

90 days 2.0 2nd time will be better

Posted by omoH - 31 Jul 2022 11:54

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hey i did a 90 day challenge and went for 100 something days BH but then i let my guard down and slipped a few times i did not fall back as far as i was but i feel like i got to go back to be proactive about stopping otherwise i will slip back up so here we go 90 days 2.0

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Re: 90 days 2.0 2nd time will be better

Posted by omoH - 02 Aug 2022 13:19

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day 3 and it was easy and fast IYH till 90

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Re: 90 days 2.0 2nd time will be better

Posted by Striving to be good - 02 Aug 2022 14:05

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All I can say I FEEL you.

Good luck my friend

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