

My Journey L'chaim Tovim

Posted by Lchaim Tovim - 22 Jun 2022 20:57

This is my first post but I've been lurking for years. Years which I've shed many tears...tears of sadness...tears of shame...tears of fear...tears of anger. Anger at myself, my rabeim, women in the street and Hashem.

There were times that I felt hopeful and times that I felt hopeless. Surrounded by people yet so alone. Trapped in a prison that I had created with my biggest enemy my mind, as a cell mate.

I didn't understand why I was wired this way. Why I was the only one that a simple chol hamoed trip could be so disastrous. What was the use of everything I'm doing, of my trying to be a good Jew when I am such a bad person. If I'm chayiv misah bidei shomayim and can't do teshuvah, what is the purpose of my life.

I know, when I'm married and have "pas b'saloi" it will finally be easier. But it wasn't and what now. Not only is what I am doing affecting myself, but I have a wife and a couple of kids now as well.

Then I saw the ad "now when I shake the rabbi's hand, I no longer feel ashamed" (or something like that. Could it be? Are there other people out there that are like me??

I joined GYE and saw that not only was I not alone, but that some people had fallen lower than I had and had picked themselves up. All my life it had been drilled into me that the highest aspiration was to be a Talmud Chochom but now I saw tzadikim...real tzadikim, lamed vuvniks even. I learnt so much from so many people on the forums, that I decided to pick myself up and that I too could become a tzadik.

I was going through a terrible time financially and told Hashem, I can't make more of a hishtadlus for parnassah than I already am doing, please let this nisayon be the zechus I need. I was clean for 173 days, when previously, I had never made it past 3 days. I was convinced my life would change, I was starting over, becoming a new person, surely I was going to have Siyata Dishmaya. I started writing a book on shemiras einayim and the struggle but...

Not only did my financial situation not improve it got worse. I was so depressed in a place of complete Yiush that I fell after 173 days.

I was so angry at Hashem, Hashem I attempted the impossible, you know what a broken person I am inside. Why? Why? Why?

After that over the next few years there were more downs than ups. I felt that I had completely reverted back to my old self. Interestingly enough, my financial situation stated getting better. But I always had this tickling feeling in the back of my mind. What if I hadn't fallen after day 173, was that my Yosef Hatzadik moment and I failed???

I decided to try again, it's been about a year now of trying again, never making it past 2-3 days but now I'm at day 12.

Sorry for the long post but I will continue b'ezras Hashem with why I feel like it will be better this time around and why I decided to post.

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Re: My Journey L'chaim Tovim

Posted by connected - 27 Jul 2022 14:52

[Lchaim Tovim wrote on 27 Jul 2022 13:47:](#)

No problems whatsoever with the waitress

Warning: Spoiler!

Hmm... a guy won't work for me. He'd (I'd) probably be even worse.

Does anyone know of a restaurant that uses robots? So far, I'm ok with those.

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Re: My Journey L'chaim Tovim
Posted by Sapy - 27 Jul 2022 14:55

[Lchaim Tovim wrote on 27 Jul 2022 13:47:](#)

Truth of the matter is, it's really the restaurants fault. if their steak had been as good as I had imagined it would be, I wouldn't have noticed anything else. So I think they get the 7/10 and I get a perfect 10!

At least you dont say this on the wife...

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Re: My Journey L'chaim Tovim
Posted by Lchaim Tovim - 27 Jul 2022 15:09

[connected wrote on 27 Jul 2022 14:52:](#)

[Lchaim Tovim wrote on 27 Jul 2022 13:47:](#)

No problems whatsoever with the waitress

Warning: Spoiler!

Hmm... a guy won't work for me. He'd (I'd) probably be even worse.

Does anyone know of a restaurant that uses robots? So far, I'm ok with those.

We each have our struggles but at the core, it's all the same. Keep rockin

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Re: My Journey L'chaim Tovim

Posted by Lchaim Tovim - 27 Jul 2022 15:11

[Kavey wrote on 27 Jul 2022 13:58:](#)

The old blame the restaurant

And here I was thinking how brilliant I am.

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Re: My Journey L'chaim Tovim

Posted by Lchaim Tovim - 27 Jul 2022 15:14

[Sapy wrote on 27 Jul 2022 14:55:](#)

[Lchaim Tovim wrote on 27 Jul 2022 13:47:](#)

Truth of the matter is, it's really the restaurants fault. if their steak had been as good as I had imagined it would be, I wouldn't have noticed anything else. So I think they get the 7/10 and I get a perfect 10!

At least you dont say this on the wife...

That's one thing I've learnt from here...

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Re: My Journey L'chaim Tovim

Posted by Lchaim Tovim - 27 Jul 2022 16:00

[Trouble wrote on 26 Jul 2022 21:25:](#)

[Sapy wrote on 26 Jul 2022 21:10:](#)

No way that was you trouble... I was there, just couldn't talk...

wow! that's great! a royal flush!

seems like there was a consensus that you should order for your wife the vintage cote de boeuf,
and regarding the hachanos and gartel, we also agree

I'm still traumatized from the monkey fist [Monkey's fist - Wikipedia](#) I'm going to behave...

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Re: My Journey L'chaim Tovim

Posted by Gevura Shebyesod - 27 Jul 2022 17:06

[connected wrote on 27 Jul 2022 14:52:](#)

[Lchaim Tovim wrote on 27 Jul 2022 13:47:](#)

No problems whatsoever with the waitress

Warning: Spoiler!

Hmm... a guy won't work for me. He'd (I'd) probably be even worse.

Same here...

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Re: My Journey L'chaim Tovim

Posted by Trouble - 27 Jul 2022 17:26

[Lchaim Tovim wrote on 27 Jul 2022 13:22:](#)

[Sapy wrote on 26 Jul 2022 21:39:](#)

Troub you should do this more often.

I am so bummed out that I missed this! I hope Trouble does another one so I can join.

I'm in. How's about once a week? Trouble, what you say?

i'm game for once a week.

jules on the deck - +674 557 0147

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Re: My Journey L'chaim Tovim

Posted by Trouble - 27 Jul 2022 20:36

[Trouble wrote on 27 Jul 2022 17:26:](#)

[Lchaim Tovim wrote on 27 Jul 2022 13:22:](#)

[Sapy wrote on 26 Jul 2022 21:39:](#)

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bartender told me that three pervs from east coast americas called asking for trouble

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Re: My Journey L'chaim Tovim

Posted by Lchaim Tovim - 27 Jul 2022 20:45

[Trouble wrote on 27 Jul 2022 20:36:](#)

[Trouble wrote on 27 Jul 2022 17:26:](#)

[Lchaim Tovim wrote on 27 Jul 2022 13:22:](#)

[Sapy wrote on 26 Jul 2022 21:39:](#)

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jules on the deck - +674 557 0147

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Re: My Journey L'chaim Tovim

Posted by Lchaim Tovim - 28 Jul 2022 14:54

had a party the other night with a bunch of chevra. All mainstream former yeshiva now working guys.

All had browsers on their phones, various apps that I don't have, didn't seem to be any filters (or at least not much filtering)

Give me any of their phones and I'm finished,

Left the night feeling am I just screwed up? What's wrong with me? how does everyone else function?

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Re: My Journey L'chaim Tovim

Posted by YidFromMonsey - 28 Jul 2022 15:22

[Lchaim Tovim wrote on 28 Jul 2022 14:54:](#)

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All had browsers on their phones, various apps that I don't have, didn't seem to be any filters (or at least not much filtering)

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Totally relate to these feelings, step one tells me that yeah, I am different than most people, thank God that today I've accepted it and I'm okay with it (most of the times).

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Re: My Journey L'chaim Tovim

Posted by connected - 28 Jul 2022 15:32

[Lchaim Tovim wrote on 28 Jul 2022 14:54:](#)

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Give me any of their phones and I'm finished,

Left the night feeling am I just screwed up? What's wrong with me? how does everyone else function?

Here's how they function: The same way I functioned till three months ago.

Although looking back, I wouldn't call that functioning.

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Re: My Journey L'chaim Tovim

Posted by Avrohom - 28 Jul 2022 16:58

[connected wrote on 28 Jul 2022 15:32:](#)

[Lchaim Tovim wrote on 28 Jul 2022 14:54:](#)

had a party the other night with a bunch of chevra. All mainstream former yeshiva now working guys.

All had browsers on their phones, various apps that I don't have, didn't seem to be any filters (or at least not much filtering)

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Here's how they function: The same way I functioned till three months ago.

Although looking back, I wouldn't call that functioning.

Agreed. We can't know for sure - but I imagine, and based on the many snippets of conversation with guys over the years, that a large percentage of frum guys with unfiltered phones struggle - or maybe just view it as part of normal life. Nothing to be jealous of!

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