

14 days!!

Posted by funbuchur - 02 Nov 2023 04:39

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Just finished 14 days. Not stopping here but proud of myself. Dunno where to post cuz this forum is to complicating for me but posting here.

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Re: 14 days!!

Posted by funbuchur - 26 Mar 2024 16:29

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Day 53

feels like forever since my last post. Hectic Purim was great tho.

yesterday had probably my biggest slip yet since this series I guess you can call it. Basically I had something opened that I needed for Purim and didn't get it closed quick enough, and spent time last night looking at not the cleanest stuff. Not considering it a total fall because it didn't fall into my red circle. (And probably cuz I'll get too depressed if I have to start from the beginning, dunno if it's how it works but whatever). Anyway I got that hole closed up today.

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Re: 14 days!!

Posted by funbuchur - 27 Mar 2024 17:08

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Day 54

Feeling empowered and ready to keep going. Going back uphill now don't want to let it just go and continue as it is.

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Re: 14 days!!

Posted by notezy - 27 Mar 2024 18:29

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Great to hear

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Re: 14 days!!

Posted by funbuchur - 28 Mar 2024 17:13

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Day 55

I keep on thinking to myself if I didn't have a filter no chance I would be clean, maybe 3 days.  
Am I accomplishing anything.

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Re: 14 days!!

Posted by chooseurname - 28 Mar 2024 17:21

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[funchur wrote on 28 Mar 2024 17:13:](#)

Day 55

I keep on thinking to myself if I didn't have a filter no chance I would be clean, maybe 3 days.  
Am I accomplishing anything.

Of course you're accomplishing something. 55 days of being clean is amazing!

Who says you need to get to a point where you don't need a filter? Setting up a proper filter is a huge accomplishment on its own. This is just the yetzer hara trying to put down your truly astonishing accomplishments.

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Re: 14 days!!

Posted by notezy - 28 Mar 2024 17:47

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YH playbook 101

your doing great man keep going

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Re: 14 days!!

Posted by ??? ????? ???? ??? - 28 Mar 2024 18:46

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[funbuchur wrote on 28 Mar 2024 17:13:](#)

Day 55

I keep on thinking to myself if I didn't have a filter no chance I would be clean, maybe 3 days.  
Am I accomplishing anything.

I get your question, funbucher. I think about it myself. Not necessarily with the filter, but everything. The texts, the posts, and just being on GYE. Will I need all of these tools forever? It is certainly better than the alternative of having falls. Not only that, but--from a religious perspective--aren't we supposed to use whatever tools are at our disposal to be the people who we ought to be?

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Re: 14 days!!

Posted by yitzchokm - 29 Mar 2024 00:03

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There is no reason to put ourselves into a lion's den. Having a filter so we don't have the chance to fall is a major breakthrough. It is also important to ask ourselves what we would do if we were alone in a room with an unfiltered device because it will probably happen at some point. We should be able to build the determination not to use the device at all and to leave the house if necessary. This can be accomplished through regularly reading The Battle of the Generation.

We can work on this by refusing to look at a YouTube video someone tries showing us because we don't watch YouTube. We can refuse to use unfiltered devices when we are in someone else's house because we don't use unfiltered devices. This will train us to stay away from an unfiltered device when we happen to be alone with one.

Your end goal should be to be able to refrain from using unfiltered devices, and to be able to firmly say "I don't do that", however, you shouldn't be overly concerned if you aren't holding

there yet, to the extent that you feel like you haven't accomplished anything, because the truth is that there is a lot that you accomplished and you are a work in progress. The Yetzer Hora knows that he has a harder time getting us to sin if we feel good about ourselves, so he sometimes tries to minimize our success and lower our self-esteem by telling us that there is so much more that we still haven't achieved. The way to fight this is by looking back to the place where we were holding when we first began our journey and celebrating how far we have come, while at the same time being humble and acknowledging our shortcomings and that we have more work left to do.

I suggest that you read Chapters 36-41 of The Battle of the Generation which are on the Daily Dose schedule for this month and address your concern in great detail.

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Re: 14 days!!

Posted by lionking - 29 Mar 2024 13:06

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[yitzchokm wrote on 29 Mar 2024 00:03:](#)

There is no reason to put ourselves into a lion's den.

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If you ever decide to enter a lion's den, please let me know, I will graciously host you!

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Re: 14 days!!

Posted by funbuchur - 31 Mar 2024 16:34

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Day 58

you guys are so right, I always had a filter in the past and always found a way to get it unlocked for a bit or get a app on that had a hole. Now one of my things which I don't do is I don't look for holes and if I get that curiousness maybe this will work I stop it before I try to go there.

57 days without using.

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Re: 14 days!!

Posted by notezy - 31 Mar 2024 17:30

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Good to hear the news keep going!

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Re: 14 days!!

Posted by funbuchur - 02 Apr 2024 17:16

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Day 60

Had big slip yesterday.

But we're here

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Re: 14 days!!

Posted by notezy - 02 Apr 2024 18:06

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Re: 14 days!!

Posted by j1809090 - 02 Apr 2024 21:25

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Keep going, keep your head up

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