

GYE - Guard Your Eyes

Generated: 11 April, 2025, 09:33

Holy In Jerusalem

Posted by stopsurvivingstartliving - 24 Jul 2024 20:58

As a single bochur in Yerushalayim I hope to go for 90 days M-Free. Bh regarding porn I am by day 47 but because M is my main struggle right now I want to have this thread just for M.

Today if I bez"h pass it will be day one I still have to withstand an hour or 2 including a shower. I ask hashem to give me help through this challenge and through this i can grow in totah avoda and yiras shamayim.

I wish to STOP SURVING & START LIVING.

PS special shout out to HHM who it turns out months ago when I reached out to GYE and they hooked me up with a pro and maiven to talk to it was him, and he's been supporting me since. Keep it up HHM, keep helping klal yisroel.

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Re: Holy In Jerusalem

Posted by imohamed - 18 Nov 2024 23:37

Hello my location is Germany and I'm a practicing Muslim. I also find Jewish lectures amazing and I listen to them everyday

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Re: Holy In Jerusalem

Posted by cordnoy - 19 Nov 2024 01:01

Nice to hear; any specific shirim in particular? Curious - do Muslims have such sites as well? In general, how do they view masturbation? Thanks and Godbless.

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Re: Holy In Jerusalem

Posted by chosemyshem - 19 Nov 2024 03:43

[cordnoy wrote on 19 Nov 2024 01:01:](#)

Nice to hear; any specific shirim in particular? Curious - do Muslims have such sites as well? In general, how do they view masturbation? Thanks and Godbless.

I stumbled across a Muslim version of GYE once. Seemed like there was less focus on trucking. Was interesting to see though.

GYE is a non-discriminatory provider of trucks as far as I can tell. There's even a whole thread full of Hassidim.

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Re: Holy In Jerusalem
Posted by stopsurvivingstartliving - 19 Nov 2024 22:04

Another day Clean!

Today came with some obstacles. Something triggered me a few hours ago and I really wanted to act out, BH I made it till now clean. I won't say I won because I simply had no access to act out to my urges. But thank God I am still clean.

PS Knowing myself I have a while left to my night so I hope to finish it clean!

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Re: Holy In Jerusalem
Posted by chosemyschem - 19 Nov 2024 22:24

[stopsurvivingstartliving wrote on 19 Nov 2024 22:04:](#)

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Dude. Don't negate your wins. You are awesome!

Unless you've somehow removed your hands, mind, and male organ, you had access to act out. You chose not to. That is amazing!

Keep on surviving and living and trucking!

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Sent from amavakesh via Kotzk

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 19 Nov 2024 22:37

[chosemyshe wrote on 19 Nov 2024 22:24:](#)

[stopsurvivingstartliving wrote on 19 Nov 2024 22:04:](#)

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Sent from amavakesh via Kotzk

Truth is I wasn't down to masturbate so there goes your post. Sorry.

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 21 Nov 2024 00:11

Still Clean thank God!

I had very strong urges to do something I've never done and would have been crossing a red line of mine. I spoke it out with an amazing GYE'er and after a long and straightforward conversation he said something that really hit me. He said along the following lines, if you do this thing you are putting yourself in a position that will make your whole marriage hard. You will never be able to face your wife and truly feel she is mine and my only.

I am having a hard time putting it down on paper but when he told it to me it really hit home. Thank you!

Have a good night.

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Re: Holy In Jerusalem
Posted by stopsurvivingstartliving - 22 Nov 2024 01:50

Day 15 Clean!

Thank God I didn't have any of those feelings to do bad things today.

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Re: Holy In Jerusalem
Posted by odyossefchai - 22 Nov 2024 02:18

Amazing!!! Don't stop at 15. You got this.

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Re: Holy In Jerusalem
Posted by simchastorah - 22 Nov 2024 06:07

stopsurvivingstartliving is an amazing guy. The honesty and courage just come shining through the posts.

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Re: Holy In Jerusalem
Posted by stopsurvivingstartliving - 24 Nov 2024 01:39

Friday and Shabbos Clean!

Baruch Hashem!

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Re: Holy In Jerusalem
Posted by stopsurvivingstartliving - 25 Nov 2024 00:18

Today was Clean!

Life sometime gets boring and rough and you can feel all of your chiyus zapped out of you.

Whateva

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Re: Holy In Jerusalem
Posted by stopsurvivingstartliving - 25 Nov 2024 23:34

Day 19 Clean!

I made it past CHAI days! Epic!

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Re: Holy In Jerusalem
Posted by stopsurvivingstartliving - 27 Nov 2024 13:44

Had a rough last few hours, did a lot of filter poking and managed to see a few seconds of porn.
I am not counting it as a fall.

I am still in middle of this episode but I hope God helps me make it through clean because I don't want to.

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