

My Accountability Log

Posted by KedushasLevi - 19 Jan 2022 20:43

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Hi All, I'm here to put some accountability into place for myself to get back to the better place I was once in. I recently had a few weeks of setbacks due to my phone becoming unfiltered and my lack of a sense of urgency to lock it back up again. Of course this didn't work out well for me and this is my attempt at reaching out, acknowledging the pain I'm in and recognizing that I need some help getting back on my feet. So here we go, I will bl'n try to log each day so that I will feel accountable. It's important for me to remind myself that now that my phone is locked again I can start the journey. Till now it was b'bchinas toivel v'sheretz b'yado.

So far so good for day 1.

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Re: My Accountability Log

Posted by KedushasLevi - 08 Feb 2022 03:37

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Day 20

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Re: My Accountability Log

Posted by KedushasLevi - 10 Feb 2022 05:15

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Day 22

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Re: My Accountability Log

Posted by Shtarkandemotional - 06 Mar 2022 22:39

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Hey how've you been?

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