

Shlomo's Shlep to 90

Posted by teenagehelp - 04 Jan 2010 22:30

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I guess i'll give a little background about me. I'm in high school (i'm 17) but i go to a secular, private school and i am more observant than the rest of my family. I've been making the transition over the past 5 or so years to living a more observant lifestyle, and after finding out that my family used to be chasidic, I find a deep connection with Chassidus, mainly through Chabad.  
Hey everyone.

However, like many other people on this site, I have slip-ups when it comes to shmiras aynayim. boruch hashem, its not to a point where its unmanageable, but the fact that these slip ups occur is enough cause for worry at least in my own life. I like to think its something normal for a teenager to do, but i still know its something that needs to stop.

i've tried taking measures but i find that the time i'm most inspired to do so is only **after** the fact or a slip up has occured. i've installed filters and i'm reading through (and trying to live out) the packets from GuardYourEyes, all of which are helpful.

but at the same time, the results aren't 100% and i would love to say that i see the end of the  
any tips?

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Re: Shlomo's Shlep to 90

Posted by silentbattle - 19 Feb 2010 02:55

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Keep on rocking, bro! That's great to hear! Thanks!

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Re: Shlomo's Shlep to 90

Posted by imtrying25 - 19 Feb 2010 11:33

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Thanks for updating us!! It always nice to hear when someone is doing good!! Keep it up and keep it rollin1

have a great shabbos.

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Re: Shlomo's Shlep to 90

Posted by teenagehelp - 21 Feb 2010 15:58

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last night i had a very interesting experience. in the past, whether it was quickly or over the course of a few hours, it seemed like i always gave in to my Y"H. then afterwards, i would think, "why can't you just say 'later'?! realistically, you know its a momentary pleasure and that a half hour later, there are no lingering benefits, except if you count minor depression and hating yourself/your Y"H. and those dont seem like benefits!!!" but last night, i began thinking about this idea **before** giving in.

i thought about how the pleasure is only momentary and (although i always try to pick myself up and turn the fall into something good) how i'm always disappointed with myself. the urge last night was the strongest in my current streak, but simply meditating on these thoughts and then going downstairs to spend time with my siblings got my mind in a better place. and lo and behold, i'm still clean.

so right now, i feel proud. not proud because i staved off my y"h, but because i did G-d's will. thats what i'm most proud of. i'm happy to be a soldier with the rest of you guys and GUE,

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well, morning of day 10 and things are still lookin' good.

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Re: Shlomo's Shlep to 90  
Posted by imtrying25 - 21 Feb 2010 16:01

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Wow!!! And yes you should be proud!! Every won battle is a step closer to winning the war! So keep on rollin and keep it to one day at a time!

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Re: Shlomo's Shlep to 90  
Posted by teenagehelp - 22 Feb 2010 01:03

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well, i just found myself in a shaky situation. i had a rather large slip (not a fall) and now my mind cant focus b/c i feel bad that something even got started. i'm trying to keep in mind that i've worked hard for 10 days and that this simple fact should help me, but i'm still on unstable ground and i'm still disappointed with myself.

i've made it through day 10. but just barely. hopefully, with renewed vigor and desire to fulfill Hashem's will, i'll have positive news tomorrow.

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Re: Shlomo's Shlep to 90  
Posted by silentbattle - 22 Feb 2010 01:31

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When you have a slip, you can think of it as a gift from hashem - a reminder of dangerous things are, and how weak we are - and therefore, how careful we have to be!

Keep on rocking - and ask yourself, how can you be disappointed in yourself? Everyone here is proud of even knowing someone as amazing as you, and Hashem is proud of you!

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Re: Shlomo's Shlep to 90

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Posted by teenagehelp - 22 Feb 2010 01:40

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silentbattle- you are such a great resource and such a good support system. especially in this

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Re: Shlomo's Shlep to 90

Posted by silentbattle - 22 Feb 2010 16:25

case (and also for helping me along this journey thus far), i can only say thank you.

Shlomo, we're there for each other - that's what it's all about!

Did you have an extra piece of cake or something in celebration for my 90 days? Feel free to post any ideas you have for ways that I could make a party of some kind, that other people could enjoy.

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Re: Shlomo's Shlep to 90

Posted by sci1977 - 22 Feb 2010 20:57

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keep on trucking my friend. Also, do your best to remember its only about tiny slices of time. Just get throught the minute. Live for today. Don't worry about tomorrow. Just remember to live. We are all here for you!!

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Re: Shlomo's Shlep to 90

Posted by imtrying25 - 22 Feb 2010 21:35

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[Shlomo wrote on 22 Feb 2010 01:40:](#)

silentbattle- you are such a great resource and such a good support system. especially in this

DITTO!!!!

case (and also for helping me along this journey thus far), i can only say thank you.

And shlomo, yes we feel horrible after we ahve a slip, especially a major slip. But what we need to realize is, that this is actually one of the YH's tactics to get us down and to make us fall even further. We need to try and forget about it, learn from it whtever we could and just move on!!

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Re: Shlomo's Shlep to 90  
Posted by Yosef Hatzadik - 22 Feb 2010 21:43

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What do you enjoy more, the complements on this forum or ..... ?

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Re: Shlomo's Shlep to 90  
~~Keep it up and keep it rolling!~~  
Posted by Shlomo - 22 Feb 2010 23:02

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There's another purpose besides compliments? ??? ??? ???

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Re: Shlomo's Shlep to 90

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Posted by teenagehelp - 23 Feb 2010 02:14

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things are good for today. just as a note, after seeing how much success other members have  
( ), i plan to start doing  
the same. with school and work, i'll have a tough time doing so this week but i free up next week  
and i hope to begin on the monumental project of seeing who i am as a person.

silentbattle, scie1977, IT25- thanks for the chizuk and the tips. i dont think you realize how much  
seriously, great work.

had with introspection and looking deeply at themselves (esp. sci1977

i'll also try to start posting more in other threads so i can try to give back to other members.

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Re: Shlomo's Shlep to 90

Posted by teenagehelp - 23 Feb 2010 03:45  
help you all have given here on the forum.

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i need help. i just walked into my younger brother's room (he's 12) to tell him something. he was  
lying down in his bed, as it was past is bedtime, and when i came in, i had to tell him something  
and i told him it, but out of the corner of my eye, i saw a webpage opened to something very un-  
tznius. i didn't say anything because i didnt want to react irrationally or do any damage to him.

(a little background necessary) like i said in my first post, i have become more observant than  
my family over the past few years and over the past year or so, my brother has been becoming  
more observant as well. for a 12 year, he is taking amazing strides (such as becoming shomer  
shabbos and even working on his interactions with girls). i have so much respect for him even at  
such a young age. however, he is growing up in a society that tells him that its okay to explore  
sexuality.  
laila tov.

but back to the present, i dont know what to do. i think the logical thing to do would be sometime  
in the next couple days, i feel like i could talk with him about putting a filter on his computer (he  
has a laptop) and explain how I have a filter on mine. realistically, i feel like crying out to

Hashem to protect my younger brother because i dont want to see him sucked in at such a young age. i know that many young boys (myself as well as the majority of the secular boys) went online to look at pictures in our early youth. hopefully this is just what i saw. but at the same time, i feel like i need to protect my brother and his innocence!

help please?!

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