

End game journey 90 days
Posted by rocky21 - 04 Sep 2024 16:18

Ok so yesterday I won bh and right after a terrible fail and so usually there is no way you fail after you fail like crazy(at least for me) but my internet filter was taken off that day so I wanted so watch so badly but somehow I won bh and I was so happy today will be the 2nd clean day bh and I'm felling pretty horny rn so hoping I will be able to hold back

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Re: End game journey 90 days
Posted by iwantlife - 28 Oct 2024 21:31

[rocky21 wrote on 28 Oct 2024 21:27:](#)

I'm all ears

That would make you eerie..

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Re: End game journey 90 days
Posted by iwantlife - 28 Oct 2024 21:45

On a more serious note, if you don't have a filter, you're probably wasting your time. You're simply not giving yourself a chance. Second, why not reach out to HHM? Many of the success stories on this site in the past few years are thanks to him and his accountability program. I for one can tell you that I wasn't able to succeed with any of the tools here at GYE until I had a foundation of accountability. It's a simple but powerful way to lift yourself out of this muddy habit, which can help level the playing field and only then can you compliment it with other tools and strategies.

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Re: End game journey 90 days
Posted by rocky21 - 29 Oct 2024 10:17

I don't know about "wasting my time"

At the end of the day in the past 7 months of this struggle the longest streak I had was ironically without a filter. Obviously a filter is the smartest move and thanks to yiftach I will be putting one on today bh

About hhm I sent him my number and I'm waiting for a call bh

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Re: End game journey 90 days
Posted by rocky21 - 29 Oct 2024 10:22

Anyway today is the first day clean bh

And I feel amazing about it this time

I meet yiftach in person and it was absolutely extraordinary experience he also gave me the book "the battle of the generation" and also a new propose to win the fight I feel amazing bh and tbh I'm a little worried about when the motivation comes down but then I'll just take it one day at a time just like today, like they always say to stay clean for forever is hard but for today is extremely possible and if it's truly just for today it might even be easy.

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Re: End game journey 90 days
Posted by rocky21 - 30 Oct 2024 20:14

2nd day clean

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Re: End game journey 90 days

Posted by odyossefchai - 30 Oct 2024 20:52

So what's the plan this time?

Option 1) Hope for the best?

Option 2) reach out to some of the pros here?

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Re: End game journey 90 days
Posted by rocky21 - 30 Oct 2024 21:53

What if I told you I'm doing both

I meet in person with yiftach(one of the greatest things I've down)

I spoke to hhm and hopefully a will speak on the phone

And also got a filter thanks to yiftach!

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Re: End game journey 90 days
Posted by iwantlife - 30 Oct 2024 22:04

Spoke to HHM **and** Yiftach?! You are well on your way! Amazing!

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Re: End game journey 90 days
Posted by odyossefchai - 30 Oct 2024 23:41

[rocky21 wrote on 30 Oct 2024 21:53:](#)

What if I told you I'm doing both

I meet in person with yiftach(one of the greatest things I've down)

I spoke to hhm and hopefully a will speak on the phone

And also got a filter thanks to yiftach!

Ok so you are in great hands.

If I were to say that HHM saved my life, my marriage, and more, I wouldn't be exaggerating!

May Hashem bless you and give you strength

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Re: End game journey 90 days
Posted by rocky21 - 31 Oct 2024 11:37

Day 3 clean bh.

I started reading the battle of the generation bh

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Re: End game journey 90 days
Posted by yiftach - 31 Oct 2024 12:33

Buddy, you're an inspiration!

#KOT

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Re: End game journey 90 days

Posted by levaryeh - 31 Oct 2024 14:27

You're in great hands ! Accountability is key.

Hatzlachah

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Re: End game journey 90 days
Posted by rocky21 - 01 Nov 2024 12:00

Day 4 clean I really feel amazing bh

The thing that's trying to pull me down is that last month I made a shvua that if I fall I have to give a lot of money to tzdaka but I completely forgot about it and only remembered after the fall so know I'm very down that I'll have to pay it and literally like have no money this month like actually

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Re: End game journey 90 days
Posted by BenHashemBH - 01 Nov 2024 12:10

[rocky21 wrote on 01 Nov 2024 12:00:](#)

Day 4 clean I really feel amazing bh

The thing that's trying to pull me down is that last month I made a shvua that if I fall I have to give a lot of money to tzdaka but I completely forgot about it and only remembered after the fall so know I'm very down that I'll have to pay it and literally like have no money this month like actually

Perhaps you could talk to a Rav about the options and get guidance on how and if it's a good idea to make a new shvuah.

Hatzlacha brother! Really inspiring how how you keep fighting and will beat this.

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