

Starting the 90 day challenge!

Posted by boca19 - 30 Nov 2023 15:56

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I've been keeping a chart in my wallet but now want it to be public so I can get encouragement!

I gotta do this!

Let's all fight brothers!!

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Re: Starting the 90 day challenge!

Posted by ainshumyeiush - 30 Nov 2023 16:24

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Welcome to the party!

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Re: Starting the 90 day challenge!

Posted by chaimoigen - 30 Nov 2023 20:19

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Welcome!!

It's better together!!

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Re: Starting the 90 day challenge!

Posted by boca19 - 04 Dec 2023 17:47

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So far doing well.

Nervous for when major urges come back...

Clean since November 28th.

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Re: Starting the 90 day challenge!

Posted by Heeling - 04 Dec 2023 19:10

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Wow! Beautiful!

After 6 six days of work comes a day to rest - not Chas V'shalom to let the guard down. But rather to reflect on the past six days and rejoice on the success you thought is impossible.

Dont think about what will come when it comes. Focus on what you've got to do at the moment.

Wishing you much success,

Focus on the good,

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