Generated: 21 August, 2025, 22:08

shemirat einayim. Finally going on the chart Posted by shemirateinayim - 31 Dec 2009 19:29

GUARD, i was once suppossedly on it. but i couldn't update it for 2 weeks. so i never saw if i was put on or not. but I think my screenname is reserved (by me). and the site keeps telling me that my email is in use.

I need some help getting myself on the chart.

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Re: shemirat einayim. Finally going on the chart Posted by shemirateinayim - 09 Feb 2010 20:31

it's funny how When I'm in a lousy mood, I am so much more open to rpening-up about my past. here is a post I just put up somewhere else on the site:

[quote]Re: hotel room emergency

« Reply #27 on: February 09, 2010, 01:29:12 PM » Quote Modify Remove

.....

Everyone I meet wants to see the amazing parents that raised me. he he he, ummmm, yeh. When they finnaly do, they usualy get a response so obvious, that leaves them wondering how i came to be who I am. "It's ggod to see that something came from all the money I paid his yeshiva"

You idiot, the yeshiva never once credited itself with molding or forming children. They merely teach them how to learn, and in the most part, do not credit themselves with teaching the content learnt, just HOW to learn it. One day I will learn MB myself, one day I will learn a whole mesechta myself. But middos they don't claim to teach, since that takes alot more than a classroom. Altough they do try.

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I became who I am from having to deal with abuse, depression, neglect, a shattered social life, and severe depression. I rebuilt myself, with some help from my rebbe/rpsh yeshiva, and used all my handicaps to become my source of stength and power. Every dissadvantage and weakness, every makom of RAH was realy a kisuy for TOV. I found the TOV in most of it, and have yet to finish dealing with my addiction.

| quote] |
|--|
| ======================================= |
| Re: shemirat einayim. Finally going on the chart Posted by imtrying25 - 09 Feb 2010 22:50 |
| Its probaly a way of you letting out some steam!! But its healthy. In more ways than one! |
| ==== |
| Re: shemirat einayim. Finally going on the chart Posted by shemirateinayim - 10 Feb 2010 06:12 |
| Wow that learning is still smothering my YH!!! |
| I had typed a 'highly innnapropriate' keyword into the search box of my browser window, and instead decided to search for 'internet addiction jewish', and I found GYE as #4 on the google list. wow, I may be bored out of my mind, but i'm still clean!!! (for the last 6 hours) |
| ======================================= |
| Re: shemirat einayim. Finally going on the chart Posted by habaletaher - 10 Feb 2010 08:53 |
| 6 hours of cheirus, let's see you go for 26!! You totally can do that, I know it, you know it, we all know it! Get it on! |
| ======================================= |

GYE - Guard Your Eyes Generated: 21 August, 2025, 22:08

| Re: shemirat einayim. Finally going on the chart Posted by shemirateinayim - 10 Feb 2010 14:25 |
|--|
| 12 hours so far, and I'll try to make you happy |
| ==== |
| Re: shemirat einayim. Finally going on the chart Posted by silentbattle - 10 Feb 2010 16:25 |
| Alright, keep it up - you've already hit the bottom, and you're on your way up. |
| Sometimes we need to open up verbally to someone - see dov's recent post on my thread, and my response |
| ==== |
| Re: shemirat einayim. Finally going on the chart Posted by shemirateinayim - 11 Feb 2010 00:03 |
| what time did we start this? 6pm last night? when then it's 24 hours now!!!!! |
| *Yippeee I feel good* (even mildly childish) |
| ======================================= |
| Re: shemirat einayim. Finally going on the chart Posted by silentbattle - 11 Feb 2010 00:12 |
| Alright! Wish I could share a shot of woodford with you right now! |
| ==== |

| Re: shemirat einayim. Finally going on the chart Posted by shemirateinayim - 11 Feb 2010 04:48 |
|--|
| I once heard a pasuk, I just can't remeber thecontext. "Vayeist min Hayayin Vayishkar, VAsisga Betoch Ohalo" |
| Oh yeh it's coming back to me now, it was Noach, and he got I'll stick to kedem. (Except on shabbos, see Pri Tzedek in Lech Lecha). |
| I totaly messed up my track of time, but based on my earliest post, I was clean as of 5pm. Ther I messed up at 5:45 (big time), then I restarted my count b4 6pm. Now it's about 29 hours later. hey cool, immagine how much schar I get for the last 29! Alot. WHy not try to make it 48? |
| ==== |
| Re: shemirat einayim. Finally going on the chart Posted by silentbattle - 11 Feb 2010 17:40 |
| If you need to, live it one hour at a timeyou can keep going! |
| ==== |
| Re: shemirat einayim. Finally going on the chart Posted by shemirateinayim - 11 Feb 2010 18:00 |
| 24+18 hours so far |
| ====================================== |
| Re: shemirat einayim. Finally going on the chart Posted by imtrying25 - 11 Feb 2010 18:01 |

GYE - Guard Your Eyes Generated: 21 August, 2025, 22:08 Every second counts. If we would only realize the truth of this our outlook on things would be so much different!!! keep it up SE. Re: shemirat einayim. Finally going on the chart Posted by shemirateinayim - 12 Feb 2010 01:22 24+24+1 hours 49 hours X 60 minutes = 2940+21 minutes even if I got nothing to say, I'll let the numbers speak for themselves. Re: shemirat einayim. Finally going on the chart Posted by silentbattle - 12 Feb 2010 07:20

One day at a time...one hour at a time...one minute at a time, if necessary. ASk yourself, can I hold off for this 1/2 hour? Can I push this away, do something else for THIS 1/2 hour?

SE, you can DO this!