

14 days!!

Posted by funbuchur - 02 Nov 2023 04:39

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Just finished 14 days. Not stopping here but proud of myself. Dunno where to post cuz this forum is to complicating for me but posting here.

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Re: 14 days!!

Posted by funbuchur - 08 May 2024 17:15

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I was thinking I feel like I've been focusing on my falls more than my wins. And I should start celebrating wins. Any ideas.

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Re: 14 days!!

Posted by funbuchur - 09 May 2024 17:04

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Day Two

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Re: 14 days!!

Posted by notezy - 09 May 2024 17:06

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Keep it up

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Re: 14 days!!

Posted by 5770 - 09 May 2024 18:58

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I was thinking I feel like I've been focusing on my falls more than my wins. And I should start celebrating wins. Any ideas.

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Re: 14 days!!

Posted by yesoidshebiyisoid - 12 May 2024 14:02

cant go wrong with a LeHayim or two a brisk walk in the park

Any update, Bachur?

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Re: 14 days!!

Posted by 5770 - 12 May 2024 15:02

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AMAZING!!!another key to success is to know that you own those 14 days - FOREVER

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Re: 14 days!!

Posted by funbuchur - 12 May 2024 17:02

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Day 3

I restarted Friday with a plan with accountability and fixing some places where I was getting lax.

I have been getting lazy on some of the "yellow stuff" for example not bringing my phone into the bathroom even though it's filtered as a precaution. So for the next week (at least) I will go back to being very strict on that. Starting now.

Anyways day 3 and going good.

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Re: 14 days!!

Posted by funbuchur - 13 May 2024 16:42

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Day 4

Going strong.

nothing out of the ordinary. Keeping accountable.

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Re: 14 days!!

Posted by funbuchur - 14 May 2024 16:45

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Day 1....

Fell last night..

maybe my excitement is less than before or I fell back into the cycle i was in just a couple months ago. Maybe this is good to see that even though I went a long time clean it'll still be a battle.

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Re: 14 days!!

Posted by notezy - 14 May 2024 18:25

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In my own experience both the question and answer here are a lot more irrelevant then you think in the moments.

although hard to shake the urge to think on it.

It's a hiccup of starting again nothing more.

Keep going man

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Re: 14 days!!

Posted by funbuchur - 15 May 2024 17:07

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Day 2

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Re: 14 days!!

Posted by funbuchur - 15 May 2024 17:08

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Day 2

no need for my drashos just a regular day and going well.

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Re: 14 days!!

Posted by funbuchur - 16 May 2024 16:47

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Day 3

Still clean I think I'm back on the road upwards.

now gotta keep climbing

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Re: 14 days!!

Posted by notezy - 16 May 2024 16:51

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We are here when you need us.

keep it up.

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