

**MAGA! Make Aynayim Great Again**

Posted by time2win - 16 Jan 2025 22:59

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Happy to share that I am on day 15 of my journey to 90 days! So far it's been pretty easy.

I confess that I am using artificial motivation as a rocket booster in my recovery. I made a deal that if I reach 90 days, I'll buy myself an expensive piece of fitness equipment (I'm a fitness buff). It's not really in my budget, but, what the heck, YOLO right?

Anyway, will post my origin story in the intro forum topic when I get the chance. It's pretty long so will need to come in installations.

Have a good shabbos y'all :-)

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**Re: MAGA! Make Aynayim Great Again**

Posted by mickey30 - 21 Mar 2025 02:55

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hey the way you set it up with such positivity and focus on ur wins and succes and how much more than the falls, thats really really inspiring. its so smart and healthy. thats how you WIN!!!

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**Re: MAGA! Make Aynayim Great Again**

Posted by mickey30 - 21 Mar 2025 02:58

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WOW!! you nailed my feelings. i never knew how to put it into words till i saw your post. i used to run away from unfiltered internet( which is good) but i got crushed if i ever had unfilterred internet bec i saw it as an oppurtunity. Thank u!

**GYE - Guard Your Eyes**

Generated: 3 April, 2025, 20:23

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Re: MAGA! Make Aynayim Great Again  
Posted by time2win - 21 Mar 2025 18:32

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Cumulative Stats

Current Streak: 3 wins

Total Wins: 74 days

Total Losses: 5 days

Winning Percentage: 93.67%

Today's positive action towards recovery:

Verbally reviewed my motivations for quitting

Have a good shabbos everyone

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Re: MAGA! Make Aynayim Great Again  
Posted by yitzchokm - 21 Mar 2025 19:06

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Once you hit a total of 90 days including the days you had a setback calculate your percentage for the last 90 days and not for all of your days. It will give you a better picture of where you are holding and it will allow you to reach 100%.

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Re: MAGA! Make Aynayim Great Again  
Posted by time2win - 24 Mar 2025 17:14

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Cumulative Stats

Current Streak: 6 wins

Total Wins: 77 days

Total Losses: 5 days

Winning Percentage: 93.90%

Today's positive action towards recovery:

2 minute mindfulness breathing exercise

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Re: MAGA! Make Aynayim Great Again  
Posted by superyid - 27 Mar 2025 22:05

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Love that title :D Hatzlacha with your journey!!

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Re: MAGA! Make Aynayim Great Again  
Posted by time2win - 28 Mar 2025 01:26

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Cumulative Stats Current Streak: 10 wins Total Wins: 81 days Total Losses: 5 days Winning Percentage: 94.19% Today's positive action towards recovery: Starting reading the recovery book "Mindshift" have a good Shabbos everyone

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Re: MAGA! Make Aynayim Great Again  
Posted by time2win - 28 Mar 2025 01:29

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## GYE - Guard Your Eyes

Generated: 3 April, 2025, 20:23

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### Cumulative Stats

Current Streak: 10 wins

Total Wins: 81 days

Total Losses: 5 days

Winning Percentage: 94.19%

Today's positive action towards recovery: Starting reading the recovery book "Mindshift"

have a good Shabbos everyone

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Re: MAGA! Make Aynayim Great Again  
Posted by time2win - Yesterday 23:18

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### Cumulative Stats

Current Streak: 1 loss

Total Wins: 85 days

Total Losses: 6 days

Winning Percentage: 93.41%

Today's positive action towards recovery:

pushups for stress relief.

was triggered yesterday by some stupid April fools nonsense (on LinkedIn of all places). Wasn't looking for trouble. Did some urge surfing and survived yesterday, but caved today:-)

I guess I'm just not that motivated to take it to the next level:-/ it's so easy to rationalize an occasional relapse, plus the benefits of quitting are subtle but the sweet escape of porn and masturbation is anything but subtle.

If my wife knew about my addiction, I wouldn't need to be so secretive about my recovery efforts. I wish I could join a chabura or go to SA or something, but that's not possible without her finding out

Meh. Still spinning my wheels at the moment. Anyway, tomorrow is a new day.

Time2Win

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Re: MAGA! Make Aynayim Great Again  
Posted by proudyungerman - Yesterday 23:46

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Meh. Still spinning my wheels at the moment. Anyway, tomorrow is a new day.

Time2WinSorry to hear about your current relapse...

Have you considered joining the Vaad?

Many of the guys gain from the chabura/oilam aspect of it.

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Re: MAGA! Make Aynayim Great Again  
Posted by proudyungerman - Yesterday 23:49

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[time2win wrote on 02 Apr 2025 23:18:](#)

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Meh. Still spinning my wheels at the moment. Anyway, tomorrow is a new day.

Time2Win

Have you considered joining the [Vaad](#)?

There are different time slots (with more on the way!) that may enable you to join without compromising on your secrecy.

Many of the guys gain alot from the oilam/chavershaft aspect of it.

Reach out to me or [Shem](#) for more details.

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