

**GYE - Guard Your Eyes**

Generated: 11 April, 2025, 09:36

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Holy In Jerusalem

Posted by stopsurvivingstartliving - 24 Jul 2024 20:58

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As a single bochur in Yerushalayim I hope to go for 90 days M-Free. Bh regarding porn I am by day 47 but because M is my main struggle right now I want to have this thread just for M.

Today if I bez"h pass it will be day one I still have to withstand an hour or 2 including a shower. I ask hashem to give me help through this challenge and through this i can grow in totah avoda and yiras shamayim.

I wish to STOP SURVING & START LIVING.

PS special shout out to HHM who it turns out months ago when I reached out to GYE and they hooked me up with a pro and maiven to talk to it was him, and he's been supporting me since. Keep it up HHM, keep helping klal yisroel.

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Re: Holy In Jerusalem

Posted by 138eagle - 14 Nov 2024 22:36

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Keep it up!!!!

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 15 Nov 2024 01:57

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And yet another clean day... Thank god.

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Re: Holy In Jerusalem

Posted by wantingbetter - 15 Nov 2024 04:45

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[stopsurvivingstartliving wrote on 15 Nov 2024 01:57:](#)

And yet another clean day... Thank god.

Lettzzzzzzzzzz goooooooooooooo!!!!!!!!!!!!!!!

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Re: Holy In Jerusalem  
Posted by stopsurvivingstartliving - 15 Nov 2024 11:14

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I feel a wave of sadness and emptiness coming over me. I may need a hurricane to come and blow it away.

Why do I feel this way, I am not sure. But it may be because I've neem doing something that made me feel good the last few days and last night I was speaking to someone about it and I got a vibe from the person of non-approval. I know this is my self consciousness kicking in because that person I was talking to really is makir tov for what I am doing, but I still am replaying my conversation from last night in my head and it's pulling me down.

Wish me luck guys!

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Re: Holy In Jerusalem  
Posted by proudyungerman - 15 Nov 2024 13:10

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I do not want to wish you luck, rather a safe trip.

This storm is one you've seen before.

You know the drill, the tools.

?You CAN make the the journey 'cross the sea and come out intact!

Prayin' for you in Burma!

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Re: Holy In Jerusalem  
Posted by amevakesh - 15 Nov 2024 13:44

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The feelings you're experiencing now, are the answer to your question on your other thread. Even in the best of marriages, there will be many times that we do things for our wives, expecting some level of recognition in return. Not that we're selfish or anything, but we want our efforts to be appreciated. While most of the time we will get what we want (in a healthy marriage) there are times that we won't. There are many reasons this can happen, either because there is some type of miscommunication, or a million other reasons. Marriage (even rock solid ones) has its ups and downs. When they don't respond the way we want them to, the feeling we have is what you're feeling now. Mild, sometimes even intense feelings of rejection etc. If a person hasn't worked on himself to clean up the lust, he will inevitably turn to his pacifier to soothe his hurt feelings..Think of this as an opportunity. You've got a chance to prove to yourself that you have what it takes to weather the storms that life throws at everyone. No one is spared from challenges in life. If you can overcome your feelings now, you will come out so much stronger. We get it, it's tough, but you're tougher. I just Davened Shachris. I had you in mind. Hatzlacha brother! Have a wonderful Shabbos!

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Re: Holy In Jerusalem  
Posted by stopsurvivingstartliving - 16 Nov 2024 23:37

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Thank God I made it through Friday and Shabbos Clean!

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Re: Holy In Jerusalem  
Posted by rebakiva - 16 Nov 2024 23:59

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Good job rooting for you.

Starting to think maybe you are a girl, just pretending to be a bachur instead of saying that

**Warning: Spoiler!**

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Re: Holy In Jerusalem  
Posted by stopsurvivingstartliving - 18 Nov 2024 01:13

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Thank God another day Clean!

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Re: Holy In Jerusalem  
Posted by proudyungerman - 18 Nov 2024 01:51

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[rebakiva wrote on 16 Nov 2024 23:59:](#)

Good job rooting for you.

Starting to think maybe you are a girl, just pretending to be a bachur instead of saying that

**Warning: Spoiler!**

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Re: Holy In Jerusalem

Posted by simchastorah - 18 Nov 2024 08:15

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[proudyungerman wrote on 18 Nov 2024 01:51:](#)

[rebakiva wrote on 16 Nov 2024 23:59:](#)

Good job rooting for you.

Starting to think maybe you are a girl, just pretending to be a bachur instead of saying that

**Warning: Spoiler!**

**Warning: Spoiler!**

I think youknowwho it is...

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Re: Holy In Jerusalem

Posted by rebakiva - 18 Nov 2024 15:12

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[simchastorah wrote on 18 Nov 2024 08:15:](#)

[proudyngerman wrote on 18 Nov 2024 01:51:](#)

[rebakiva wrote on 16 Nov 2024 23:59:](#)

Good job rooting for you.

Starting to think maybe you are a girl, just pretending to be a bachur instead of saying that

**Warning: Spoiler!**

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I think youknowwho it is...

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Re: Holy In Jerusalem  
Posted by stopsurvivingstartliving - 18 Nov 2024 22:48

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Thank God another clean day!

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Re: Holy In Jerusalem  
Posted by imohamed - 18 Nov 2024 22:56

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I'm just curious can you share how do you manage so? Which phone filter do you use or is there some app lock that you use, that blocks access to some distractions apps or websites? I'm using iPhone by the way. And also congratulations for staying that much clean.

Tryin' to think who it is... Is she RED FACED???

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