

The journey

Posted by JARES90 - 18 Jun 2024 01:26

I keep having setbacks and I really need accountability. Therefore gonna try to post a daily update starting tom on my journey to 90. Really hope you guys can be there along the way to offer chizzuk and advice. This is the only thing I can think of right now to keep me from falling into depression about my latest fall

=====

Re: The journey

Posted by JARES90 - 16 Jul 2024 04:19

Thank you guys for the support, I just don't feel ready yet, when I do I will reach out. Hopefully soon

=====

Re: The journey

Posted by JARES90 - 16 Jul 2024 04:24

Day 9: wouldn't say perfect day but almost.

=====

Re: The journey

Posted by JARES90 - 16 Jul 2024 04:27

I don't know how to tag ppl but muttel/hhm I'm down to talk but not over phone yet, it's so vulnerable and I'm just not ready yet. ,if there's any way you or hhm can deliver your wisdom in the private chat and hopefully we can progress from there

=====

Re: The journey

Posted by JARES90 - 16 Jul 2024 04:30

Also, just want you guys to know, the interest that your showing and your wanting to help really means a lot to me and is helping me stay committed. Thank you guys

=====

=====

Re: The journey
Posted by Muttel - 16 Jul 2024 08:19

[JARES90 wrote on 16 Jul 2024 04:27:](#)

I don't know how to tag ppl but muttel/hhm I'm down to talk but not over phone yet, it's so vulnerable and I'm just not ready yet. ,if there's any way you or hhm can deliver your wisdom in the private chat and hopefully we can progress from there

Sent you a private message.

tty soon

Muttel

=====

=====

Re: The journey
Posted by JARES90 - 18 Jul 2024 01:07

Day 10: from yesterday, forgot to post. Clean day, sort of. Perfect day rn. Hopefully will be posting a fully clean day 11 later tn.

=====

=====

Re: The journey
Posted by JARES90 - 18 Jul 2024 01:07

Muttel I'll respond when I get chance, thanks for reaching out

=====
=====

Re: The journey

Posted by JARES90 - 18 Jul 2024 04:35

Day 11: perfect day, clean strong!

=====
=====

Re: The journey

Posted by JARES90 - 19 Jul 2024 03:44

Day 12: great day, invested my energy wisely, stayed positive and happy. Thank you Hashem.

clean day

=====
=====

Re: The journey

Posted by proudyungerman - 19 Jul 2024 04:22

Amazing!

Keep up the good work!

Did you end up connecting with anyone?

=====
=====

Re: The journey

Posted by JARES90 - 21 Jul 2024 06:32

Day 13: strong day. Had some great victories with shmiras eynaim.

=====
=====

Re: The journey

Posted by JARES90 - 21 Jul 2024 06:32

Day 14: back at 2 weeks strong. Gotta keep grinding

=====
=====

Re: The journey

Posted by JARES90 - 21 Jul 2024 06:33

Ya connected with some folks. Thanks

=====
=====

Re: The journey

Posted by Muttel - 21 Jul 2024 08:32

[JARES90 wrote on 21 Jul 2024 06:32:](#)

Day 14: back at 2 weeks strong. Gotta keep grinding

Would you mind elaborating here?

Are you grinding through with white knuckling? Or is the YH at bay? Just wondering how you're faring and if it's taking much out of you.

wishing you an easy exhilarating journey to purity!

Muttel

=====

=====