

OivedElokim-I'll never give up

Posted by OivedElokim - 21 Feb 2021 21:37

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**Day one.**

This is my brand new thread for my brand new journey towards purity.

I will keep with me the lessons learned so far and keep my eye on the ball.

Today is the first day of the rest of my life.

A porn and masturbation free life.

A life of positivity and happiness.

A life of Torah and Avodah.

The life G-d intends for me to live.

Wish me luck.

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Re: OivedElokim-I'll never give up

Posted by oivedelokim - 04 Jun 2024 06:21

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Thank you all for your responses and "Thank You"s, I appreciate the warm welcome you've all extended to me!

To be honest I feel like I'm on a whole new GYE, a lot of the old-timers seem to have drifted away (shoutout to IMG, Grant, ITK etc.-if you see this, please know that I sorely miss your

Also, since I'm already doing shoutouts: Thank you so much to my dear friends who stuck with me through thick and thin, and have continued to support me throughout my tumultuous journey of the last year or two- hashemyeracheim613 (a trusted and close friend, always responding to my unhinged texts at all hours of the day and night and who once traveled to meet up with me on whim when I was in a very bad place), HHM (always available to talk or meet whenever I get a rare hirhur teshuva), Zedj and YeshivaGuy (fellow Knights, Sushi, coffee shops and overall chill vibes) Vehkam (a true role model), HakolHevel (master of tough love). And many others, ??? ?? ????? ?? ??? ????? ??????.

[If you feel slighted that you were not included, please send me a PM and yell at me ;)]

I don't even remember what this post was gonna be about, but I guess I'll just leave it as an appreciation post for the absolute legends of GYE.

Looking forward to getting to know the rest of you. May we all merit to assist each other in vanquishing the darkness of lust within our own souls, and may we continue to grow by leaps and bounds.

Sending love to all of you,

OivedElokim

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Re: OivedElokim-I'll never give up  
Posted by oivedelokim - 04 Jun 2024 06:26

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Also, is the live chat feature working these days? It doesn't seem to work on my computer...

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Re: OivedElokim-I'll never give up  
Posted by foolie - 04 Jun 2024 07:16

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Yes the live chat feature is active these days maybe you have the hide chat option on just a thought

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Re: OivedElokim-I'll never give up  
Posted by oivedelokim - 17 Jun 2024 05:38

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**Day #1**

Hey there friends.

I just got all the questionable apps on my phone, thus ensuring the safety of all of my primary devices. I still have an unfiltered iPad that I never use, I think I will ask a friend to put a password on it for now, hopefully will take care of it tomorrow. Until I get that taken care of, I will not touch that device unless another person is in the room. If I violate it I will give \$36 to the (IYKYK).

I'm looking forward to detoxing from porn and growing in my sensitivity towards kedusha. I hope it will be a zechus for me in all other areas of my life.

I made up with HHM to send him a three week contract tomorrow, I might post it here.

All the best,

OivedElokim

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# GYE - Guard Your Eyes

Generated: 11 April, 2025, 16:42

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Re: OivedElokim-I'll never give up  
Posted by oivedelokim - 18 Jun 2024 02:04

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Day #2:

Progress report for today:

- Had my friend lock up my iPad.
- Wrote up a contract requiring me to stay clean for three weeks. Sent it to HHM (don't feel comfortable posting it here for some reason).
- Had a very good, busy-albeit stressful day, BH.

My life seems to be headed in the right direction, and I am very grateful to Hashem for that.

I'll try to stay active here, bl'n. But if you know me/have my contact info-**please** reach out to chat (and hold me accountable...)

All the best,

OivedElokim

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Re: OivedElokim-I'll never give up  
Posted by oivedelokim - 19 Jun 2024 01:40

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Day #3:

Things are going pretty smoothly, BH. Life is hectic and stressful but also very rich and vibrant. I'm not experiencing many urges and honestly I'm not sure I'm prepared for a particularly strong one. I should probably take some proactive steps to shore myself up, maybe reading The Battle

of the Generation every day or something (I actually don't really like that book, if someone has alternative suggestions I'd appreciate it!).

Awhile ago I made a habit of posting 5 good things I did every day as a way of lifting my morale. I don't particularly need it at the moment but I figured it might be something worth doing again, so here goes:

1. Shachris with a minyan.
2. Babysat my niece for an extended period of time even though I was busy.
3. Set up a new chavrusa.
4. Caught up on my shiur Rambam.
5. Mincha with a Minyan.

Soon I will reread my contract and text HHM.

Good night y'all,

OivedElokim

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Re: OivedElokim-I'll never give up  
Posted by oivedelokim - 20 Jun 2024 04:51

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**Day #4**

TYH!

Don't have time to say much else. Life is hectic and awesome.

All the best,

OivedElokim

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Re: OivedElokim-I'll never give up  
Posted by bear444 - 20 Jun 2024 05:59

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good luck. i also started new streak. i read tha Rabbi Akiva started to vomit when king offered him his prostitutes. im sure that when he saw them they were probably still looking more modest than the streets today. he smelled the rotten stink of dead corpses from them. i was thinking how can we watch this crap

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Re: OivedElokim-I'll never give up  
Posted by oivedelokim - 21 Jun 2024 04:29

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**Day #5**

Going good, staying busy.

All the best,

OivedElokim

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Re: OivedElokim-I'll never give up  
Posted by bear444 - 21 Jun 2024 06:27

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do everything to stay upbeat and positive everyone. gut Shabbos

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Re: OivedElokim-I'll never give up  
Posted by oivedelokim - 24 Jun 2024 03:49

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**Day #8**

pure, BH

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Re: OivedElokim-I'll never give up  
Posted by ??? ????? ????? ??? - 24 Jun 2024 14:33

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Great going, oivedelokim. Keep it up!

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Re: OivedElokim-I'll never give up  
Posted by oivedelokim - 09 Jul 2024 16:52

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**Day #23**

Hey everyone, it's been awhile. Life has just been so busy and hectic in the best possible way, and when I come here I typically only have time to update my tracker and maybe browse through some new posts or respond to PMs. BH this week will be slightly slower, so I hope to post a bit more often.

Being that today is the 30th Yartzeit of the Lubavitcher Rebbe zy"a, I would like to share something I read today:

The Rebbe's mother, Rebbitzin Chana Schneerson a"h, lived in Crown Heights from the late 1940s until her passing in 1964. A young Lubavitcher boy used to deliver her groceries. Rebbitzin Chana would treat this boy with great warmth, often inviting him for cookies, milk, and a conversation.

One day, after bringing in the groceries, the boy asked the Rebbitzin "What is your son's favorite Tefillah?". The Rebbitzin said that she did not know, but that she would make sure to ask him next time he came by (the Rebbe would make a point of visiting his mother every single day...)

Next time he came, Rebbtzin Chana has her answer: "My son's favorite Tefillah is Modeh Ani". This seemingly simple and basic expression of gratitude was the Rebbe's choice...

Indeed, the Rebbe would frequently talk about the uniqueness and deeper meaning of this Tefillah. On one special occasion (19 Kislev 5726/1965) the Rebbe expounded at length on many interpretations of this Tefillah, in Peshat, Remez, Drush and Sod and showed how the teachings of Chassidus illuminate each one of these perushim (This talk is printed in English under the title "On The Essence Of Chassidus").

I will not delve too deeply into this very deep, esoteric and complex talk, but I will just highlight one point the Rebbe made:

The Rebbe asks-Why is it that, unlike any other Tefillah, Modeh Ani can be said without first washing ones hands? The simple Halachic reason is that this is because it doesn't contain any of Hashem's holy names. The Rebbe, however argues that on the contrary-this Tefillah reaches a place that's higher then any name of Hashem, reaching the essence of Hashem himself! If so, how can we say this while we are still tamei?

The Rebbe answers (direct quote from the English translation): "Because all the impurities of the world cannot contaminate the Modeh Ani of a Jew. It's possible that a person may be lacking in one respect or another-but his or her Modeh Ani remains perfect".

Wow. I teared up reading these words, and then again as I type them.

This is an additional pirush in the words ??? ??????, which can be read not as a reference to our faith in Hashem, but Hashem's faith in us. The ones consumed with shame over the dissonance between our ideals and our ugly porn (or other negative) habit. The Rebbe teaches



us that we are pure and holy at our core, and nothing we do can take that away from us.

I personally am resolving to take my own morning routine, starting with Modeh Ani, more seriously, and try to tap in to the boundless sense of gratitude we owe Hashem for giving us the zechus of being his precious children, cause ??? ?? ????? ?? ??? ?????? ?????.

Thank you for reading-If you have any thoughts or reactions I'd love to hear.

Wishing you all a wonderful, clean, successful and meaningful day,

OivedElokim

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Re: OivedElokim-I'll never give up  
Posted by chosemyshem - 09 Jul 2024 17:11

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That is a beautiful vort. Thank you for sharing.

(Agav, I tried reading the sicha  
([www.chabad.org/therebbe/article\\_cdo/aid/4632005/jewish/On-The-Essence-of-Chasidus.htm](http://www.chabad.org/therebbe/article_cdo/aid/4632005/jewish/On-The-Essence-of-Chasidus.htm))  
and got hung up at like the first paragraph. No idea what this means:

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I've never heard anyone say that chassidich torah is a qualitatively different type of torah before.  
Is that a common belief?

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