

My Journey L'chaim Tovim

Posted by Lchaim Tovim - 22 Jun 2022 20:57

This is my first post but I've been lurking for years. Years which I've shed many tears...tears of sadness...tears of shame...tears of fear...tears of anger. Anger at myself, my rabeim, women in the street and Hashem.

There were times that I felt hopeful and times that I felt hopeless. Surrounded by people yet so alone. Trapped in a prison that I had created with my biggest enemy my mind, as a cell mate.

I didn't understand why I was wired this way. Why I was the only one that a simple chol hamoed trip could be so disastrous. What was the use of everything I'm doing, of my trying to be a good Jew when I am such a bad person. If I'm chayiv misah bidei shomayim and can't do teshuvah, what is the purpose of my life.

I know, when I'm married and have "pas b'saloi" it will finally be easier. But it wasn't and what now. Not only is what I am doing affecting myself, but I have a wife and a couple of kids now as well.

Then I saw the ad "now when I shake the rabbi's hand, I no longer feel ashamed" (or something like that. Could it be? Are there other people out there that are like me??

I joined GYE and saw that not only was I not alone, but that some people had fallen lower than I had and had picked themselves up. All my life it had been drilled into me that the highest aspiration was to be a Talmud Chochom but now I saw tzadikim...real tzadikim, lamed vuvniks even. I learnt so much from so many people on the forums, that I decided to pick myself up and that I too could become a tzadik.

I was going through a terrible time financially and told Hashem, I can't make more of a hishtadlus for parnassah than I already am doing, please let this nisayon be the zechus I need. I was clean for 173 days, when previously, I had never made it past 3 days. I was convinced my life would change, I was starting over, becoming a new person, surely I was going to have Siyata Dishmaya. I started writing a book on shemiras einayim and the struggle but...

Not only did my financial situation not improve it got worse. I was so depressed in a place of complete Yiush that I fell after 173 days.

I was so angry at Hashem, Hashem I attempted the impossible, you know what a broken person I am inside. Why? Why? Why?

After that over the next few years there were more downs than ups. I felt that I had completely reverted back to my old self. Interestingly enough, my financial situation stated getting better. But I always had this tickling feeling in the back of my mind. What if I hadn't fallen after day 173, was that my Yosef Hatzadik moment and I failed???

I decided to try again, it's been about a year now of trying again, never making it past 2-3 days but now I'm at day 12.

Sorry for the long post but I will continue b'ezras Hashem with why I feel like it will be better this time around and why I decided to post.

=====
=====

Re: My Journey L'chaim Tovim
Posted by Lchaim Tovim - 26 Jul 2022 20:11

So explain...

=====
=====

Re: My Journey L'chaim Tovim
Posted by Vehkam - 26 Jul 2022 20:20

- 1)say a sincere tefila
- 2)commit to being a really good listener

3)enjoy the night with your wife and try not to think about anything else

=====
=====

Re: My Journey L'chaim Tovim
Posted by Trouble - 26 Jul 2022 20:25

[Lchaim Tovim wrote on 26 Jul 2022 20:11:](#)

So explain...

there will be a conference call at 4:40 est for about 15 minutes addressing this topic:

Dial-in number: (857) 357-0254

Access code: 685860

the issue might not be resolved, but it will be addressed

=====
=====

Re: My Journey L'chaim Tovim
Posted by Kavey - 26 Jul 2022 20:55

[Trouble wrote on 26 Jul 2022 20:25:](#)

[Lchaim Tovim wrote on 26 Jul 2022 20:11:](#)

So explain...

there will be a conference call at 4:40 est for about 15 minutes addressing this topic:

Dial-in number: (857) 357-0254

Access code: 685860

the issue might not be resolved, but it will be addressed

Technology!

=====
=====

Re: My Journey L'chaim Tovim
Posted by Trouble - 26 Jul 2022 21:05

[Kavey wrote on 26 Jul 2022 20:55:](#)

[Trouble wrote on 26 Jul 2022 20:25:](#)

[Lchaim Tovim wrote on 26 Jul 2022 20:11:](#)

So explain...

there will be a conference call at 4:40 est for about 15 minutes addressing this topic:

Dial-in number: (857) 357-0254

Access code: 685860

the issue might not be resolved, but it will be addressed

Technology!

what a call!!

and then to be joined by one of the gye iconic figures and stalwarts!!

double wow!!!

=====
=====

Re: My Journey L'chaim Tovim

Posted by Lchaim Tovim - 26 Jul 2022 21:05

Change of plans...

I am still going out to eat..

only thing to think about is cowboy or the surprise

?Thank you Trouble and Gevura

I got a feeling...tonight's gonna be a good night..L'chaim

=====
=====

Re: My Journey L'chaim Tovim

Posted by Sapy - 26 Jul 2022 21:10

No way that was you trouble... I was there, just couldn't talk...

=====
=====

Re: My Journey L'chaim Tovim

Posted by Trouble - 26 Jul 2022 21:10

[Lchaim Tovim wrote on 26 Jul 2022 21:05:](#)

Change of plans...

I am still going out to eat..

only thing to think about is cowboy or the surprise

?Thank you Trouble and Gevura

I got a feeling...tonight's gonna be a good night..L'chaim

fill up my cup, mazel tov....

i won't write the next line

=====
=====

Re: My Journey L'chaim Tovim
Posted by Trouble - 26 Jul 2022 21:25

[Sapy wrote on 26 Jul 2022 21:10:](#)

No way that was you trouble... I was there, just couldn't talk...

wow! that's great! a royal flush!

seems like there was a consensus that you should order for your wife the vintage cote de boeuf, and regarding the hachanos and gartel, we also agree

=====
=====

Re: My Journey L'chaim Tovim
Posted by Sapy - 26 Jul 2022 21:39

Troub you should do this more often.

=====
=====

Re: My Journey L'chaim Tovim
Posted by wilnevergiveup - 26 Jul 2022 22:17

[Sapy wrote on 26 Jul 2022 21:39:](#)

Troub you should do this more often.

I am so bummed out that I missed this! I hope Trouble does another one so I can join.

=====
=====

Re: My Journey L'chaim Tovim
Posted by Lchaim Tovim - 27 Jul 2022 13:22

[Sapy wrote on 26 Jul 2022 21:39:](#)

Troub you should do this more often.

I am so bummed out that I missed this! I hope Trouble does another one so I can join.

I'm in. How's about once a week? Trouble, what you say?

=====
=====

Re: My Journey L'chaim Tovim
Posted by Trouble - 27 Jul 2022 13:30

[Lchaim Tovim wrote on 27 Jul 2022 13:22:](#)

[Sapy wrote on 26 Jul 2022 21:39:](#)

Troub you should do this more often.

I am so bummed out that I missed this! I hope Trouble does another one so I can join.

I'm in. How's about once a week? Trouble, what you say?

first we need to hear about the succulent vintage cote de boeuf, then we need to hear about the waitress, was there anything left in the bottle of chateau mouton rothschild pauillac cru classe, then about the other diners, and then

=====
=====

Re: My Journey L'chaim Tovim
Posted by Lchaim Tovim - 27 Jul 2022 13:47

Ha, I'm just not as cultured as you are.

Started with the spring rolls, tongue and ribs followed by the cowboy. In hindsight, I shouldn't have gotten it, it wasn't any better than what I make on the grill.

No problems whatsoever with the waitress

Warning: Spoiler!

Regarding the other diners I'll give myself a 7/10. the woman seated to my left was ~~trouble~~ a problem for me but I think I did pretty well. Tried my best to focus on my wife, the conversation and the food, and didn't think about it afterwards.

Truth of the matter is, it's really the restaurants fault. if their steak had been as good as I had imagined it would be, I wouldn't have noticed anything else. So I think they get the 7/10 and I get a perfect 10!

=====
=====