

Holy In Jerusalem

Posted by stopsurvivingstartliving - 24 Jul 2024 20:58

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As a single bochur in Yerushalayim I hope to go for 90 days M-Free. Bh regarding porn I am by day 47 but because M is my main struggle right now I want to have this thread just for M.

Today if I bez"n pass it will be day one I still have to withstand an hour or 2 including a shower. I ask hashem to give me help through this challenge and through this i can grow in totah avoda and yiras shamayim.

I wish to STOP SURVING & START LIVING.

PS special shout out to HHM who it turns out months ago when I reached out to GYE and they hooked me up with a pro and maiven to talk to it was him, and he's been supporting me since. Keep it up HHM, keep helping klal yisroel.

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Re: Holy In Jerusalem

Posted by bright - 12 Sep 2024 22:33

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[stopsurvivingstartliving wrote on 12 Sep 2024 20:03:](#)

[redfaced wrote on 12 Sep 2024 19:57:](#)

[stopsurvivingstartliving wrote on 10 Sep 2024 23:01:](#)

Edit: PPS I just noticed my negative karma. I will try not to take it to heart, but if someone bears a grudge against me please reach out to me in a PM instead of dropping my karma.

Anybuddy know what he's talking 'bout?

Lol. I actually had negative 1 karma and I was tookin aback because I try to stay clean (cought that pun?) with everyone.

Lol, Ive been here for a bit. Karma doesnt do much. Hard work and honesty does. In that your doing great.

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 13 Sep 2024 00:00

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Thank god I had what to keep myself busy with to not feel down and fall.

With that I report day 4 being Clean!

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 13 Sep 2024 14:26

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For now 5:30 pm it is Day 5 Clean. In the past I have fallen Friday night, I hope to be able to stay clean till I go to sleep tonight. #ODAAT.

Good Shabbos!

Edit: Update, I made it!

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Re: Holy In Jerusalem

Posted by redfaced - 13 Sep 2024 14:42

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[stopsurvivingstartliving wrote on 13 Sep 2024 14:26:](#)

For now 5:30 pm it is Day 5 Clean. In the past I have fallen Friday night, I hope to be able to stay clean till I go to sleep tonight. #ODAAT.

Good Shabbos!

Waiting to hear good news om MTsh

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Re: Holy In Jerusalem

Posted by yiftach - 14 Sep 2024 19:27

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*In the luxury of the living-room, two pairs of sparkling eyes met,*

*Flickering with hope, a shared goal was set.*

*So much baggage we both carry, but one aim in sight,*

*Purity and cleanliness, to conquer this beastly fight.*

*A person wishing to transform desire's fiery flame,*

*Into a blaze dedicated to ridding this shame.*

*Seeking to fill each day with purpose and light,*

*With a fire in his eyes, determined to stand tall and fight.*

*I envy your resolve to turn the page at this stage,*

*One day we'll dance together to the song of victory's wage.*

*I believe in you, and so do countless others, it's true,*

*Now it's your turn to believe, and I know you do too.*

*Together we'll rise, break free from this dark chain,  
And dance in the sunlight, no longer in pain.  
Your determination inspires, it's a sight to behold,  
With every step you take, you're writing a story bold.*

*So remember, my friend, as you face this great test,  
You're not alone in this journey, we wish you the best.  
With hope in your heart and fire in your soul,  
You'll emerge triumphant, achieving your goal.*

*You will walk out victorious, with strength and might,  
Embracing the victory, basking in the victorious light.*

- Yiftach'I

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Re: Holy In Jerusalem  
Posted by stopsurvivingstartliving - 15 Sep 2024 12:20

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Shabbos day 6 was Clean.

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Re: Holy In Jerusalem  
Posted by redfaced - 15 Sep 2024 14:55

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[stopsurvivingstartliving wrote on 15 Sep 2024 12:20:](#)

Shabbos day 6 was Clean.

Thank you fo proving me right....

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Re: Holy In Jerusalem

Posted by livingagain - 15 Sep 2024 15:25

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[stopsurvivingstartliving wrote on 15 Sep 2024 12:20:](#)

Shabbos day 6 was Clean.

You're on a roll. Keep it up. Stay holy in Jerusalem

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Re: Holy In Jerusalem

Posted by livingagain - 15 Sep 2024 15:56

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Lol, Ive been here for a bit. Karma doesnt do much. Hard work and honesty does. In that your doing great.

Agreed. Karma is meaningless. The main

thing is that you are staying holy despite your struggles. Stay living!

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Re: Holy In Jerusalem

Posted by yitzchokm - 15 Sep 2024 16:12

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Karma isn't that important but I wouldn't call it meaningless. It gives a slight indication of whether you are performing well. Lowering someone's karma daily is wrong. I also had to hide my karma because someone was doing that to me. It doesn't bother me that much not to display my karma but I have no internal way of knowing whether I am performing well anymore unless someone responds to my posts.

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Re: Holy In Jerusalem  
Posted by stopsurvivingstartliving - 15 Sep 2024 21:53

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Day 7 Clean.

I went out today and decided that this walk I want to watch my eyes. I walked out and literally every other second I had to physically pull away my head from things I wanted to stare at. Then it hit me. This means every time I walk out and don't make that conscious (and very hard) decision, my brain is consuming that much crap!!!

I am not exactly sure where to go with this but I figured it doesn't hurt to share.

#ONEWEEKCOMPLETE!!!

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Re: Holy In Jerusalem  
Posted by Muttel - 15 Sep 2024 23:18

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Pretty soon, you won't need to be constantly battling not to look, it will be ingrained in you, bezh.....

Keep up the good work, brother!

Muttel

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Re: Holy In Jerusalem

Posted by stopsurvivingstartliving - 16 Sep 2024 22:33

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Day 8 Clean.

Something I have to work on is being proud of myself on days that are a bit harder and I make it through. Inasmuch as I can beat myself up for having falls when I fall, I at least should pat myself on the back when I make it through a hard day.

Thank you guys for always being there with an open ear. Good Night from Jerusalem!

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Re: Holy In Jerusalem

Posted by redfaced - 16 Sep 2024 22:50

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[stopsurvivingstartliving wrote on 16 Sep 2024 22:33:](#)

Day 8 Clean.

Something I have to work on is being proud of myself on days that are a bit harder and I make it through. Inasmuch as I can beat myself up for having falls when I fall, I at least should pat myself on the back when I make it through a hard day.

Thank you guys for always being there with an open ear. Good Night from Jerusalem!

This is always one of the hardest things. You need to learn how to be fair to yourself & reward yourself when you accomplish

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