

Chapter 2 - ??? ????? ????? ???

Posted by ??? ????? ????? ??? - 23 Aug 2022 12:52

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I started with GYE on January 22, 2020. I have had streaks of 88, 188, and 233. I have had 835 cumulative clean days in the last 944 days. Without the work that I have done, I don't think that I would even have 500 days. With the exception of a few rough patches, most of the "falls" that I have had were without pornography. In other words, in the last 944 days, I am assuming that over 900 of those days were pornography free! My biggest win has been that I have managed to, both emotionally and spiritually, size down my struggle.

Still, the work is far from over and, thanks to *Hashem*, today is a new day!

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Re: Chapter 2 - ??? ????? ????? ???

Posted by ??? ????? ????? ??? - 04 Dec 2022 04:41

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Day #11. Daily post. Proud of myself.

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Re: Chapter 2 - ??? ????? ????? ???

Posted by Human being - 04 Dec 2022 05:17

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Re: Chapter 2 - ??? ????? ????? ???

Posted by ??? ????? ????? ??? - 06 Dec 2022 00:53

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Fell. In short, started working from home today--on my unfiltered work device--in part to deal with a property damage issue. It was stressful. No excuse, but alas... I have already resumed my plan of locking my unfiltered devices in my car overnight. This is a one and done. Not letting this spiral out of control.

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Re: Chapter 2 - ??? ????? ????? ???

Posted by ??? ????? ????? ??? - 26 Jan 2023 05:52

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Recommitting myself to my resolve to stop viewing pornography and masturbating.

I hope to post here daily and text one of my GYE contacts daily. I use unfiltered devices for work and may even have to take my filter off my computer at home for a few months. My goal is to post or text before using an unfiltered device to pledge to stay clean and then post or text afterwards to report success.

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Re: Chapter 2 - ??? ????? ????? ???

Posted by excellence - 26 Jan 2023 22:18

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[??? ????? ????? ??? wrote on 26 Jan 2023 05:52:](#)

Recommitting myself to my resolve to stop viewing pornography and masturbating.

I hope to post here daily and text one of my GYE contacts daily. I use unfiltered devices for work and may even have to take my filter off my computer at home for a few months. My goal is to post or text before using an unfiltered device to pledge to stay clean and then post or text afterwards to report success.

Nice to hear from you, a buddy from the old days. Keep strong!! Iv'e grown from you.

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Re: Chapter 2 - ??? ????? ????? ???

Posted by OivedElokim - 26 Jan 2023 22:27

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Good to "see" you again, good luck and keep inspiring us!

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Re: Chapter 2 - ??? ????? ???? ???

Posted by ??? ????? ???? ??? - 27 Jan 2023 01:05

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Day #1.

Thank you for the replies and "thank yous." Here for my daily post.

I have been struggling over the last few months. "Struggling" isn't the right word. I have been passive. I haven't pushed back. In the last months, I have been using my unfiltered work device to view pornography. Part of me justified my passivity because I am in the process of switching jobs and I won't have these work devices (not a good justification, but that is what happened...). Last night, however, I found that I needed to remove the filter from my personal device for a school reason. At that moment, I realized that the filter cannot make or break my struggle with pornography and masturbation. That gave me the resolve to reignite my motivation to stop looking at pornography and stop masturbating.

I exchanged texts with HHM this morning and came up with a plan. In short, I am going to be in communication with someone to whom I can have accountability before and after my unfiltered computer use. I will also have a reasonable cut off time for when the devices need to be shut down.

Another thing that I am trying to do is to stop using the Internet for an unproductive or no reason.

Again, I appreciate the support and I look forward to posting my day count on Motzei Shabbos.

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Re: Chapter 2 - ??? ????? ???? ???

Posted by taheerlibeinu - 27 Jan 2023 10:43

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Thank you for this honest post. Stay posting, stay on GYE! we are all rooting for you. BH you should have much Hatzlacha and Siyaata Dishmaya.

Wishing you a wonderful shabbos

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Re: Chapter 2 - ??? ????? ????? ???

Posted by ??? ????? ????? ??? - 29 Jan 2023 05:27

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Day #3. Posting to keep myself connected to you all and accountable. All good.

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Re: Chapter 2 - ??? ????? ????? ???

Posted by Eerie - 29 Jan 2023 06:28

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Dear Tzaddik Hakom, you are an inspiration. To see you going through tests, dealing with each one, figuring out how to get moving, strategizing how to get back on track, you are a gevald!

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Re: Chapter 2 - ??? ????? ????? ???

Posted by ??? ????? ????? ??? - 31 Jan 2023 00:10

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Sending love right back to you, #Eerie.

Day #5. All good and posting to stay connected and accountable. Busy now, so cannot share a long post, but I do want to share something and hopefully more soon. Also, for those interested in Torah inspiration, I was inspired by the ???" on ?? ????? at the beginning of this week's ????? and the ????? ??? on ?????? ?? ??????. I will share both of those when I get a chance.

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Re: Chapter 2 - ??? ????? ????? ???

Posted by ??? ????? ????? ??? - 02 Feb 2023 02:00

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Day #7. On my way...

Thank you all for reading my thread. Today, I was working from home which has been an area of struggle over the last few months. I proactively reached out to establish some accountability before any urge or *nisayon*. All good.

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Re: Chapter 2 - ??? ????? ????? ???

Posted by Eerie - 02 Feb 2023 06:07

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[??? ????? ????? ??? wrote on 02 Feb 2023 02:00:](#)

Day #7. On my way...

Thank you all for reading my thread. Today, I was working from home which has been an area of struggle over the last few months. I proactively reached out to establish some accountability before any urge or *nisayon*. All good.

And Hashem proactively called his malachim to see what kind of children he has...Beautiful!

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Re: Chapter 2 - ??? ????? ????? ???

Posted by ??? ????? ????? ??? - 03 Feb 2023 02:44

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Day #8.

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