

Holy In Jerusalem

Posted by stopsurvivingstartliving - 24 Jul 2024 20:58

As a single bochur in Yerushalayim I hope to go for 90 days M-Free. Bh regarding porn I am by day 47 but because M is my main struggle right now I want to have this thread just for M.

Today if I bez"n pass it will be day one I still have to withstand an hour or 2 including a shower. I ask hashem to give me help through this challenge and through this i can grow in totah avoda and yiras shamayim.

I wish to STOP SURVING & START LIVING.

PS special shout out to HHM who it turns out months ago when I reached out to GYE and they hooked me up with a pro and maiven to talk to it was him, and he's been supporting me since. Keep it up HHM, keep helping klal yisroel.

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 30 Sep 2024 12:15

Day 21 Clean!

#THREEWEEKSCOMPLETE!!!

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Re: Holy In Jerusalem

Posted by amevakesh - 01 Oct 2024 13:35

?"? ?????? ????? ?????? ?????? ??"? ??? ??? ?? ????? ??? ????? ?????? ?????

Can you hear the ?? ??? thundering through the hills of Jerusalem? It's screaming "Here's a soldier that's really living life the way it's ought to be lived". Keep inspiring and keep on trucking!

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 01 Oct 2024 14:50

Thank you so much for the much needed chizuk at the perfect time. Something super stressful just came up and your chizuk came in clutch.

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 01 Oct 2024 22:50

Day 23 Clean!

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Re: Holy In Jerusalem

Posted by redfaced - 01 Oct 2024 22:53

[stopsurvivingstartliving wrote on 01 Oct 2024 22:50:](#)

Day 23 Clean!

I have it in good standing, that your 23 clean days are what kept E'Y safe today, in the face of the Iranian attack.

KEEP IT UP!!

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 01 Oct 2024 22:59

[redfaced wrote on 01 Oct 2024 22:53:](#)

[stopsurvivingstartliving wrote on 01 Oct 2024 22:50:](#)

Day 23 Clean!

I have it in good standing, that your 23 clean days are what kept E'Y safe today, in the face of the Iranian attack.

KEEP IT UP!!

Thanks so much. It was nissim geluim how almost no one was hurt. I watched fire balls flying through the sky! Tens of them!

#TYHFORKEEPINGUSSAFE

#AMYISROELCHAI!!!

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 02 Oct 2024 14:30

Day 24 as of 5:30 pm Clean!

Can't wait to come back after shabbos reporting 27 days!

Wishing my warm family a Ksiva V'chasima Tova.

PS We GYE'ers have an extra zchus coming into the Yom Hadin, we care that were going through what were going through and want help (or want to want help), so keep it in mind.

Being here isn't a flaw it shows our strenth, weather were clean in the moment or not.

A Gut Yur!

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 05 Oct 2024 23:36

Day 27 Clean!

Thank god I had a very nice RH.

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Re: Holy In Jerusalem

Posted by eiyantov - 06 Oct 2024 15:11

Just read through your thread here. The ups, the downs, the ups again, and the downs again. And if course the amazing up (27 days!!!) your are on right now! You're a true inspiration! Keep on trucking my friend!

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 06 Oct 2024 19:00

I am having massive urges right now. If I stay inside I am bound to fall. I am gonna head out and hopefully things will get better.

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 06 Oct 2024 20:02

I did a little filter poking and didn't see anything besides an image or 2 of soft soft core for a second. I hope I am passed it, and am happy I didn't have any real falls.

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 07 Oct 2024 00:01

Day 28 Clean! (besides what I mentioned in my last post)

Yes it feels great to make it to 4 weeks but to be honest my day today had very little spirituality so I feel very empty and ichy. I hope tomorrow will be better, being that we are back to regular schedule.

#FOURWEEKSCOMPLETE!!!!!!

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Re: Holy In Jerusalem

Posted by Muttel - 07 Oct 2024 08:27

You're an inspiration, keep it up!

Muttel

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 07 Oct 2024 23:26

Day 29 Clean!

I had some rough time today and I sent a text to a fellow mentor I made here on the site (I wrote to him that this battle is a "sulam ain sfor shlavim - A ladder with countless rungs") and he gave me a few minutes of his time sharing chizuk and insight.

For those who haven't done this in the past, I highly recommend it. If your going through rough times reach out to a friend you made over here or someone your comfortable talking about these things with.

#ONEMOREDAYTOTHIRTY

#DONTOBSESSONTHESTREAKITSTHEDAYTHATCOUNTS

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