

Shlomo's Shlep to 90

Posted by teenagehelp - 04 Jan 2010 22:30

I guess i'll give a little background about me. I'm in high school (i'm 17) but i go to a secular, private school and i am more observant than the rest of my family. I've been making the transition over the past 5 or so years to living a more observant lifestyle, and after finding out that my family used to be chasidic, I find a deep connection with Chassidus, mainly through Chabad.
Hey everyone.

However, like many other people on this site, I have slip-ups when it comes to shmiras aynayim. boruch hashem, its not to a point where its unmanageable, but the fact that these slip ups occur is enough cause for worry at least in my own life. I like to think its something normal for a teenager to do, but i still know its something that needs to stop.

i've tried taking measures but i find that the time i'm most inspired to do so is only **after** the fact or a slip up has occured. i've installed filters and i'm reading through (and trying to live out) the packets from GuardYourEyes, all of which are helpful.

but at the same time, the results aren't 100% and i would love to say that i see the end of the
any tips?

=====

Re: Shlomo's Shlep to 90

Posted by silentbattle - 10 May 2010 00:43

You always make me smile, my friend - thank you!

=====

Re: Shlomo's Shlep to 90

Posted by Chazak Amenu - 10 May 2010 02:02

[Shlomo wrote on 09 May 2010 19:37:](#)

so while i davened for the coming weeks to be successful, i forgot the idea of worrying about **today** because thats all you have control over. i fell and fell hard. not only did i fall, but it was a huge waste of time, because it could've been used to study for my finals. i can only hope that the rest of the day will pass without incident and that i can be as productive as possible. i am ashamed and although i havent found the reason yet, i know this fall happened for a reason.

no kidding it is a waste of time! when i fell friday i botched up my whole day and i am going to regret it incredibly just from a work stand point. but that is the way it goes you have to move on and not regret something which you cannot change. try your best to study but not feel to stressed about it (look who is talking) because stress may lead to a fall take take walking breaks in between studying periods to get some fresh air as well as a clear head.

=====

Re: Shlomo's Shlep to 90

Posted by teenagehelp - 10 May 2010 23:09

happy monday everyone. i hope all is well. today was a bit hectic for me, as it was my first day of finals. i had an english essay in the morning that (BH) went very well. then i had a physics test in the afternoon, that did not go as well, to say the least :-[. but after the test, i came home and to blow off some steam i went skateboarding for the first time in years and that was a great way to relax. tomorrow, i have the last part of my physics exam and then i dont have any more tests until next monday.

in terms of shemiras einayim, i'm working harder to control my eyes during day to day living and its been improving over the time i've been on the forum. and as for computer issues, no slips or falls today, BH. well, gotta go study astrophysics and sight phenomena! exciting stuff! :o

day 1: it begins again.

=====

====

Re: Shlomo's Shlep to 90

Posted by silentbattle - 10 May 2010 23:31

We begin anew every day - it helps to remember that.

Glad to hear that you're moving forward with life, and that your overall struggles have been improving!

keep on rocking!

=====

Re: Shlomo's Shlep to 90

Posted by Chazak Amenu - 11 May 2010 00:26

keep it up Shlomo and don't use p*rn as a way to reward yourself for comepleting tests or relieving stress keep doing like you did today reward yourself with a good skateboarding! keep it up!

=====

Re: Shlomo's Shlep to 90

Posted by teenagehelp - 12 May 2010 01:30

just a quick update. today went well overall in all areas of life. tomorrow, i have an interview for a yeshivah in israel that i might go to next year if i take a gap year. hopefully things will work out because everything i've heard about it is amazing. and they even have a policy that you're not allowed to have computers or any portable entertainment devices but they have some computers to check email at. the weirdest part? i look forward to this policy, as it will only help me. hopefully everything will go well tomorrow and i'll be able to report back with good news.

day 2: one day, one day.

=====

====

Re: Shlomo's Shlep to 90
Posted by Chazak Amenu - 12 May 2010 01:50

I just want to say one thing Shlomo, it is amazing how long we talk and still i manage to miss all the important stuff! aimply amazing! but i guess that is why you post here to.

=====

====

Re: Shlomo's Shlep to 90
Posted by teenagehelp - 12 May 2010 23:43

. the interview today went really well and the impression i got is that if all goes well, i'll hear back from the program within a week. hopefully they'll open up a spot for me, as it is very late in the application process. but as i've come to learn, whatever happens or doesnt happen is so for a reason. the drive to and from the interview was far (4.5 hours total) but well worth it, especially if i get to spend a year in Eretz Yisroel.

i managed to fend off some stray thoughts today and BH everything went well both in and out of the house. and i also had a great chat with Chazak Amenu last night that really bolstered my spirits so that you Chazak!

day 3: working harder...

=====

====

Re: Shlomo's Shlep to 90
Posted by sci1977 - 13 May 2010 00:03

Keep on trucking my friend. Just remember one day at time and it really helps.
once again, good news in all areas

=====

====

Re: Shlomo's Shlep to 90

Posted by Chazak Amenu - 13 May 2010 01:29

[Shlomo wrote on 12 May 2010 23:43:](#)

and i also had a great chat with Chazak Amenu last night that really bolstered my spirits so that you Chazak!

I also had a great time, i really enjoy talking to you and enjoy getting to know you, too bad the cavaliers lost by 32 (34? don't remember witch one) once we stopped talking the Cavs, and our sick beast LeBron died out. too bad. Mazal Tov on your successful interview! don't get your hopes up and you will not be dissapointed and if you are you will be surprised as well as happy! looking forward to your updates!

=====

=====

Re: Shlomo's Shlep to 90

Posted by teenagehelp - 14 May 2010 00:18

today was one of the best days in recent memory. first, i woke up (i got to sleep in b/c i'm pretty much done with school 8)) and the first email i read was a letter confirming my acceptance to the yeshiva. so all of the emails and work i've put into getting in there has been validated. and if my college lets me defer (which they most likely will), i will get to spend a year in Israel studying in a yeshiva!!! i'll be able to cross off a life goal. wow. this is fantastic. :D

other than that, life trudges on. shemiras einayim was really not a challenge today so by default, i'm doing alright (thank you Hashem).

=====

====

day 4: back on the chart

Re: Shlomo's Shlep to 90
Posted by Chazak Amenu - 14 May 2010 01:42

Wow Mazal Tov! that is so exciting! i know how much you were looking forward to it! i am looking forward to talking to you again! congratulations! Israel, here Shlomo comes!

=====

====

Re: Shlomo's Shlep to 90
Posted by teenagehelp - 17 May 2010 00:02

i just wanted to check in quickly. things are going well but i'll have to leave it at that for now as i need to study for my hardest final tomorrow. daven for me please, i'm going to need it!! i hope everyone's shabbos went well!

day 7: its been one week.....goin' strong.

=====

====

Re: Shlomo's Shlep to 90
Posted by Chazak Amenu - 17 May 2010 00:31

of course we will keep you in mind!

=====

====