

**I Get Back Up Again**

Posted by FighterWithFire - 13 Oct 2022 05:17

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So...it's been a really, REALLY bad couple of days.

I figured out how to get around the filter, fell repeatedly on pornography and erotic material, watched and even chatted (text only, no video hookup, thank heaven for small favors) on online cams, and came THIS close to creating an account for hookups.

Yeah. Not good, to put it mildly.

In a fit of rage/grief, I deleted the junk email I created, along with all the accounts on the inappropriate sites, and disabled the filter bypass. Hopefully I'll resist the urge to create them again. In the meantime, I have to grit my teeth and stay strong for the next two weeks until I go back to EY for Winter Zman, during which I will hopefully have no access to any shmutz.

I've decided to create a new thread to remind myself of this moment, to remind myself that the excuses I make during moments of weakness/lust are garbage, and that this filth destroys my life both mentally and physically, wreaking havoc on my Ruchniyus and ability to grow as a Yid. BE"H, this should be the start of the time I finally make it to 90 days.

In the words of Mordechai Shapiro: "Every time I fall, I get, I get back up again/Every time I fall, I get back up again."

L'chaim. Hatzlacha to all.

FWF

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Re: I Get Back Up Again

Posted by 5Uu80\*cdwB#^ - 12 Feb 2023 01:03

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This thread is very inspiring to me! Keep up the great work!

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Re: I Get Back Up Again

Posted by FighterWithFire - 22 Feb 2023 15:01

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53. DAYS. CLEAN!!!

53!!!

I haven't come this close to 90 since the beginning. I'm not just excited-I'm ELATED. I haven't felt this confident so far into a streak EVER. I can barely wrap my head around the fact that the mark is within reach. (Ironic note: The completion of 90 days BE"H would be on...April Fools' Day. Hardy har har.)

All in all, it's definitely getting harder; I find myself with an urge to lust and fantasize increasingly more often these days, but I'm doing a pretty good job of blocking it out (MUCH better than I've done in the past). Again, I'm just amazed by how far I've come. Thank you Aibeshter for giving me the Koach to fight and persevere through it all. I owe you everything.

Hope everybody else is doing well. Hatzlacha to all.

Looking forward to checking in again soon as 90 days gets ever closer,

FWF

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Re: I Get Back Up Again

Posted by FighterWithFire - 25 Feb 2023 19:14

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56!!! (Cue the DiMaggio jokes.) 8 WHOLE WEEKS!!!

On a roll, feeling great. It should only continue, BE"H.

Hope everybody else is doing well. Hatzlacha to all.

A Gutte Voch,

FWF

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Re: I Get Back Up Again

Posted by FighterWithFire - 04 Mar 2023 18:58

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63 DAYS!! 9 WHOLE WEEKS!!!

Feeling absolutely amazing, B"H. I know I sound like a broken record over my last few posts, but given how I'm feeling, ????? ??, if not even better.

Just blown away by what a difference a couple of months can make. Thank you Ribono Shel Olam for everything I have.

Hope everybody else is doing well. Hatzlacha to all.

A Gutte Voch and A Frelichen Purim,

FWF

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Re: I Get Back Up Again

Posted by Grant400 - 05 Mar 2023 02:22

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[FighterWithFire wrote on 04 Mar 2023 18:58:](#)

63 DAYS!! 9 WHOLE WEEKS!!!

Feeling absolutely amazing, B"H. I know I sound like a broken record over my last few posts, but given how I'm feeling, ????? ??, if not even better.

Well this broken record sure plays some beautiful music!

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Re: I Get Back Up Again

Posted by FighterWithFire - 24 Mar 2023 03:18

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Hey all. Sorry I haven't updated in a while, but I'll make up for it with some great news.

Eighty two.

82 FREAKING DAYS!!!!

Holy smokes, I'm beyond excited. I have never, EVER been so close to 90 since I fell down this god-awful rabbit hole almost 5 years ago. BUT...

...it's getting so much harder. For starters, it's Bein Hazmanim, which means I'm now back home and around unfiltered devices once again. To make matters worse, I received an out-of-the-blue email offer to try a VPN site for 30 days free. Add in the fact that the lust is pumping harder than ever due to the fact that I've been clean for so long, and it's going to be a hell of a task getting to 90.

But, as clichéd as it sounds, I haven't come this far just to fall now. I AM GOING TO GET TO 90, AND BEYOND. I am NOT going to let this filth and scum get the better of the fighter that I've become. I am going to make it to 90 days, and then I'm going to only keep climbing higher, BE"H. (

Hope everybody is doing well. Hatzlacha to all.

Have a wonderful Shabbos,

FWF

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Re: I Get Back Up Again

Posted by FighterWithFire - 26 Mar 2023 03:04

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Hey all.

Up to 84, B'li Ayin Hara. Getting closer with each day.

Without a doubt, this week will be hard, due to the reasons mentioned in my last post. But hey, the higher you climb up the mountain, the thinner the air gets. Just the way it works. It's not going to stop me from reaching the top.

Hope everybody is doing well. Hatzlacha to all.

A Gutte Voch,

FWF

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Re: I Get Back Up Again

Posted by OivedElokim - 26 Mar 2023 03:24

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Keep it up, champ! I love your attitude. You got this!

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Re: I Get Back Up Again

Posted by FighterWithFire - 27 Mar 2023 03:00

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85 days. Unbelievable how amazing this feels. 5 more days until the celebration!

Hope everybody is doing well. Hatzlacha to all.

FWF

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Re: I Get Back Up Again

Posted by Hashem Help Me - 27 Mar 2023 11:17

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[FighterWithFire wrote on 27 Mar 2023 03:00:](#)

85 days. Unbelievable how amazing this feels. 5 more days until the celebration!

And then? Make sure to prepare for day 91 realistically. Definitely celebrate, but don't fall into the trap many have fallen into of expecting days 91 and on to be yetzer hara free...

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Re: I Get Back Up Again

Posted by FighterWithFire - 29 Mar 2023 03:14

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[Hashem Help Me wrote on 27 Mar 2023 11:17:](#)

[FighterWithFire wrote on 27 Mar 2023 03:00:](#)

85 days. Unbelievable how amazing this feels. 5 more days until the celebration!

And then? Make sure to prepare for day 91 realistically. Definitely celebrate, but don't fall into the trap many have fallen into of expecting days 91 and on to be yetzer hara free...

100%. I've heard from and read about countless fellow fighters who have described falling hard after 90, letting their guards down thinking the challenge was over. 90 is just a checkpoint and a celebratory day. But once the party's over, the climb continues upward, and that's the only direction I'll continue in, BE"H.

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Re: I Get Back Up Again

Posted by FighterWithFire - 29 Mar 2023 03:17

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87. 87 DAYS!!!

So close. I can almost taste it.

OK, that's not true. I have no clue how it will taste, I have to get there first. But I imagine it will

It's just amazing how much Hashem has blessed me with. So much pain, filth & evil in the world, and He chose me to serve Him. I'm so, so lucky.



Hope everybody is doing well. Hatzlacha to all.

Talk to you soon (almost party time!),

FWF

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Re: I Get Back Up Again

Posted by DavidT - 29 Mar 2023 17:02

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Please keep on reviewing what you wrote:100%. I've heard from and read about countless fellow fighters who have described falling hard after 90, letting their guards down thinking the challenge was over. 90 is just a checkpoint and a celebratory day. But once the party's over, the climb continues upward, and that's the only direction I'll continue in, BE"H.

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Re: I Get Back Up Again

Posted by FighterWithFire - 30 Mar 2023 03:06

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88 DAYS! (Otherwise known as Andrei Vasilevskiy Day. If you get it, you get it. If you don't, we'll call it Martin Necas Day. What, you don't get that either? Forget it.)

Just amazing, amazing, amazing. Thank you Hashem for everything!

Hope everybody else is doing well. Hatzlacha to all.

FWF

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