

Lonely but trying (trying but lonely)

Posted by odyossefchai - 09 Sep 2024 21:55

Ok here goes.

I'm starting a new 90 day journey.

I don't know why 90 days. Maybe because I saw that other people started a 90 day trial and it worked so let's give it a shot.

I'll give my story over the next posts as I'm new here and not all together comfortable sharing my life story.

I'm already up to day 8 so I have a little wind in my sails.

IYH we'll add in the days, one by one.

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Re: Lonely but trying (trying but lonely)

Posted by odyossefchai - 19 Sep 2024 12:35

BH we have made it to CHAI! 18 DAYS OF PURE HOLINESS

Ok who am I kidding.

Joking.

BH 18 days clean of the bad stuff.

I think that is a very good achievement.

The truckin don't stop

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Re: Lonely but trying (trying but lonely)

Posted by Muttel - 19 Sep 2024 13:30

[odyossefchai wrote on 19 Sep 2024 12:35:](#)

BH we have made it to CHAI! 18 DAYS OF PURE HOLINESS

Ok who am I kidding.

Joking.

BH 18 days clean of the bad stuff.

I think that is a very good achievement.

The truckin don't stop

I'd call it pure holiness...

Keep it up brother,

Muttel

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Re: Lonely but trying (trying but lonely)

Posted by odyossefchai - 20 Sep 2024 14:50

Good morning chevra! Hayom Yom Tisha Asar!

19 days of winning.

Yesterday was very rough. Today is worse.

Not specifically this inyan, but other areas of life.

In the old days, I would go and 'destress'

Not today though fellas, not today.

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Re: Lonely but trying (trying but lonely)
Posted by odyossefchai - 22 Sep 2024 10:29

20 check

21 check.

BH. No falls, bumps or spills.

Having the chevra here means that I may not be as lonely now as I wrote in the topic!

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Re: Lonely but trying (trying but lonely)
Posted by amevakesh - 22 Sep 2024 12:14

Rock on brother! You got this!

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Re: Lonely but trying (trying but lonely)
Posted by odyossefchai - 23 Sep 2024 11:28

22 day check in.

Happy to report 100% clean.

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Re: Lonely but trying (trying but lonely)
Posted by redfaced - 23 Sep 2024 12:17

I'm waiting for you to get rid of the "lonely" part of the thread title

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Re: Lonely but trying (trying but lonely)
Posted by odyossefchai - 23 Sep 2024 13:07

[redfaced wrote on 23 Sep 2024 12:17:](#)

I'm waiting for you to get rid of the "lonely" part of the thread title

Not sure if I can afford 200 years of therapy!!!

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Re: Lonely but trying (trying but lonely)
Posted by redfaced - 23 Sep 2024 14:29

[odyossefchai wrote on 23 Sep 2024 13:07:](#)

[redfaced wrote on 23 Sep 2024 12:17:](#)

I'm waiting for you to get rid of the "lonely" part of the thread title

Not sure if I can afford 200 years of therapy!!!

C'mon, 200 Years ?!

We do ODAAT

Today you aren't lonely , You have GYE

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Re: Lonely but trying (trying but lonely)
Posted by odyossefchai - 23 Sep 2024 15:41

[odyossefchai wrote on 23 Sep 2024 11:28:](#)

22 day check in.

Happy to report 100% clean.

Didn't someone once say, for every Jew a .22!

Guns ablazin!

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Re: Lonely but trying (trying but lonely)
Posted by chosemyshem - 23 Sep 2024 15:43

[odyossefchai wrote on 23 Sep 2024 15:41:](#)

[odyossefchai wrote on 23 Sep 2024 11:28:](#)

22 day check in.

Happy to report 100% clean.

Didn't someone once say, for every Jew a .22!

Guns ablazin!

I didn't realize there were any fellow Kahanists on the forums!

(Well, I knew Redfaced was blowin' up Arabs in his spare time, but I didn't know there was anyone else.)

#OdKahaneChai

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Re: Lonely but trying (trying but lonely)
Posted by chaimoigen - 23 Sep 2024 15:45

[odyossefchai wrote on 22 Sep 2024 10:29:](#)

20 check

21 check.

BH. No falls, bumps or spills.

Having the chevra here means that I may not be as lonely now as I wrote in the topic!

Yes. This was a game-changer for me.

I'm always surrounded by people. But to be able to talk, ti connect, to **be**, with the special guys here.... Makes all the difference.

I think that loneliness often happens when you can't share your interior landscape, when the shapes of your dreams and pain have nothing to connect to...

And then I got to know the Oilam...

OYCH - you're a great addition- stick around, please!

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Re: Lonely but trying (trying but lonely)
Posted by odyossefchai - 23 Sep 2024 15:47

[chosemyschem wrote on 23 Sep 2024 15:43:](#)

[odyossefchai wrote on 23 Sep 2024 15:41:](#)

[odyossefchai wrote on 23 Sep 2024 11:28:](#)

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Didn't someone once say, for every Jew a .22!

Guns ablazin!

I didn't realize there were any fellow Kahanists on the forums!

(Well, I knew Redfaced was blowin' up Arabs in his spare time, but I didn't know there was anyone else.)

#OdKahaneChai

I didn't know there was anyone who WASN'T a Kahanist!

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Re: Lonely but trying (trying but lonely)
Posted by odyossefchai - 23 Sep 2024 15:48

[chaimoigen wrote on 23 Sep 2024 15:45:](#)

[odyossefchai wrote on 22 Sep 2024 10:29:](#)

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I'm always surrounded by people. But to be able to talk, to connect, to **be**, with the special guys here.... Makes all the difference.

I think that loneliness often happens when you can't share your interior landscape, when the shapes of your dreams and pain have nothing to connect to...

And then I got to know the Oilam...

OYCH - you're a great addition- stick around, please!

Not giving up on myself! I'm here for the long haul IYH. I need the support from the Oilam here and it means so much to me.

I've already shmoozed to some of the guys here and I met HHM (which I promised to talk more about)

So BH for all your help.

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