

**NEW THREAD**

Posted by thetimeisnow! - 30 Mar 2021 01:55

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This time I'm going to do it. I fell over the Yom Tov since I had no one to talk to and motivate me so that was hard.

But I am very motivated now!

Had to go back to base camp (17,900 ft) because of altitude sickness but I have loaded up with more oxygen and am ready to fight to the top once more![https://lh3.googleusercontent.com/proxy/Ea2wAHF6zB3d4cAoqCM5eMMwvHR3j9x4QaOc8FD4vJnK0rEO4r\\_i4\\_JMLIqHP1zhB7f488f1j-LChEO6Nzs60I5Foelz4-jJ9R2oU9PGM3LIJf76lltlwAQ7svWEDO8aAaxE-0Wdig](https://lh3.googleusercontent.com/proxy/Ea2wAHF6zB3d4cAoqCM5eMMwvHR3j9x4QaOc8FD4vJnK0rEO4r_i4_JMLIqHP1zhB7f488f1j-LChEO6Nzs60I5Foelz4-jJ9R2oU9PGM3LIJf76lltlwAQ7svWEDO8aAaxE-0Wdig)

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**Re: NEW THREAD**

Posted by thetimeisnow! - 02 May 2021 22:51

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Differently hopefully, I just don't know what else to try. I am open to all suggestions. I seem to hit the same wall around 10 days.

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**Re: NEW THREAD**

Posted by Hashem Help Me - 02 May 2021 23:17

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Have you tried speaking with anyone?

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**Re: NEW THREAD**

Posted by thetimeisnow! - 02 May 2021 23:42

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Yes, I speak to a few people sometimes. I was actually planning on speaking to someone

tonight. Its on my contract that I have to speak with someone who is a member of GYE for 10 minutes within 24 of having a fall.

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Re: NEW THREAD

Posted by thetimeisnow! - 04 May 2021 01:17

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1 day BH

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Re: NEW THREAD

Posted by HappyYid - 11 May 2021 15:58

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How have you been recently?

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Re: NEW THREAD

Posted by thetimeisnow! - 11 May 2021 15:59

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BH I am on day 9!

Things have been going well, although I haven't gotten on here as much as usual so I am sorry  
How about you?

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Re: NEW THREAD

Posted by HappyYid - 11 May 2021 16:27

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Good to hear!

I'm doing very good bh too

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Re: NEW THREAD

Posted by thetimeisnow! - 13 May 2021 03:39

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Day 11 BH!

Things are going well!

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Re: NEW THREAD

Posted by thetimeisnow! - 16 May 2021 21:33

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Two weeks Be'Ezrat Hashem

Looking to keep up my momentum.

Keep fighting everyone, the feeling of freedom is worth it

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Re: NEW THREAD

Posted by thetimeisnow! - 23 May 2021 20:09

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3 weeks BH!

This time I can feel a difference, I have definitely jumped the initial hurdles, I just need to keep up the momentum!

thetimeisnow!

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Re: NEW THREAD

Posted by Snowflake - 24 May 2021 12:41

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I love your username. Keep fighting and inspiring us!!

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Re: NEW THREAD

Posted by DavidT - 24 May 2021 15:32

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[thetimeisnow! wrote on 23 May 2021 20:09:](#)

3 weeks BH!

This time I can feel a difference, I have definitely jumped the initial hurdles, I just need to keep up the momentum!

thetimeisnow!

Please remember that that its very normal after 20 - 30 clean days to feel weak. Most people go thru this stage. The ones that realize what's behind this, stay strong an the others fall back and then start the same cycle again. The reason is that the initial emotional excitement wares off ... now its an intellectual struggle.

The good thing is that when you get over this bump, and you stay strong not because of feelings but because you know what's important and you want in life, things really start falling into place - big time!

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Re: NEW THREAD

Posted by thetimeisnow! - 27 May 2021 03:05

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Re: NEW THREAD

Posted by thetimeisnow! - 30 May 2021 18:49

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Four weeks BH!

You are right. I definitely have to pay attention to my motivation! Thank you for the inspiration  
In the next few days I will try and make a longer post detailing what has gone on in my life and  
what has worked for me over the past month, I realize haven't been posting that much lately and  
I apologize for that

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