

Just Starting

Posted by humanbeing - 04 Jan 2010 17:34

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Hello fellow brothers,

I can't begin to describe my feelings of love and gratitude to all you kind Yidden. Kal Yisrael Araivim etc. and now I can truly see I'm not alone...

A little about me - I'm 32 years old with 4 B"H beautiful children and a very wise wife whom I truly love and cherish.

I have been struggling with remaining clean since I'm 15/16 years old...I fall once or twice a week since then.

When I got married (8 years ago) I was able to control myself for quite some time. However, the pressures of Parnossoh and the pitfalls of the high speed internet. R"L... Due to technical difficulties (I marked 1/1/2009 instead of 1/1/2010 as my first day) mistakenly my wall of honor post shows a previous streak of 364. I am now clean for 4 days since the Goyishe New Year and I hope to make that 364 days clean (and beyond) a reality.

I hope to find a sponsor or at very least a partner to whom I can entrust my internet filter/Accountability software. I will need that person to spend time in the beginning to tweak the settings since I have to use the internet extensively as part of my job. Unfortunately, I spend many hours alone in my office...I pray that this accountability and sense of community will help me attain a daily victory over my Yetzer Horah and desires for many years.

I also hope to find a Phone Group that would work with my schedule...I'm in the West Coast

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Re: Just Starting

Posted by humanbeing - 19 Sep 2010 20:31

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Hey, so nice to hear from you...How's your recovery going?

Myself I have had to put this sobriety front and center in my life - I've been attending SA meetings twice a week and just started working Step #1 again - slowly....Working one day at a time. I'm truly a real addict and with hashem's (and his messengers) help I'm getting more and more into recovery and knowing more peace and serenity. Avinu malkainu...Our father our king blesses us and does kindness to each and every one of us in way of pure Tzedakah and kindness - Ki ain banu Maasim.

A Gemar Chasimah Tovah to you my friend.

That's pretty awesome. What's SA like?

**It's been a complete lifesaver...this addict needs live meeting and a sponsor he talks to and meets once a week...It's the only way I've been barely able to stay on the straght and narrow. there are amazing side benefites as well.**My recovery has been really good thanks. Been going strong (with Hashem's help) since I started. Haven't fallen this year (2010) B"H.

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Re: Just Starting  
Posted by bardichev - 20 Sep 2010 06:18

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Gevaldigggggg

Keep on trucking!!

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Re: Just Starting  
Posted by humanbeing - 20 Sep 2010 17:18

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Shkoach for the shout out - Reb Bardichtev

"Hub rachmanus Vi a Mammme Oif Ire Kinder" - Avrohom Fried/Yiddish Gems

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Re: Just Starting

Posted by humanbeing - 20 Sep 2010 17:18

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Bob Dylan's - You Gonna Have to Serve Somebody!

You may be an ambassador to England or France,

You may like to gamble, you might like to dance,

You may be the heavyweight champion of the world,

You may be a socialite with a long string of pearls

But you're gonna have to serve somebody, yes indeed

You're gonna have to serve somebody,

Well, it may be the devil or it may be the Lord

But you're gonna have to serve somebody.

You might be a rock 'n' roll addict prancing on the stage,

You might have drugs at your command, women in a cage,

You may be a business man or some high degree thief,

They may call you Doctor or they may call you Chief

But you're gonna have to serve somebody, yes indeed

You're gonna have to serve somebody,

Well, it may be the devil or it may be the Lord

But you're gonna have to serve somebody.

You may be a state trooper, you might be a young Turk,

You may be the head of some big TV network,

You may be rich or poor, you may be blind or lame,

You may be living in another country under another name

But you're gonna have to serve somebody, yes indeed

You're gonna have to serve somebody,

Well, it may be the devil or it may be the Lord

But you're gonna have to serve somebody.

You may be a construction worker working on a home,

You may be living in a mansion or you might live in a dome,

You might own guns and you might even own tanks,

You might be somebody's landlord, you might even own banks

But you're gonna have to serve somebody, yes indeed

You're gonna have to serve somebody,

Well, it may be the devil or it may be the Lord

But you're gonna have to serve somebody.

You may be a preacher with your spiritual pride,

You may be a city councilman taking bribes on the side,  
You may be workin' in a barbershop, you may know how to cut hair,  
You may be somebody's mistress, may be somebody's heir

But you're gonna have to serve somebody, yes indeed  
You're gonna have to serve somebody,  
Well, it may be the devil or it may be the Lord  
But you're gonna have to serve somebody.

Might like to wear cotton, might like to wear silk,  
Might like to drink whiskey, might like to drink milk,  
You might like to eat caviar, you might like to eat bread,  
You may be sleeping on the floor, sleeping in a king-sized bed

But you're gonna have to serve somebody, yes indeed  
You're gonna have to serve somebody,  
Well, it may be the devil or it may be the Lord  
But you're gonna have to serve somebody.

You may call me Terry, you may call me Timmy,  
You may call me Bobby, you may call me Zimmy,  
You may call me R.J., you may call me Ray,  
You may call me anything but no matter what you say

You're gonna have to serve somebody, yes indeed

You're gonna have to serve somebody.

Well, it may be the devil or it may be the Lord

But you're gonna have to serve somebody.

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Re: Just Starting

Posted by humanbeing - 26 Sep 2010 21:40

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Zeman Simchasaini...

Sukkos is the time of V'yamino T'chabkaini...Go into that Sukkah a feel Hashem's loving embrace and joy in having his children return to Him.

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Re: Just Starting

Posted by Dov - 27 Sep 2010 03:55

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Dear HB,

Reading that song brought back memories of Bob when you could still understand him. Thanks. Hatzlocha with your recovery. I go to SA too, and moving slowly - but moving - is the key for me, along with getting my insides *out*.

You are inspiring others, whether you realize it or not.

Thanks,

Dov

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Re: Just Starting

Posted by humanbeing - 27 Sep 2010 18:44

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Thanks Dov,

A Gutten Moed!

Trying to make it through today sober.

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Re: Just Starting

Posted by Dov - 29 Sep 2010 02:55

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Sounds like a good idea, wanna have someone to call?

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Re: Just Starting

Posted by Yosef Hatzadik - 06 Oct 2010 19:08

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Hi there, **HumanBeing**,

You are being too quite. are you being human or are you turning into a silent angel?

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Re: Just Starting

Posted by humanbeing - 07 Oct 2010 00:43

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Sorry there Reb Tzaddik...I also got your messages over YT...Thank you....Look forward to talking/writing again soon.

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Re: Just Starting

Posted by humanbeing - 11 Oct 2010 22:00

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hashlech al Hashem Yehavcho

V'hu Yechalkelecho!!!

Because we are each like his only child and he loves us - We need to get past our scratched and damaged hearts and reach that pure Neshomo which is perfect and unbroken. Then we truly realize that we are beloved and desired by the Eternal Being our father in Himmel.

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Re: Just Starting

Posted by humanbeing - 19 Oct 2010 22:47

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Baruch Hatov V'hmaitiv.

Thank you Hashem for sending me such beautiful brochos this past week.

I need to remember that I'm an addict and need to constantly connect with Hashem to ensure that



I don't go back into my unmanageable life I've led these past 25 years.

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Re: Just Starting

Posted by Dov - 20 Oct 2010 03:10

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So, are you still part of some group thing, like the SA meetings from a little while ago? If so, how's that going? (not to pry, of course, just asking...)

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Re: Just Starting

Posted by humanbeing - 21 Oct 2010 16:02

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[dov wrote on 20 Oct 2010 03:10:](#)

So, are you still part of some group thing, like the SA meetings from a little while ago? If so, how's that going? (not to pry, of course, just asking...)

I go twice a week - It's the only way I can hope to stay sane. I also call 2 or 3 people every day, one of them being my temporary sponsor. I'm also reading through the SA WB and doin the writing for a 12-Step SA workbook called Step into Action.

Thanks for asking.

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