

OivedElokim-I'll never give up

Posted by OivedElokim - 21 Feb 2021 21:37

Day one.

This is my brand new thread for my brand new journey towards purity.

I will keep with me the lessons learned so far and keep my eye on the ball.

Today is the first day of the rest of my life.

A porn and masturbation free life.

A life of positivity and happiness.

A life of Torah and Avodah.

The life G-d intends for me to live.

Wish me luck.

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Re: OivedElokim-I'll never give up

Posted by Markz - 11 Sep 2022 01:13

The chat is like the queen.

What are you missing out on from not being there?

Are you referring to private chat

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 11 Sep 2022 01:58

Yes, don't care much for the public chat...

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 12 Sep 2022 03:43

Didn't have the best day, feeling weak right now. Texted two guys, hopefully I'll stay clean.

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 14 Sep 2022 02:58

Fell shortly after I posted that. Didn't impact my motivation or self-image much. Not sure if that's a good thing.

Anyways I fell into a bit of a slump lately, waking up late etc. Trying to get back into a good routine...

5 Mitzvos for today:

1. Learned Chassidus with a chavrusa
2. Mincha b'tzibur

3. Learned Shulchan Aruch with a chavrusa
4. Learned 5 prokim of Mishnayos myself
5. Maariv b'tzibur

Been keeping in touch with guys from the site, find it to be very helpful.

Gonna try 'n get an early night and be up early tomorrow.

Hope to report that I'm happy, successful and clean tomorrow.

Thanks for reading

OivedElokim

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 15 Sep 2022 04:01

Unfortunately I fell again tonight. It was my third fall since my new contract. My falls also coincided with a slump in my happiness/mood. Don't think that's random, and it drives home how important being happy is to this struggle.

Made a bit of a cheshbon to figure out what went wrong. Made a new contract offline with a GYE friend who generously offered an incentive to help me get the ball rolling. I may post the contract I made with him later. ????? ??????? ?????? ?? ??????.

5 Mitzvos for today:

1. Chassidus with a chavrusa
2. Starting a new chavrusa in ??? , which was particularly invigorating
3. Learned Shulchan Aruch
4. Learned 5 prokim of Mishnayos
5. Mincha/Maariv b'tzibur

Looking forward to a better day tomorrow and good things to come.

OivedElokim

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 16 Sep 2022 04:47

Clean day today, BH.

5 Mitzvos for today:

1. Chavrusa in Gemara
2. Mincha b'tzibur
3. Chavrusa in Shulchan Aruch
4. Learned 3 perokim of Mishnayos
5. Maariv b'tzibur
6. Called my father

Hope to have good news to report tomorrow

OivedElokim

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Re: OivedElokim-I'll never give up
Posted by ??? ????? ???? ??? - 19 Sep 2022 00:38

[OivedElokim wrote on 16 Sep 2022 04:47:](#)

6. Called my father

That last mitzvah really touched me and brought a tear to my eye. I wish I knew who you were, so that I could hug you and tell you that you have a ????? ?????, a pure soul.

You wrote a post or two earlier that your fall didn't affect your motivation and self-image and you wrote "not sure if that's a good thing." I think it is a good thing. You have started listing Torah learning and davening at the suggestion of one of the GYE legends and, perhaps, you are starting to appreciate that the good and holiness that you put out in the world far outweighs whatever comes out of a fall. It may feel sacrilegious to say it because it comes off as downplaying a fall, but I believe it. We all know falls are "the worst." That's why we are on GYE. Still, why should a fall affect your motivation and your self-image. You are an amazing person and you made this GYE user shed a tear!

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 19 Sep 2022 18:25

So here I am on yet another day one.

I've been here many, many times before. Perhaps this is my last, but I highly doubt it.

Incredibly frustrated with myself, with G-d, with this struggle.

Feels impossible.

I feel like I've tried everything, within reason.

Maybe it's time to give up, this threads title notwithstanding.

I'll keep up this double life, and have two separate but decent ones instead of one dominated by frustration and guilt..

Don't have time to post much more right now, I'll be back. Hopefully soon,

OivedElokim

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Re: OivedElokim-I'll never give up
Posted by Gevura Shebyesod - 19 Sep 2022 18:54

Since you seem to be into Tanya, may I call your attention to this:

(from "Shnitzel&Kugel"'s signature, and one that I get a lot of inspiration from even though I'm
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not Lubavitch

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(???? ?"??)

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 20 Sep 2022 00:31

Yeah I've grappled with that perek for many years. At one point I knew it baal peh.

Regardless, the Rebbe is asserting that this is my avodah in life. And between me and him, he would know. It's his area of expertise.

So I'm not denying that that's what Hashem expects of me. I'm just complaining that it's not a fair expectation...

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Re: OivedElokim-I'll never give up

Posted by eyes - 20 Sep 2022 00:33

DONT GIVE UP PPPLLEEAAASSSSEEEE

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Re: OivedElokim-I'll never give up

Posted by Face the challenge - 20 Sep 2022 01:22

Dear oivedElokim,

I can't truly know the extent of your struggles but I can offer this. After I signed up to gye I was back in the mode of "this is the last time I will ever watch porn or masturbate" and I 'knew' that this was truly the last time. I managed to get 120 days clean and I made a much longer streak than I had ever done before...only to result in yet another fall after 120 days. The feeling was devastating. I thought that I was right back to where I had started. I then fell two more times in close proximity to that first fall, as i was emotionally drained and i was done trying. I was ready to give up. Again. However, through the help of many people on this forum I managed to pick myself up again after a few falls and now im back on track with over thirty days straight...

That being said—I know that you can do it! I know that you can get back up! We all know it! It will take some work, but you will see soon that you are going to get everything back together again and you will manage to break free! You are nowhere near ready to give up yet! You have so many good days behind you and you mustn't forget about them. You definitely have the ability to get back in the fight! So just keep trying and I hope that we are going to hear much progress from you soon.

Do not let your falls define who you are nor define the progress that you have made so far. This is the toughest battle of our generation and you are on the front lines fighting it. **Never give up!**

Wishing you hatzlacha rabah—keep in touch

-ftc

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Re: OivedElokim-I'll never give up
Posted by Hakolhevel - 20 Sep 2022 03:49

[OivedElokim wrote on 19 Sep 2022 18:25:](#)

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I **feel** like I've tried everything, within **reason**.

Intresting 2 caveats here.

1. It's a feeling, maybe not true.

2. Reason - sounds like there are things you don't want to try.

I could be reading the tea leaves upside down.

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 20 Sep 2022 05:35

[Hakolhevel wrote on 20 Sep 2022 03:49:](#)

[OivedElokim wrote on 19 Sep 2022 18:25:](#)

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I **feel** like I've tried everything, within **reason**.

Intresting 2 caveats here.

1. It's a feeling, maybe not true.

2. Reason - sounds like there are things you don't want to try.

I could be reading the tea leaves upside down.

Lol. I literally thought of you and your probable reaction when I wrote those words.

Not that you're wrong, just that I'm not ready to hear that right now.

I know what you think I should do. Not gonna go there anytime soon.

Maybe it's worth it, maybe it isn't.

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