

Getting Up ... Again

Posted by DovidS - 27 Oct 2021 21:30

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Trying to manage this again. Sadly, pornography is pretty low down on the list of my addictive behaviors; but while I am managing worse forms of acting out, this continues to elude me.

Trying something new with this, and hoping being with a chevra on a similar journey will help.

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Re: Getting Up ... Again

Posted by barber - 27 Oct 2021 22:52

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sorry to hear gotta be very painful, been their all my life, the pain and suffering is unbearable

i hope that you today is the starting of your new life to a wonderful on imaginable life,  
Hashem should be with you on your journey

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Re: Getting Up ... Again

Posted by anonymous.lost.everything - 28 Oct 2021 00:03

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[DovidS wrote on 27 Oct 2021 21:30:](#)

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I sent you a pm with my phone number.

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Re: Getting Up ... Again

Posted by Avrohom - 28 Oct 2021 02:42

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Welcome! This is a great place to get Chizuk - there is a very wide range of what the Chevra here have struggled with in the past or are currently struggling with. I have certainly felt only respect, admiration and empathy - I hope you'll feel the same. The fact that you are "Getting up...Again" alone speaks volumes about your commitment to fight and succeed in your struggles. Hatzlocha!

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Re: Getting Up ... Again  
Posted by Captain - 28 Oct 2021 14:07

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Welcome! Please check out the great free resources below in my signature

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