Had a really hard night last night Posted by Shower640am - 21 Apr 2021 23:28

I had a really hard night last. I texted 'Hashem Help Me' at 12:30 AM around, but he was already sleeping. I was in the middle of masturbating at 5:30 in the morning when miraculously he texted me back, "Survived the night, buddy?" I was literally a couple of minutes away from I'm committed. I don't know if I'm

going to make it to 90 days or even 30 days or even to the end of this week. But, I'm committed now. I always text him or call and I will continue to do so. I just wanted to get on here and thank him for saving me last night and all the other times that he saved me and for all the times in the future when he will save me.

By the way, I'm on my ninth clean day.

falling, Lanswered him because A) Lowe him for caring and Re. Had a really hard hight last night Posted by EvedHashem1836 - 21 Apr 2021 23:35

Well done! HHM gets a ton of credit but not nearly enough btw

Re: Had a really hard night last night

Posted by HappyYid - 22 Apr 2021 03:40

Keep it up!

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It's great that you have the strength to text someone during a hard time!

Like you wrote you don't know how long you'll make it, but the main thing is, one day at a time. Very good attitude.

Wishing you much hatzlacha!

HappyYid

Re: Had a really hard night last night Posted by Aaron613 - 23 Apr 2021 11:12

You're a real fighter there's no question about that. The way you're speaking shows you don't want this in your life.

what has worked for me is really writing down the reasons and scenarios that cause me to fall and try to eliminate them. Wars require detailed strategy.

Re: Had a really hard night last night Posted by Choosechayim - 29 Apr 2021 12:47

I want to point out that you made it **5 hours!** They must have been hell! But you did it! Hashem is smiling at you right now.

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