

Let's give it a shot

Posted by sytv2002 - 11 Mar 2025 17:01

Hey everyone. I'm going to try something new. I will commit to commenting on here every day for 90 days. I've already fallen today so starting tomorrow will be day 1. Do I think I can get to 90 days clean? Not really no. Not at all actually. But let's see what happens. But win or lose, I'll give a daily update. Would love all to join me.

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Re: Let's give it a shot

Posted by cleanmendy - 02 Jul 2025 23:00

[sytv2002 wrote on 02 Jul 2025 18:45:](#)

Day 0. Ughh. Starting something new. I can't beat M right now. But I could beat P. I know I can. 90 days clean of P(and then forever) starts now.

day 0 clean

Yes you can!!

I have an idea though, what about clean for a week from Porn.

At the end of a week throw yourself a party!

Yes, you'll get to 90 days, but its so important to reward yourself for the 'smaller' accomplishments

Keep it up!!

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Re: Let's give it a shot

Posted by justwannabefree - 03 Jul 2025 00:59

Hey sytv2002! kudos on your determination to restart! Just saying in my experience it can be helpful to feel like your fighting along with someone else. Therefore I'm letting you know that I'm also recovering from a fall a few days ago. So I'm inviting you to "join me" in the struggle as we both get back up together! Just thought it might help to know there's someone out there holding in the same position as you. Lets fight the good fight!

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Re: Let's give it a shot
Posted by sytv2002 - 03 Jul 2025 17:45

Day 1 clean.

Mendy I will definitely try for a week. Except I'm not good at rewarding myself.

JWBF, I'd love to be in touch!

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Re: Let's give it a shot
Posted by sytv2002 - 04 Jul 2025 20:27

Day 2 clean

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Re: Let's give it a shot
Posted by sytv2002 - 07 Jul 2025 14:39

Day 1 clean... yesterday was a fall but a very small one. I did struggle for a long time and then ultimately gave in and started to watch but I stopped myself immediately. I watched maybe less than a minute. Focusing on the fact that I was able to fight and never gave in to indulge

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Re: Let's give it a shot

Posted by hashemisonmyside - 07 Jul 2025 17:16

that's HUGE, stopping like that just pushed the YH down a mountain.... just keep it up... don't consider that a fall

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Re: Let's give it a shot

Posted by sytv2002 - 08 Jul 2025 16:56

Day 3 clean... if I'm not counting the last one I guess it's day 6 then... from p

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Re: Let's give it a shot

Posted by iwant2begood - 08 Jul 2025 18:57

[sytv2002 wrote on 08 Jul 2025 16:56:](#)

Day 3 clean... if I'm not counting the last one I guess it's day 6 then... from p

Hi sytv2002,

I log on from time to time, and I'm reading some of your recent posts.

1- Congratulations on your commitment to check in every day for 90 days straight, and for you honestly.

Its much more exciting to share after 90 days that you are clean/sober for 80 Days, than share your honest struggles.

2- My experience when i started my journey was very similar, i would checkin each day with the same post " Today is day 26 and were going to do it " " Today is day 27 "

I remember someone making a comment saying that I keep posting the same cliché posts everyday (Which of course hurt me). But honestly this is was got me sober. Honesty is the key.

I got a sponsor on GYE, who recomened me to the 12 step conference calls, and eventually I went to SA.

I'm grateful to Hashem and GYE that I'm sober today.

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Re: Let's give it a shot
Posted by sytv2002 - 13 Jul 2025 19:59

Bh day 11 of no watching

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Re: Let's give it a shot
Posted by sytv2002 - 27 Jul 2025 15:06

Bh day 21 no watching

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Re: Let's give it a shot
Posted by amevakesh - 28 Jul 2025 00:01

Man, this set of 90 is lookin a whole lot better than the last one. Real progress from a real

man!!! KOMT!!!

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Re: Let's give it a shot

Posted by sytv2002 - 01 Aug 2025 16:32

I think today is day 26 of no watching...

Thank you amevakesh the encouragement means so much to me.

26 days of no watching or indulging. But to say I haven't poked would be a lie. But bh no indulging. progress.

Kavey, you may have saved my life this week, or at least my relationship.

I'm still going with this girl and I may have just made a terrible mistake. I don't know what to do in that situation. She asked. I couldn't lie. I hate lying. I don't want our relationship to have any lies in it so I just couldn't. She asked so I told her. Not so much in depth but I told her where I'm holding. I told her I have a support system. She took it rather well to be honest. But our relationship is definitely rocky at the moment. I'll be seeing her soon so I guess we'll see what happens

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Re: Let's give it a shot

Posted by boardg - 12 Aug 2025 18:13

Hey. how are things going?

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