

I Get Back Up Again

Posted by FighterWithFire - 13 Oct 2022 05:17

So...it's been a really, REALLY bad couple of days.

I figured out how to get around the filter, fell repeatedly on pornography and erotic material, watched and even chatted (text only, no video hookup, thank heaven for small favors) on online cams, and came THIS close to creating an account for hookups.

Yeah. Not good, to put it mildly.

In a fit of rage/grief, I deleted the junk email I created, along with all the accounts on the inappropriate sites, and disabled the filter bypass. Hopefully I'll resist the urge to create them again. In the meantime, I have to grit my teeth and stay strong for the next two weeks until I go back to EY for Winter Zman, during which I will hopefully have no access to any shmutz.

I've decided to create a new thread to remind myself of this moment, to remind myself that the excuses I make during moments of weakness/lust are garbage, and that this filth destroys my life both mentally and physically, wreaking havoc on my Ruchniyus and ability to grow as a Yid. BE"H, this should be the start of the time I finally make it to 90 days.

In the words of Mordechai Shapiro: "Every time I fall, I get, I get back up again/Every time I fall, I get back up again."

L'chaim. Hatzlacha to all.

FWF

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Re: I Get Back Up Again

Posted by FighterWithFire - 02 Apr 2023 02:38

Rabboisai, L'CHAIM!!!!!!

Officially at 91 days. Incredible. THANK YOU RIBONO SHEL OLAM!!!

Will reflect on this milestone and how I made it here in a different thread/post soon.

Now, 2 items on the docket:

- 1) Celebrate! (Probably by going for a run in the freezing cold and rain. Yes, I'm serious.)
- 2) Onward! It's not about streaks or milestones, it's about consistency. And BE"H, that will hopefully continue.

Hope everybody else is doing well. Hatzlacha to all.

A Gutte Voch,

FWF

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Re: I Get Back Up Again

Posted by FighterWithFire - 02 Apr 2023 17:18

My recap/post on my journey-"How I Made it to 90 Days"-is up in the "What Works For Me" section of the forum.

Here's the link: guardyoureyes.com/forum/2-What-Works-for-Me/394218-How-I-Made-it-

[to-90-Days](#)

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Re: I Get Back Up Again
Posted by FighterWithFire - 04 Apr 2023 01:32

93 DAYS!

BUT...it's getting a lot harder. Lust is increasing steadily, weather is getting warmer (which, if you get my drift, is not good for Shmiras Einayim), and the free VPN 30-day trial (which got emailed to me as a "reward" from a company-incredibly frustrating) is still lurking in my mind. Need to buckle down and stay focused as Pesach approaches, but B"H, given that I haven't fallen once in 2023, feeling quite confident, despite my uneasiness.

Hope everybody else is doing well. Hatzlacha to all.

Stay strong,

FWF

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Re: I Get Back Up Again
Posted by FighterWithFire - 10 Apr 2023 16:35

A Gutten Moed all. Afraid the news isn't so positive this time.

Over the 3-day YT, the dopamine just kept increasing and increasing, and I fantasized/lusted in a way that I hadn't done in a LONG time. Once Motzaei Shabbos came, I found myself unable to stay off of the computer, and eventually Google searched (bypassing the filter) inappropriate pictures/images-NOT pornography, but still, the images I looked at were definitely ????, and thus I have to consider it a fall, even if it wasn't pornography per se.

Thankfully, it didn't progress beyond that, and I've stayed clean since. B"H, feeling much better now, and ready to keep fighting and climbing.

Hope everybody else is doing well. Hatzlacha to all.

A Gutten Moed,

FWF

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Re: I Get Back Up Again
Posted by FighterWithFire - 19 Apr 2023 23:14

On a new streak, Day 3. B"H, feeling good, comfortable and confident. Ready to get rolling. Bring on the new Zman!

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Re: I Get Back Up Again
Posted by FighterWithFire - 30 Apr 2023 03:55

Up to 13 days, B"H, feeling very good. Zman is off to a very good start, BL"H, ?????? ?????.

Hope everybody else is doing well. Hatzlacha to all.

A Gutte Voch,

FWF

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Re: I Get Back Up Again
Posted by FighterWithFire - 07 May 2023 04:24

20 Days, B"H! The Zman continues to go extremely well, a bit stressful but overall definitely feeling good. Hope it only gets easier.

Hope everybody else is doing well. Hatzlacha to all.

A Gutte Voch,

FWF

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Re: I Get Back Up Again
Posted by FighterWithFire - 14 May 2023 06:52

The sky is falling. Or at least, I am. Already wrote about it here (guardyoureyes.com/forum/1-Break-Free/395636-Filter-DESPERATELY-Needed-for-Chromebook), please read and offer any helpful suggestions.

It's almost 3 AM, and I need to get to sleep. This hasn't happened in a while, and hopefully this is the last time it happens, period.

Hope everybody else is doing well. Hatzlacha to all.

FWF

GYE - Guard Your Eyes

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