

End game journey 90 days

Posted by rocky21 - 04 Sep 2024 16:18

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Ok so yesterday I won bh and right after a terrible fail and so usually there is no way you fail after you fail like crazy(at least for me) but my internet filter was taken off that day so I wanted so watch so badly but somehow I won bh and I was so happy today will be the 2nd clean day bh and I'm felling pretty horny rn so hoping I will be able to hold back

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Re: End game journey 90 days

Posted by yiftach - 22 Dec 2024 21:15

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WOOOOOOOOOOOOOOOOOOOOOWWWW!

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Re: End game journey 90 days

Posted by anonymousushi - 22 Dec 2024 22:11

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Migalgalin zechus all yedei Zachai.

the size of your yetzer hara is ononly a reflection of your own gadlus. So makes sense if you could be a gibgibor and get to 50 like you have-

Keep it up brother.

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Re: End game journey 90 days

Posted by chosemyshem - 22 Dec 2024 23:42

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[rocky21 wrote on 22 Dec 2024 21:10:](#)

Day 55 clean bh

I just wanted to share a story that happened right now I'll try not to say so much details

But pretty much what happened is I left the office with a girl coworker and she told me to wait for her by the bathroom and I was thinking to stay close for some reason I'm sure you can think of

But I ripped myself away from there and just left

Echoes of the parsha here. Maybe it's not exactly Yosef Hatzadik and eishes Potiphar. But it's an echo of that same righteous spirit. Ashrecha!

Keep on making us proud (and also super-jealous of your strength!)

And btw. What are you doing differently from now on to dissuade these types of situations from developing in the future?

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Re: End game journey 90 days

Posted by BenHashemBH - 22 Dec 2024 23:48

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ROCKSTAR!!!

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Re: End game journey 90 days

Posted by rocky21 - 23 Dec 2024 08:53

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Thank you all for the kind words appreciate it so much

That story was a win but also what happened that day was that I was talking to her and it got like pretty deep and emotional talking about like our friendship (Wich in its self can be problematic and yes our connection is probably to close as for a religious guy would like it to be)and how sometimes she can get offended and she started to cry also anyway very embarrassingly I was erected during this time because of this and some zera came out of course not on purpose, like I feel terrible but at the same time I can't control my reaction but I could control the situation

As for what I will do differently I will try not to get in to really deep conversation with them and keep it simple I guess

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Re: End game journey 90 days

Posted by Hashem Help Me - 23 Dec 2024 12:36

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If it came out in a non-ejaculatory way (you just got wet), it is probably what is referred to as pre-ejaculate. According to halacha, that would not be considered mz"l. Of course one should avoid getting to that matzav, because with a drop more triggering, it could be the real deal rach"l. It is wise to speak to a wise rebbi how to set up boundaries with co-workers to avoid nisyonos. Besides the obvious practical benefits of doing so, one receives syatta d'shmaya - if we do what we can, HKBH assists us that much more. Hatzlacha buddy.

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Re: End game journey 90 days

Posted by redfaced - 23 Dec 2024 14:06

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[yiftach wrote on 22 Dec 2024 21:15:](#)

WOOOOOOOOOOOOOOOOOOOOOWWWW!

Exceptionally eloquent.

Could not have said it better myself

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Re: End game journey 90 days

Posted by rocky21 - 25 Dec 2024 12:38

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58 days clean bh!!

I'm so happy where I am now and looking forward to where I am going

I am a little frustrated with myself because i felt like I didn't do anything better when I was next to her again and like didn't learn anything from last time

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Re: End game journey 90 days

Posted by anonymousushi - 25 Dec 2024 15:52

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well, not comparing, just thought that the "saying it straight to her" mehalech might be the best:

when a certain nisayon girl in my life wanted to get more comfortable in our relationship (we had been texting for a while) and as a 18/19 yr old yeshiva guy, I felt extremely guilty and had a hard time figuring out where/how to draw a line in the sand.

?in the end, I basically told her, "I've been thinking a lot, and I don't think that my having your number while I'm in yeshiva is healthy for me/my learning, so I'm going to delete it from my phone."

it's a little fuzzy on the exact details, but although I later had trouble still, it wasn't because we spoke frequently ever again. And she never texted me after that as far as I can recall.

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Re: End game journey 90 days

Posted by rocky21 - 26 Dec 2024 18:56

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59 days clean

Thank you all for your insight!!

Looking forward to putting them in to action next week

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Re: End game journey 90 days

Posted by rocky21 - 27 Dec 2024 12:26

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60 days clean!!!!!!!!!!!!!! Let's goo!!!

SO today already that girl asked if I wanted to join them and go out and I said no and it was very hard and still is hard no and what I've noticed from last situations like this is for example about a 3 months ago I didn't go out for one of there birthdays cause it didn't feel right and I was so mad that I "couldn't"/didn't get to go that I ended up p&ming that night so like I didn't go because I was scared it would lead to that but instead I just did that.

So now with me trying to take a step back from these girls I already feel my yetzer saying you see there even taking away this from you not only p&m but also just chilling with them and I already feel like I have so much rage and hormones now so like ya I would love for some advice and your opinions

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Re: End game journey 90 days

Posted by stopsurvivingstartliving - 27 Dec 2024 12:41

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Wow! Wow! Wow!

What strength you have to say that "no". Though it was hard you did it anyway. Very very special.

I feel very bad that you are just mad at yourself now, that is super frustrating. I wish you luck getting over this.

Enjoy your family over Shabbos Chanukah, not all of us are spending Shabbos with family.

Chanukah Sameach!

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Re: End game journey 90 days

Posted by BenHashemBH - 27 Dec 2024 14:17

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Brother Rocky this is truly amazing.

3 months of work and when put through the same test you didn't give in to the party nor what happen afterward last time. What a nice show of your progress and commitment.

I'm sorry that it's hard, and I can't imagine being in your shoes to be around friends and walking a different path. Ashrecha for your strength.

"Chilling" with girls basically only leads in one direction. Especially so as a single young man, that's just nature. So I would ask myself: Do you want to marry this girl and have a life as it would be with them?

If the answer is no, well, then why am I playing around with fire. I need boundaries to protect what I really want, lest I ruin my life with one careless moment. **This isn't losing out, it's saving everything that you want.**

If the real answer happens to be yes, then I would do it properly. From what you've written, I would guess you are looking at a bit of a different lifestyle than where your friends are currently. If you think this girl could be 'the one' then get serious about it.

It's really hard, but I think an honest look at what happens when guys and girls "chill" will not make it easier, but perhaps a bit clearer for you to decide where you want to go.

KOMT!!! What you are doing is deeply inspirational.

Keep your fist raised high in the air.

Kol Tov

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Re: End game journey 90 days

Posted by chosemyshem - 27 Dec 2024 15:51

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[rocky21 wrote on 27 Dec 2024 12:26:](#)

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Wow!

So much to love about this post. The strength, the growth from last time, and the self-awareness.

If I can amplify one nekuda in BHBH's excellent point. You're aware that you're having a feeling of "missing out" and it's bothering you. You can work on not feeling that way. One way that is certainly helpful is by drilling into your head how going to hang out like that is a bad idea.

But it's even more helpful to recognize that you're not missing out because you are engaging in something vastly more important by not going. You're building yourself into a great person, a godly person. And you're bringing an immense pleasure to Hashem.

This is of course the same ideas we use to combat "losing" porn and masturbation. It's a helpful tool for most struggles. Find the part of doing the correct thing that brings joy and focus on that.

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