

My Journey L'chaim Tovim

Posted by Lchaim Tovim - 22 Jun 2022 20:57

This is my first post but I've been lurking for years. Years which I've shed many tears...tears of sadness...tears of shame...tears of fear...tears of anger. Anger at myself, my rabeim, women in the street and Hashem.

There were times that I felt hopeful and times that I felt hopeless. Surrounded by people yet so alone. Trapped in a prison that I had created with my biggest enemy my mind, as a cell mate.

I didn't understand why I was wired this way. Why I was the only one that a simple chol hamoed trip could be so disastrous. What was the use of everything I'm doing, of my trying to be a good Jew when I am such a bad person. If I'm chayiv misah bidei shomayim and can't do teshuvah, what is the purpose of my life.

I know, when I'm married and have "pas b'saloi" it will finally be easier. But it wasn't and what now. Not only is what I am doing affecting myself, but I have a wife and a couple of kids now as well.

Then I saw the ad "now when I shake the rabbi's hand, I no longer feel ashamed" (or something like that. Could it be? Are there other people out there that are like me??

I joined GYE and saw that not only was I not alone, but that some people had fallen lower than I had and had picked themselves up. All my life it had been drilled into me that the highest aspiration was to be a Talmud Chochom but now I saw tzadikim...real tzadikim, lamed vuvniks even. I learnt so much from so many people on the forums, that I decided to pick myself up and that I too could become a tzadik.

I was going through a terrible time financially and told Hashem, I can't make more of a hishtadlus for parnassah than I already am doing, please let this nisayon be the zechus I need. I was clean for 173 days, when previously, I had never made it past 3 days. I was convinced my life would change, I was starting over, becoming a new person, surely I was going to have Siyata Dishmaya. I started writing a book on shemiras einayim and the struggle but...

Not only did my financial situation not improve it got worse. I was so depressed in a place of complete Yiush that I fell after 173 days.

I was so angry at Hashem, Hashem I attempted the impossible, you know what a broken person I am inside. Why? Why? Why?

After that over the next few years there were more downs than ups. I felt that I had completely reverted back to my old self. Interestingly enough, my financial situation stated getting better. But I always had this tickling feeling in the back of my mind. What if I hadn't fallen after day 173, was that my Yosef Hatzadik moment and I failed???

I decided to try again, it's been about a year now of trying again, never making it past 2-3 days but now I'm at day 12.

Sorry for the long post but I will continue b'ezras Hashem with why I feel like it will be better this time around and why I decided to post.

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Re: My Journey L'chaim Tovim

Posted by Trouble - 21 Jul 2022 19:35

[Lchaim Tovim wrote on 21 Jul 2022 19:19:](#)

Today I went to meet my wife at the dr.'s office. The seat she chose left me sitting right next to the table with the magazines and across from a very immodestly dressed? woman.

I quickly took off my glasses and turned over the top magazines. I knew I had to quickly find something else to focus on so I spent the rest of the time thinking about what Trouble had posted on the "The Summer Months" thread. Little did I know that when I got back to my computer they would be in middle of World War III

thinking about trouble or his posts is not healthy - even with glasses off, actually especially with glasses off.

wwlll is in donechchyna, not here.

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Re: My Journey L'chaim Tovim

Posted by Lchaim Tovim - 21 Jul 2022 19:43

[Trouble wrote on 21 Jul 2022 19:35:](#)

[Lchaim Tovim wrote on 21 Jul 2022 19:19:](#)

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thinking about trouble or his posts is not healthy - even with glasses off, actually especially with glasses off.

We'll have to agree to disagree

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Re: My Journey L'chaim Tovim

Posted by Lchaim Tovim - 25 Jul 2022 17:41

Today I peeked over the wall (No, not what you think)...

I peeked over the wall of honor, I'm halfway there...I was curious, what awaits on the other side?

What I saw was very sobering, 'twas very sobering indeed.

The majority of those who posted (whose streaks are displayed) had a fall after they hit 90 days.

This is for life...This is for life

Am I really prepared for this? I don't know but I know I can't think about this...somehow...

-Chaim

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Re: My Journey L'chaim Tovim

Posted by Lchaim Tovim - 26 Jul 2022 17:22

Rising up, back on the street

Did my time, took my chances

Went the distance (173 days), now I'm back on my feet (right where I started from)

Just a man and his will to survive

So many times it happens too fast (in the heat of the moment)

You trade your passion for glory (giving up the glory you could've attained)

Don't lose your grip on the dreams of the past (when you tried the first time to stop, so idealistic)

You must fight just to keep them alive (no matter what happens, keep the hope alive)

I can't wait to sing...

Rising up, straight to the top

Had the guts, got the glory

Went the distance, now I'm not gonna stop

Just a man and his will to survive

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Re: My Journey L'chaim Tovim

Posted by Trouble - 26 Jul 2022 18:36

[Lchaim Tovim wrote on 26 Jul 2022 17:22:](#)

Rising up, back on the street

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Had the guts, got the glory

Went the distance, now I'm not gonna stop

Just a man and his will to survive

i now have a desire to stalk my prey at night

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Re: My Journey L'chaim Tovim

Posted by Lchaim Tovim - 26 Jul 2022 19:15

As long as you're guarding those tiger eyes.

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Re: My Journey L'chaim Tovim

Posted by Trouble - 26 Jul 2022 19:36

[Lchaim Tovim wrote on 26 Jul 2022 19:15:](#)

As long as you're guarding those tiger eyes.

just wanted to point out this post and thread (and another one coming in a

second): guardyoureyes.com/forum/4-On-the-Way-to-90-Days/334915-This-is-going-to-be-the-time-I-get-to-90!?limit=15&start=165#345852

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Re: My Journey L'chaim Tovim
Posted by Trouble - 26 Jul 2022 19:40

last one didn't work; i'll try again:

"Trouble" post=345852 date=1575863589 catid=4

"Realestatemogul" post=345851 date=1575863304 catid=4

"It's the eye of the tiger..."

Don't lose your grip on the dreams of the past

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Re: My Journey L'chaim Tovim
Posted by Lchaim Tovim - 26 Jul 2022 19:46

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Re: My Journey L'chaim Tovim
Posted by Trouble - 26 Jul 2022 19:47

i don't know how to do the link to the post thingy, so here's another (and a gem):

cry2atty once posted the followin' song from yesteryear.....why is it that we like to do what we do.....

TTTO: Eye of the tiger or Just one Shabbos.....

I love my computer

you make me feel alright

every waking hour

and every lonely night

I love my computer

for all you give to me

predictable errors and no identity

and its never been quite so easy

Ive never been quite so happy

all I need to do is click on you

and well be joined

in the most soul-less way

and well never

ever ruin each others day

cuz when Im through I just click

and you just go away

I love my computer

youre always in the mood

I get turned on

when I turn on you

I love my computer

you never ask for more
you can be a princess
or you can be my whore
and its never been quite so easy
Ive never been quite so happy
the world outside is so big
but its safe in my domain
because to you
Im just a number
and a clever screen name
all I need to do is click on you
and well be together for eternity
and no one is ever gonna take my love
from me because Ive got security,
her password and a key

guardyoureyes.com/forum/1-Break-Free/210029-Tryin?limit=1&start=508

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Re: My Journey L'chaim Tovim
Posted by Lchaim Tovim - 26 Jul 2022 19:50

Good stuff! These are from years ago...How do you remember these?

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Re: My Journey L'chaim Tovim

Posted by Lchaim Tovim - 26 Jul 2022 20:01

My wife and I are going to a nice resteraunt tonight. We haven't done this in a really long time and I'm trying to work on the whole date night/having fun together thing.

I know that it's going to be challenging so here is what I will try to do.

1-I will try to sit facing a wall and if not possible, away from the crowd and door.

2-I will do my best not to look at the waitress

3-I will try to focus on my wife and the food and avoid looking around

4-I will ask G-d for help

If anyone has any other ideas, please share.

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Re: My Journey L'chaim Tovim

Posted by Trouble - 26 Jul 2022 20:03

[Lchaim Tovim wrote on 26 Jul 2022 20:01:](#)

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If anyone has any other ideas, please share.

do #4 right now and forget about the other 3; have a good time and enjoy.

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Re: My Journey L'chaim Tovim

Posted by Lchaim Tovim - 26 Jul 2022 20:08

[Trouble wrote on 26 Jul 2022 20:03:](#)

[Lchaim Tovim wrote on 26 Jul 2022 20:01:](#)

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If anyone has any other ideas, please share.

do #4 right now and forget about the other 3; have a good time and enjoy.

LOL, believe me I need more than that...

Do you mean because at some point you gotta just live life? I don't know if I a m ready for that yet.

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