

Shlomo's Shlep to 90

Posted by teenagehelp - 04 Jan 2010 22:30

I guess i'll give a little background about me. I'm in high school (i'm 17) but i go to a secular, private school and i am more observant than the rest of my family. I've been making the transition over the past 5 or so years to living a more observant lifestyle, and after finding out that my family used to be chasidic, I find a deep connection with Chassidus, mainly through Chabad.
Hey everyone.

However, like many other people on this site, I have slip-ups when it comes to shmiras aynayim. boruch hashem, its not to a point where its unmanageable, but the fact that these slip ups occur is enough cause for worry at least in my own life. I like to think its something normal for a teenager to do, but i still know its something that needs to stop.

i've tried taking measures but i find that the time i'm most inspired to do so is only **after** the fact or a slip up has occurred. i've installed filters and i'm reading through (and trying to live out) the packets from GuardYourEyes, all of which are helpful.

but at the same time, the results aren't 100% and i would love to say that i see the end of the any tips?

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Re: Shlomo's Shlep to 90

Posted by Chazak Amenu - 09 Jun 2010 23:01

YAAAAAY!!!!!! :D :D :D :D :D :D

I am excited to speak to you! mazal tov on both pieces of news!

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Re: Shlomo's Shlep to 90

Posted by teenagehelp - 10 Jun 2010 13:19

last night, for some reason, i fell. i know it was just because i wanted to take that first peek, when it has **never** lead to something good. i dunno if it was overconfidence, complacency, stupidity, or an unhealthy mixture of all of 'em. regardless, i've set up something on the family computer so that this shouldn't happen again. in reality, it shouldn't have happened at all, but i just gotta try and learn from it...

i'm not sure if this happens with anyone else, but a lot of times if i post earlier on in the day of my successes, i'll fall victim to my Y"H later that same day. maybe i let my guard down, maybe i take on a more lax mindset, but regardless, its just a weird trend. hopefully i'll try and stick to posting in my own thread only at night so i can give a full recap of the day....

[sigh] Day 1

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Re: Shlomo's Shlep to 90

Posted by briut - 10 Jun 2010 14:46

Dear Shlomo:

1) mazal tov on all the college and yeshiva stuff coming together. We all look forward to hearing good news that it's all in place.

2) thanks for the reminder about that first look. I've been SO tempted to take just a look. Maybe I need to "prove" to myself that I'm strong enough, evolved enough (I hate to say 'recovered' enough, but yeah...) to handle one look. In any case, I appreciate your reminder. Really. Even while I'm really sorry you had to learn the hard way.

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Re: Shlomo's Shlep to 90

Posted by Chazak Amenu - 10 Jun 2010 14:49

Sorry to hear about your fall...I don't know if you fell after our chat, but i sincerely hope you didn't. If I am on and you feel like you have to fall tell me! I was on for a while! We even talked! I hope you are doing ok now. speak soon!

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Re: Shlomo's Shlep to 90

Posted by teenagehelp - 10 Jun 2010 16:53

thanks for the support guys. well, i can only say thank you to both of you guys (and also jamie for you're very inspiring email). it really helps.

i also received an email from my school today, confirming the deferral, so i feel like a huge load has been taken off my shoulders. My tefillos (along with everyone else's) have been answered by Hashem and I could not be happier. Todah for the tefillos. i have no doubt that they helped immensely.

in the email jamie sent me, he challenged me to make a very serious change in my life. I've thought and it seems like the best option is to learn more Torah. To be completely honest, i've gotten lazy over that last month or so since finishing classes, and it stinks to only realize now that i could spent my time on more useful endeavors (i.e. Torah study). So hopefully the following goals are manageable:

1) 30 Minutes of Mishnah study a day

2) 1 activity in the hebrew book that i have

3) read over the first chapter of Bava Kama (just mishnah) to begin memorizing it (i've been working on this so it shouldnt be hard to keep up)

given my schedule, this shouldnt be too hard to pull off. hopefully this is just a minimum of torah

Well, signing off until later. Thanks for your everyones' help, tefillos and support!!!!

study

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Re: Shlomo's Shlep to 90

Posted by Steve - 10 Jun 2010 18:21

Shlomo - just Keep On Trucking.

Over-confidence is one of the YH's tricks. We always have to be, well... ON GUARD.

Your "get back up and start again" attitude is wonderfully encouraging. But if counting the days drags you down, DONT!

Concentrate on TODAY, one day at a time. Hey, ONE DAY I can do!! Then tomorrow, sam ting, Hey! ONE DAY I can do! Eventually they'll all string together, like Avraham Avinu was Bo Bayomim, he came WITH his days, all of them equally devoted to Hashem.

Have a GREAT SHABBOS!!

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Re: Shlomo's Shlep to 90

Posted by teenagehelp - 13 Jun 2010 02:52

Gut Voch Everyone!

Shabbos went well here (hopefully the same by everyone else)! Over the past couple of days, studying mishnah (berachos) has been really rewarding, something that i hope to go study even more over the summer. The past few days have gone well with shemiras einayim and now, especially after Steve's advice of not counting, i'm trying to take the idea of one day at a time to a new level. Thanks for that concept steve, its really helping out!!! So i guess i'll eliminate the day count from my daily updates (might include it here 'n' there) and i hope everyone's week gets off to a great start!

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Re: Shlomo's Shlep to 90
Posted by Chazak Amenu - 13 Jun 2010 03:00

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you said this right after you said you were going to not count every day. Any way just thought i would pop by and say hi.
Day 1 as always
glad your doing well hopefully at some point i can say the same for myself.

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Re: Shlomo's Shlep to 90
Posted by Steve - 13 Jun 2010 16:31

GEVALDIGG!!

Don't know WHAT bards is talkin' 'bout below....

Keep on Truckin', Rebbeinu Shlomo, Shlita.

Sounds great! um...i am not sure if you noticed but you just said and i quote "Day 1 as always

MAy HKB"H grant you more and more hatzlacha, ad bli dai!!

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Re: Shlomo's Shlep to 90
Posted by bardichev - 13 Jun 2010 16:43

in bardstown we say

gevalDiggg

dig with a daled

yeah i know you sat dalet

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Re: Shlomo's Shlep to 90
Posted by teenagehelp - 15 Jun 2010 01:37

Shalom Chaverim.

Well, i've passed another milestone in my life: high school graduation. so i'm officially done with high school and now onto yeshivah, college, and then the real world :o :o. Now that the "stress" of graduation is through, my grade (a secular school) is having a senior week down at the beach near us. i wont be going for that long (probably not even 24 hours) and it'll only be to hang out with friends. i know to be on the lookout for beach "sights", being as we'll be near a beach, but i've tried to time my visit so i wont actually be visiting any actual beaches (just be at) my friends so we dont anywhere lacking in kedushah. hopefully i'll be able to report back soon with nothing but success!

during mincha today (after graduation) the full scope of how blessed i am hit me. Hashem has

given me so many berachos, and recently. yeshivah. high school graduation. college acceptance. continued GUE support. i just wanted to say publicly that i thank Hashem for all he's done for me with shemiras einayim and in life in general. i only hope i'll be able to take this and apply it to my day to day existence. Todah rabah Ribono Shel Olam!

(i'll keep this as a "signature" to remind me of only counting today, because you can only get to 90 by

having 90 day 1's!)

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Day 1 as always

Re: Shlomo's Shlep to 90

Posted by installed - 15 Jun 2010 14:30

Hey Shlomo,

I joined the site yesterday and I read your thread. It's really inspirational. It enables me to anticipate the future which will unfortunately be more difficult than it is now (my 2nd day). I really hope that I don't fall but if I do, I'll keep your attitude in mind (to get up and continue fighting).

Best of luck, I'm sure you'll be on the top of the "Wall of Honor" within the next 90 days.

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Re: Shlomo's Shlep to 90

Posted by teenagehelp - 17 Jun 2010 20:53

things went well with my friends and we had a good time overall. shemiras einayim went well for everyone's doin well!
) Hope

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Re: 1 as always

Re: Shomo's Shlep to 90

Posted by silentbattle - 18 Jun 2010 15:11

It's not really 90 day 1's...or 1,000,000 day 1's, for the rest of your life. But it is a whole bunch of days living one day at a time, which in my mind, isn't quite the same thing thing.

What do you think?

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