

End game journey 90 days

Posted by rocky21 - 04 Sep 2024 16:18

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Ok so yesterday I won bh and right after a terrible fail and so usually there is no way you fail after you fail like crazy(at least for me) but my internet filter was taken off that day so I wanted so watch so badly but somehow I won bh and I was so happy today will be the 2nd clean day bh and I'm felling pretty horny rn so hoping I will be able to hold back

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Re: End game journey 90 days

Posted by odyossefchai - 03 Nov 2024 01:13

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[rocky21 wrote on 02 Nov 2024 16:16:](#)

I seriously wish I was close enough or felt comfortable enough to talk to a rabbi about this

I seriously am so frustrated because I was just trying to prevent myself from falling and now that I'm on a new journey bh I still feel pulled down because of this shvua thing that I have to deal with

Please speak to HHM.

Don't make these decisions without speaking to the boss.

Alot of our issues come from anxiety and stress. Adding a shevuah on top of our already fragile brains, may just make things worse.

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Re: End game journey 90 days

Posted by BenHashemBH - 03 Nov 2024 01:54

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[rocky21 wrote on 02 Nov 2024 16:16:](#)

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You could try asking in a general sense. Without details: I made a shavua not to do something and I completely forgot and I did it. What should I do?

Only if you are comfortable.

Shavua Tov Brother

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Re: End game journey 90 days  
Posted by rocky21 - 03 Nov 2024 16:25

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Day 6 clean

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Re: End game journey 90 days  
Posted by rocky21 - 04 Nov 2024 08:10

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One week clean bh

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Re: End game journey 90 days  
Posted by rocky21 - 05 Nov 2024 11:51

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Day 8 clean

Ngl the filter I got is pissing me off so much like I can't do anything on my phone without it popping up and blocking the most random things Wich gets me so frustrated almost as much as after a fall(go figure)

But bh I will deal with it and make it that I won't even know it's there and ik obviously that it's

good for me

Huge thanks to yiftach for the help with it

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Re: End game journey 90 days

Posted by BenHashemBH - 05 Nov 2024 17:03

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[rocky21 wrote on 05 Nov 2024 11:51:](#)

Day 8 clean

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Huge thanks to yiftach for the help with it

I hear you Brother Rocky,

Try taking those frustrations and trading them to G-d for schar. The exchange rate is insane!!!

Continued hatzlacha warrior!

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Re: End game journey 90 days

Posted by odyossefchai - 05 Nov 2024 18:50

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[rocky21 wrote on 05 Nov 2024 11:51:](#)

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What filter do you have?

Mine works quietly in the background.

I think it bothers you that you don't have easy access anymore and that brings on a little anxiety.

I had that too and it will pass. Know where it's coming from will help you alot and it will make your brain know why it's happening.

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Re: End game journey 90 days

Posted by BenHashemBH - 05 Nov 2024 19:00

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[odyossefchai wrote on 05 Nov 2024 18:50:](#)

[rocky21 wrote on 05 Nov 2024 11:51:](#)

Day 8 clean

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Shalom Brother Joseph,

Easy access to what?

(I do not think he meant easy access to P)

I do find it irritating when I'm just trying to pay a bill on my phone or follow a link to something kosher and everything is blocked. Life goes on. You do get more used to it.

Kol Tov

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Re: End game journey 90 days

Posted by rocky21 - 06 Nov 2024 10:46

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Ya exactly I mean it's annoying when I can't do the mondaine things without it popping up

Thank you guys for the support

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Re: End game journey 90 days  
Posted by rocky21 - 06 Nov 2024 10:47

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Day 9 clean

Today I sat in a two hour zoom class from Gye about the traffic light color's it was very good bh

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Re: End game journey 90 days  
Posted by rocky21 - 07 Nov 2024 19:30

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10 days clean bh

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Re: End game journey 90 days  
Posted by stopsurvivingstartliving - 08 Nov 2024 02:10

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[rocky21 wrote on 07 Nov 2024 19:30:](#)

10 days clean bh

Wow! Keep going further and further!

Your a real inspiration how you got up after your fall and are trucking through!

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Re: End game journey 90 days  
Posted by rocky21 - 08 Nov 2024 11:19

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Day 11 clean bh

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Re: End game journey 90 days

Posted by odyossefchai - 08 Nov 2024 17:32

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Amazing!

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