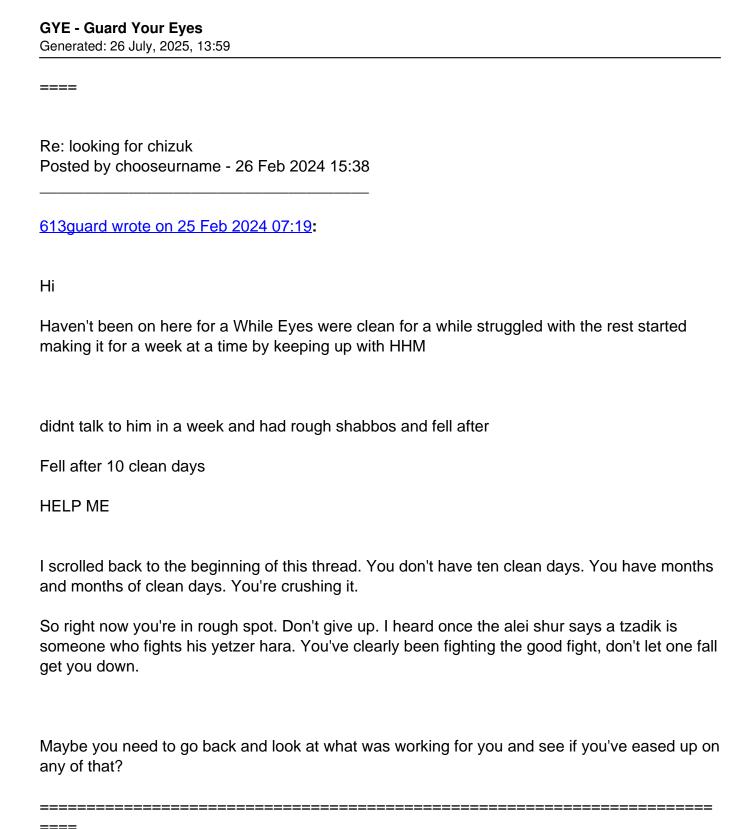
GYE - Guard Your Eyes Generated: 26 July, 2025, 13:59
looking for chizuk Posted by 613guard - 24 Dec 2021 07:47
home access is my problem On weekends when i am not in yeshiva
any ideas any1?
=======================================
Re: looking for chizuk Posted by 613guard - 25 Feb 2024 07:19
Hi
Haven't been on here for a While Eyes were clean for a while struggled with the rest started making it for a week at a time by keeping up with HHM
didnt talk to him in a week and had rough shabbos and fell after
Fell after 10 clean days
HELP ME
====
Re: looking for chizuk Posted by yitzchokm - 25 Feb 2024 16:08
I saw that you posted in the past that you started the F2F program. Did you go through the whole program? Do you regularly read The Battle of the Generation? Do you know the situations, thoughts and emotions that precede falls? Do you have a written list of appropriate responses from the toolbox for each cue?

Keep on posting and sharing and make friends. You may want to post more about your struggles or successes.



Re: looking for chizuk

Day 1 of a million

Hi

Posted by 613guard - 27 May 2024 04:33

2/4

Got in touch for real with hhm

Posted by 613guard - 23 Jun 2024 03:41

Re: looking for chizuk

GYE - Guard Your Eyes Generated: 26 July, 2025, 13:59 He's a real person can't believe I did that I almost didn't get the guts to do it upto 9 straight clean days Miracles do happen ===== Re: looking for chizuk Posted by stopsurvivingstartliving - 01 Feb 2025 23:03

Hey brother can we get an update?