...

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Re: Let's give it a shot
Posted by sytv2002 - 22 May 2025 18:31

Day 58 posting... day 1 clean

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Re: Let's give it a shot
Posted by sytv2002 - 23 May 2025 16:43

Day 59 posting... day 2 clean...

by some miracle I made it through the night. And literally I mean miracle by means of a crazy distraction at nearly 1am. Baruch Hashem. Today will be hard. I've been feeling urges constantly since waking up. I even went to the Mikvah as a way of motivating myself to stay clean. It helped subside the urges a little but they're back. I'm really trying to hold on...

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