

?When Chizuk is Needed.. failed once more.

Posted by Emes-a-Yid - 15 Jan 2023 05:24

HardButPossibleLetsgoNachamul! JourneyCount..Day1

So I, emesayid, failed. Today was a completion of a long streak (3months roughly) sadly, It bothers me to express but am awaking a new journey. I need the oilam's help again, please help with the chizuk, I am still down, but I know posting will help and I will get back a new within some time. I love you hashem and I will shtiegh and pass through this hard nisayon, although it's a very hard time for me now, tomorrow I will hopefully look back and see the heligha kiroyvim here and help, with my tefilos which can bring help from you. I will do this bzas hashem 90days bzchus one to have children, I will be more involved to shtigh! Hashem you are here with me and I can give people chizuk, to give myself is hard but am trying my best. To the chasuvey oilam, I am sorry I thought I was a gibor but realized today I am not, I am down and it hurts I know I am temporarily going through this darkness, but this nisayon will pass through soon!

Hatzlacha to me - emesayid, you will look back and pat yourself at the end of this all bzh! Keep making Tati Proud He is watching down at you!

=====
=====

Re: ?When Chizuk is Needed.. failed once more.

Posted by Emes-a-Yid - 25 Apr 2023 05:09

62 days complete. 28 to go.

Eerie if you read this-reach back please ty

=====
=====

Re: ?When Chizuk is Needed.. failed once more.

Posted by Emes-a-Yid - 27 Apr 2023 14:06

64 down, 24 left, should be b4 shuvos

=====

=====

Re: ?When Chizuk is Needed.. failed once more.

Posted by Emes-a-Yid - 01 May 2023 00:17

67 with 23 days remaining...

It has been awhile since this moment, the biggest strategy was to have a chaver when in need. And figuring my own gedarim I needed which was a youtube challenge and low n behold it has been working BH..

Hatzlacha all

=====

=====

Re: ?When Chizuk is Needed.. failed once more.

Posted by Emes-a-Yid - 04 May 2023 10:25

71' done

19 more

=====

=====

Re: ?When Chizuk is Needed.. failed once more.

Posted by Emes-a-Yid - 08 May 2023 00:44

74, goin s t r o n g

=====

=====

Re: ?When Chizuk is Needed.. failed once more.

Posted by Emes-a-Yid - 11 May 2023 05:15

78 days complete! Bh thanks to the oilam for keeping in tune with me, from ups and down bh now on a steady path, bzh will be strong.

hatzlacha all

=====

=====

Re: ?When Chizuk is Needed.. failed once more.

Posted by Emes-a-Yid - 15 May 2023 10:35

82 days complete, few left to 90

=====

=====

Re: ?When Chizuk is Needed.. failed once more.

Posted by Hashem Help Me - 15 May 2023 10:36

Make sure to plan for day 91 buddy.

=====

=====

Re: ?When Chizuk is Needed.. failed once more.

Posted by Emes-a-Yid - 17 May 2023 18:54

ofc, always looking 1 day at a time beh, and now at 84

It felt as just yesterday I did one day at a time and then 1 week then slowly it is being added up, baruch hasehem, anyone reading this- if you look through my forum you will see that my time I

was seemingly capable was max 2-3 weeks, then 1.5 months, but to have a cognitive decision daily and progression with fully being aware and learning lots of this inyan along the way really helped me push, tog of coarse with cheverim. BH I am not done, the challenge soon I may be, but it will be my life, with the idea od one day at a time. Eventually, you are so strong that- you don't need that focus, just an awareness to avoid anything coming up.. and it should be great bzh.

THanks for reading see you soon!

=====

=====

Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 19 May 2023 22:17

86days complete 4 to get to 90...!

Hatzlacha and want to bentch all to be matzliach, this was impossible in my eyes at first and second and many thoughts later...

but with push I led to complete this with the chashuvey oilam- thanks

=====

=====

Re: ?When Chizuk is Needed.. failed once more.
Posted by eraygrand - 21 May 2023 18:36

What a fantastic way to go into shavous! I'm counting on you to keep the pressure on to remain 5 days behind you.

=====

=====

Re: ?When Chizuk is Needed.. failed once more.
Posted by Emes-a-Yid - 22 May 2023 03:34

I am at 89!!!!!!!!!!!!!!!!!!!!

one more day and goal done beh!!!

Thanks eraygrand!.. I love seeing such comments it's a great way of chizuk to me!

=====

Re: ?When Chizuk is Needed.. failed once more.
Posted by Hashem Help Me - 22 May 2023 11:32

What is your next goal?

=====

Re: ?When Chizuk is Needed.. failed once more.
Posted by chaimoigen - 22 May 2023 22:38

I'm getting a lot of Chizzuk reading through this thread.

True Gevura is in the long hard slog, the uphill climb.

I've climbed and fallen a lot. Was on my own until recently, and wasn't feeling the strength to keep pushing back against the dark wind.

Seeing your climb, your Emuna in the value of each victory, seeing how chizzuk from the chevra has kept it all alive.... It's an infusion of hope!

After 90 there will still be a slog. HHM is there to remind us there's always the next goal. But I know you know you have what you need, with Siyata Dishmaya

I admire you so much. When you hit 90 - please say a Kipiitle tehillim for all of us who are still on our way...

=====