

shemirat einayim. Finally going on the chart  
Posted by shemirateinayim - 31 Dec 2009 19:29

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GUARD, i was once supposedly on it. but i couldn't update it for 2 weeks. so i never saw if i was put on or not. but I think my screenname is reserved (by me). and the site keeps telling me that my email is in use.

I need some help getting myself on the chart.

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Re: shemirat einayim. Finally going on the chart  
Posted by Yosef Hatzadik - 14 Feb 2011 19:43

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Boy, do we have a lot of catching up to do!

You have a lot of post to read.

We have a lot of Nesivas Sholom to get....

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Re: shemirat einayim. Finally going on the chart  
Posted by Dov - 15 Feb 2011 04:29

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Mazel Tov on the marriage, but much *bigger* mazel Tov to both of you on your sobriety! It is, of course, far more precious.

Without sobriety, we have no marriage, in the end, and with sobriety, everything will work out in the end.

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Re: shemirat einayim. Finally going on the chart  
Posted by silentbattle - 15 Feb 2011 05:07

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Mazal tov, my dear friend!

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Re: shemirat einayim. Finally going on the chart  
Posted by Avda Dekudsha Brichu - 15 Feb 2011 12:37

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Mazel tov and alleh brochos to you too SB

as son as someone gets me back into my old username... I am waiting to poost a few issues in the "married ppls forum".

I still haven't succeding in mapping out my role as an ex-addict, in the role of a husband. In addition to the "???? ????? from the ????" and all he says about this. plus the practical application of chazal not to be noheig any mjidas chasiddus on the expense of another. I have sought daas torah, but the practical applications of other adddicts also factors in, so i won't attept the impossible for my matzav at this point in time.

bekitzur, can someone get me the code for Shemirateinayim username ??????

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Re: shemirat einayim. Finally going on the chart  
Posted by silentbattle - 18 Feb 2011 21:38

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I don't have that power, but I'm not sure what exactly you meant by that last post. Can you elaborate a little, please?

Have a great shabbos!

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Re: shemirat einayim. Finally going on the chart  
Posted by Dov - 18 Feb 2011 21:50

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Dear "Avda...",

Email or PM Guard or Kedusha about it.

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Re: shemirat einayim. Finally going on the chart  
Posted by shemirateinayim - 27 Mar 2011 10:13

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Hi everybody, i saw an interesting vort from the sfas emes, Passhar ha'azinu One of the first ones there. that apparently we won't say tachnun between yom kippur and sukkos becaause one who is busy preparing for a mitzva doesn't have time for aveiros. But once we actually start that mitzva, it's another story. So he points out, mikan the hachana of a mitzva is greater than the acual kiyum hamitzva. because when you do the mitzva itself, the level of zrizus, vevaijus, kavana, simcha, etc... have all been defined. however during the hachana you have the ability to refine yourself and your ac\tions to do a mitzva bishlaimus.

in this weeks (1.5)n leading up to bein hazmanim, lets' make it a hachana for shmiras einayim... and hopefully that should at least protect us untill then.

I'm doing well for all my fans out there. KOT, "porgressive-recovery", taking life "one day at a time", etc etc etc

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Re: shemirat einayim. Finally going on the chart  
Posted by shemirateinayim - 17 Nov 2011 13:49

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**In this wasrefull generation, I would like to set an example, by scouring the whole website for my OLD THREADS and not starting new ones out of shear laziness.**

Day 1

Why is today day 1? Not because I somehow managed to withhold my hands from my pants, and my eyes from bad sights, since then i would only count it at the conclusion of the day. Because I will not allow myself to slip/fall.

Why will tomorrow be day 2? because I am determined to start my sobriety right now, and continue to live with it. (A scary thought at the moment, but I know it's possible to take it one day at a time.)

I have everything to lose if I give-in to even the "first sip", and ??? ??? I have my whole life, persona, self respect, and accomplishments to regain by staying sober.

The scariest thing for me will come in a few weeks, but that I can only discuss in the married folks forum, please G-D {"higher power"} save me when it comes!!!

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Re: shemirat einayim. Finally going on the chart  
Posted by gibbor120 - 17 Nov 2011 16:27

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Hi, old friend. Hoping to make you a new friend. I am relatively new here (even though i just topped 900 posts :o). Nice to meet you!

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Re: shemirat einayim. Finally going on the chart  
Posted by Gevura Shebyesod - 17 Nov 2011 16:44

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Hi SE, another relatively newbie here. I have read some of your older stuff and all I can say is you have it tough but you are a real fighter!

Stay strong and Keep On Trucking!!!!!! We will all be here to cheer you on!

Gevura!

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Re: shemirat einayim. Finally going on the chart  
Posted by Yosef Hatzadik - 17 Nov 2011 17:02

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[ShemiratEinayim an Old friend wrote on 17 Nov 2011 13:49:](#)

I have everything to lose if I give-in to even the "first sip", and ??? ??? I have my whole life, persona, self respect, and accomplishments to regain by staying sober.

**Q.** How can a powerless addict resist that 1st drink??

**A.** He cannot.

P.S. He can get used to reaching out to others at the first sign of 'thirst'. He can learn to rely on the power of *others outside of himself* to keep him sane.

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Re: shemirat einayim. Finally going on the chart  
Posted by shemirateinayim - 17 Nov 2011 19:10

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Bingo Yosef...

What i hat about the Big Book is that there is no ?????, and all the punchlines are few and far in between

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Re: shemirat einayim. Finally going on the chart  
Posted by Yosef Hatzadik - 17 Nov 2011 19:40

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"Rarely have we seen someone who was successful in working these steps on his own, outside the framework of a group....." (Is this a quote?)

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Re: shemirat einayim. Finally going on the chart  
Posted by shemirateinayim - 17 Nov 2011 20:01

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Thisty!?!?!?!

I feel the rush of exhilaration waiting to be fulfilled!!

I saw a small peek of 'flesh' and now I am ready to forfeit all spirituality for a tasteless fleeting lie.

Ribono Shel olam you want my stay in this world to be an ????. Please save me from being ????? everything for one second of tayvah tonight!!

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