GYE - Guard Your Eyes

Generated: 21 August, 2025, 20:07

Just Starting

Posted by humanbeing - 04 Jan 2010 17:34

Hello fellow brothers,

I can't begin to describe my feelings of love and gratitude to all you kind Yidden. Kal Yisrael Araivim etc. and now I can truly see I'm not alone...

A little about me - I'm 32 years old with 4 B"H beautiful children and a very wise wife whom I truly love and cherish.

I have been struggling with remaining clean since I'm 15/16 years old...I fall once or twice a week since then.

When I got married (8 years ago) I was able to control myself for quite some time. However, the pressures of Parnossoh and the pitfalls of the high speed internet. R"L... Due to technical difficulties (I marked 1/1/2009 instead of 1/1/2010 as my first day) mistakenly my wall of honor post shows a previous streak of 364. I am now clean for 4 days since the Goyishe New Year and I hope to make that 364 days clean (and beyond) a reality.

I hope to find a sponsor or at very least a partner to whom I can entrust my internet filter/Accountability software. I will need that person to spend time in the beginning to tweak the settings since I have to use the internet extensively as part of my job. Unfortunately, I spend many hours alone in my office...I pray that this accountability and sense of community will help me attain a daily victory over my Yetzer Horah and desires for many years.

I also hope to find a Phone Group that would work with my schedule...I'm in the West Coast

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Re: Just Starting

Posted by humanbeing - 22 Oct 2010 17:57

dov wrote on 22 Oct 2010 03:24:

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Generated: 21 August, 2025, 20:07 Re: Just Starting Posted by humanbeing - 26 Oct 2010 17:02 Baruch Hashem! Baruch hashem!!! This journey is a most precious gift from Hashem. Unfortunatley, I lost my sobriety on day 92 - However, Baruch Hashem and with his kindness, I'm moving forward day by day and I'm sober now 6 days. Thanks for checking in on me. Hey Dov, I can't wait to speak to you. Re: Just Starting Posted by Dov - 26 Oct 2010 17:16 Well, what the heck are we waiting for? Israel to bomb Iran's nukes, or something? Re: Just Starting Posted by humanbeing - 27 Oct 2010 04:58 Nu so send me your number via pm or email Re: Just Starting Posted by ZemirosShabbos - 27 Oct 2010 14:03 ====

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Re: Just Starting Posted by humanbeing - 29 Oct 2010 17:39
A Gutten Shabbos! Living in Sobriety is hard work the alternative is disastrously worse.
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Re: Just Starting Posted by humanbeing - 01 Nov 2010 18:12
Inside my head is one scary place and right now I'm terrified. Gotta surrender that ichy, "little boy is scared feeling" to my loving Tatte in Himmel. He will help me if I decide to ask him.
One hour at a time
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Re: Just Starting Posted by Ineedhelp!! - 01 Nov 2010 18:17
humanbeing wrote on 01 Nov 2010 18:12:
Inside my head is one scary place and right now I'm terrified. Gotta surrender that ichy, "little boy is scared feeling" to my loving Tatte in Himmel. He will help me if I decide to ask him.
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can I please borrow your head, they say "Two heads are better than one."