

Just Starting

Posted by humanbeing - 04 Jan 2010 17:34

Hello fellow brothers,

I can't begin to describe my feelings of love and gratitude to all you kind Yidden. Kal Yisrael Araivim etc. and now I can truly see I'm not alone...

A little about me - I'm 32 years old with 4 B"H beautiful children and a very wise wife whom I truly love and cherish.

I have been struggling with remaining clean since I'm 15/16 years old...I fall once or twice a week since then.

When I got married (8 years ago) I was able to control myself for quite some time. However, the pressures of Parnossoh and the pitfalls of the high speed internet. R"L... Due to technical difficulties (I marked 1/1/2009 instead of 1/1/2010 as my first day) mistakenly my wall of honor post shows a previous streak of 364. I am now clean for 4 days since the Goyishe New Year and I hope to make that 364 days clean (and beyond) a reality.

I hope to find a sponsor or at very least a partner to whom I can entrust my internet filter/Accountability software. I will need that person to spend time in the beginning to tweak the settings since I have to use the internet extensively as part of my job. Unfortunately, I spend many hours alone in my office...I pray that this accountability and sense of community will help me attain a daily victory over my Yetzer Horah and desires for many years.

I also hope to find a Phone Group that would work with my schedule...I'm in the West Coast

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Re: Just Starting

Posted by humanbeing - 24 Feb 2010 17:13

Hey dear dear friends...I'm right now on DC Call...I'll report later you my holy crazy friends....It's

been a rough week in terms of my avodas Hashem

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Re: Just Starting

Posted by silentbattle - 24 Feb 2010 19:18

Looking forward to hearing from you!

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Re: Just Starting

Posted by humanbeing - 01 Mar 2010 22:16

an hour on the DC Call is such a refreshing way to get the realistic perspective on yourself and the people/ world around you...Highly reccomended if you're struggling with the Addiction issues.

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Re: Just Starting

Posted by humanbeing - 02 Mar 2010 19:22

What a tough call today for me on the DC Group...i realize I'm like a little kid that just wants to egotiscally remain the same and not change...I literally (almost) close my ears and eyes and make loud noises when something starts touching my precious and fragile EGO!... Wow! I've never realized what a ba'al gavvenik I was...

B"H our Awsome, Wonderous and Loving Father in Heaven has brough me to the great people on this forum and to the amazing true leader DuvidChaim and all the Chevra on his call. Thank you, Thank you, Thank You!!!

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Re: Just Starting

Posted by humanbeing - 07 Mar 2010 04:55

A Gutte Vach/Shavua Tov...What a week it's gonna be ,Steve's reaching 90...It's still the month of Adar, the month of Marbim B'simcha...And there's so many of us working together on the 12 Steps which brings us closer to Hashem.

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Re: Just Starting

Posted by Steve - 07 Mar 2010 21:20

HB, sharpen you pencils for this week, ;D you've got a lot more notes to take!!

hope everybody's well, epescilly the little sock nachas, and

DON'T FORGET TO POST!!!

"I think I can, I think I can, I think I can, I think I can, I think I can, I think I can..."

TOOT! TOOT!

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Re: Just Starting

Posted by humanbeing - 15 Mar 2010 20:04

Hello everyone,

Long time no write. Have had a 3 falls in the past 3 weeks. DC Phone Group really picked up my spirits this morning as well as Steve's great milestone. Duvid Chaim's wisdom and care on the call and his follow up E-mails are truly a breath of fresh, country air.

Basically, we have to work on self-centerdness and ego in order to have a connection to Hashem in our daily lives...real Dveikus B'hashem.

Good luck everyone. I hope to report and hear good news.

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Re: Just Starting

Posted by Steve - 15 Mar 2010 20:14

Hi HB.

Sorry to hear about the falls, but HAPPY to hear about your GETTING UP after each one.

KOT, my friend.

As Guard would say, life's a rollercoaster, but you can put your FAITH in the One that designed the ride, and feel safe as you go.

We need to RE-WIRE our minds so that when life gets tough, we turn to something healthy instead of turning to our drug of choice.

KT,

Steve

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Re: Just Starting

Posted by silentbattle - 19 Mar 2010 14:09

Glad to hear that you're up, and rocking - keep on going!

Have a great shabbos!

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Re: Just Starting

Posted by humanbeing - 21 Mar 2010 15:51

"Hashlech Al Hashem Yehavcho...V'hu Yechalkelecha" (Kapital Nun Hei)

"Throw your burdens onto Hashem and he will sustain you!"

I'm too weak to take on the terrible pain that I have on a daily basis in my life. Hashem only you can help me through it, because when I try to alleviate the pain on my own...Oy Vey iz Mir! We have to take away that ego (chametz) and Hashem will be there for me and all of us.

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Re: Just Starting

Posted by bardichev - 21 Mar 2010 16:01

trucking on keep

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Re: Just Starting

Posted by habaletaher - 22 Mar 2010 08:05

Hey HB,

I too recently had a fall, and I'm on a new chart, up to Day 5, and looking for a few good men to take this journey with me, do you want to get on the bus? We've got room for a few more?

Hatzlacha!

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Re: Just Starting

Posted by Gabe - 27 Mar 2010 13:37

How's my good friend, HB, doing?

And how's little HB Junior travelling?

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Re: Just Starting

Posted by humanbeing - 25 Jul 2010 23:04

Hello there..

I'm going to try that chart thing once again. I've been boating with the Dc 12 Step Phone group without too much success...Tomorrow I'm going in for round two. May Hashem give me the strength to rise above my fears and resentments and live a life connected to Him. Nice to be back here. Full of such beautiful people.

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