

OivedElokim-I'll never give up

Posted by OivedElokim - 21 Feb 2021 21:37

Day one.

This is my brand new thread for my brand new journey towards purity.

I will keep with me the lessons learned so far and keep my eye on the ball.

Today is the first day of the rest of my life.

A porn and masturbation free life.

A life of positivity and happiness.

A life of Torah and Avodah.

The life G-d intends for me to live.

Wish me luck.

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Re: OivedElokim-I'll never give up

Posted by Hashem Help Me - 07 Sep 2022 19:46

On a totally different note, I want to express gratitude to the founders of this site, but not for the obvious reasons-the tremendous resources they provide to help us break free from lust. Sure, I'm grateful for that obviously, but here I want to add something else:

One of my big complaints about contemporary frum society is the fact that the different sects) don't mingle much. Chassidish, Yeshivish, MO, Chabad etc Jews rarely live in the same communities, daven at the same shuls, or associate with each other in many other ways. This de facto segregation has a lot of negative consequences, foremost being that we don't get to learn from each other and see things from a different Torah-true perspective. In many cases it also breeds mutual distrust or even contempt for other derachim. Speaking from my own experience. This is something that has always bothered me, and I'm not sure if or how we can rectify it and bring people together. I think if we figured it out we would bring Moshiach much quicker.

(for lack of a better word-I hate it too

What does all this have to do with GYE? Being on GYE has given me the opportunity to interact with and connect to frum Jews of all stripes. We often have much in common besides for the struggles that brought us here in the first place. The mutual respect and concern we have for each other regardless for our differences in hashkafa and culture is truly remarkable. I have learned a lot from my friends from the site and speak to them about much more then lust struggles. Sometimes I wish I could be this vulnerable and open with "real life" friends. Anyways these relationships have greatly enriched my life and broadened my perspective on my things. I pray that in the merit of this Achdus Hashem give us success in our struggles and sends us Moshiach ASAP.

Thanks for reading!

OivedElokimThis is very true. Our relationships here are nafshiusdik, and rise way above our modes of dress and dialects. It is a constant reminder that nobody has the copyright on yiras shomayim. So many various people from varying backgrounds all want the same thing. To be part of the am kadosh and close to Hashem. Hatzlocha to all.

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 07 Sep 2022 19:49

There's this guy on the site that keeps messaging me to tell him how I fell, what I fantasized about etc. I get the impression that he's just here to feed his addiction. How do I block and report him?

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Re: OivedElokim-I'll never give up
Posted by Lchaim Tovim - 07 Sep 2022 19:57

[OivedElokim wrote on 07 Sep 2022 19:49:](#)

There's this guy on the site that keeps messaging me to tell him how I fell, what I fantasized about etc. I get the impression that he's just here to feed his addiction. How do I block and report him?

If you open the chat, there's an arrow to the right of the guys username. If you click the arrow you'll get options to block and report.

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Re: OivedElokim-I'll never give up
Posted by Vehkam - 07 Sep 2022 21:04

re: Seeing many others on this site who are succeeding and zipping past me only exacerbates my frustration.

very important to keep in perspective that no two people have the same circumstances and nisyonos. Someone else may have a 1000 day streak without putting in half the effort that you are putting in. We are judged by our efforts, not by our perceived accomplishments. (see chapter 20 of The Battle of the Generation) You are clearly putting in tremendous effort and you should be proud of that no matter how many times you might fall.

wishing you continued success

vehkam

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 08 Sep 2022 02:51

Winding down for the night. Have a lot of thoughts I wanted to post but I want to go to sleep so I'll leave them for another time.

5 Mitzvah notes for myself today:

1. All three Tefillos b'tzibur.
2. Multiple chavrusos during the day
3. Solo learning
4. Tzedakah before Shachris
5. Spoke to a GYE friend and exchanged Divrei Torah and chizuk.

Essentially some of these could be split up, but at least today there's no need, BH.

Good night,

OivedElokim

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 08 Sep 2022 14:50

Good morning boys!

Proud to report that for the first time in recent memory, I went to sleep without masturbating, bez"h.

Hope this is the beginning of a good streak (yes, I know judging success by streaks is sometimes counterproductive, but I find it very motivating...)

Gonna go out there and learn some Torah and do some Mitzvos. More on that later...

Thank you for reading,

OivedElokim

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Re: OivedElokim-I'll never give up

Posted by ??? ???? ???? ??? - 08 Sep 2022 21:15

[OivedElokim wrote on 07 Sep 2022 19:38:](#)

On a totally different note, I want to express gratitude to the founders of this site [...] One of my big complaints about contemporary frum society [...] What does all this have to do with GYE? Being on GYE has given me the opportunity to interact with and connect to frum Jews of all stripes. [...]

What a beautiful reflection! Forming groups and feeling a sense of camaraderie is an important spiritual need for most people. Yidden are no different in that regard. We feel empowered and a sense of belonging when we can find ourselves in our uniquely Chassidishe, Yeshivish, Modern, etc. chevra. The problem that you identified is the sometimes negative parts of tribalism that go along with forming those groups. The "us vs. them" mentality. The need to justify one's own group's position by denigrating the position of another. GYE is also a group, but because of the subject matter (and the urgency) and the earnestness of the chevra, the group transcends Orthodox Jewish perspectives and styles and other demographic divides. I love it too, @OivedElokim. I love it too!

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Re: OivedElokim-I'll never give up

Posted by ??? ????? ????? ??? - 08 Sep 2022 21:16

[OivedElokim wrote on 08 Sep 2022 14:50:](#)

Proud to report that for the first time in recent memory, I went to sleep without masturbating, bez"h.

Way to go!

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Re: OivedElokim-I'll never give up

Posted by committed_togrowth - 08 Sep 2022 23:55

Great to hear, keep it up!

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 09 Sep 2022 03:43

Had a great, productive day. I'm gaining momentum in all areas of my life, and kedusha inyonim are no exception.

@Hashem: Please help me continue down this path of productivity, fulfillment, social connection and purity that I am currently in, and if I stray a bit-let me have the strength to bounce back without wallowing in feelings of failure and self-loathing.

My "Mitzvah Notes" for today:

1. Called my father (putting it first because it was the hardest...)

2. Gave Tzedaka

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4. Learned in the morning

5. Learned at night.

I plan on continuing the Mitzvah Note segment till Rosh HaShana, after which I will determine if it's necessary to continue.

3. Shachris and Maariv b'tzibur (was a busy day and I forgot about Mincha

Had a great long convo tonight with a new buddy from GYE. My GYE friends are in many ways my closest friends-as there is no need for "small talk" (which I happen to hate, btw), and I am extremely grateful for them. They enrich my life in so many ways.

Thanks to all of you!

Until then you will have to cope with me tooting my own horn

Good night,

OivedElokim

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Re: OivedElokim-I'll never give up

Posted by OivedElokim - 09 Sep 2022 22:06

Hey, pretty full day today, BH.

A little worried that I'll fall Shabbos, as I can't reach out for support.

Therefore I'm committing \$50 to an unnamed politician who I don't like (trying to stay out of politics over here...) reelection campaign if I masturbate at any time over Shabbos.

Todays Mitzvos:

1. Shachris in shul, heard Kedusha and Borchu

2. Called my mother
3. Put on Tefillin with a yid that wouldn't have done so himself
4. Same as 3
5. Same as 4

Wishing everyone a restful and enjoyable Shabbos!

Thank you all,

OivedElokim

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Re: OivedElokim-I'll never give up
Posted by OivedElokim - 09 Sep 2022 22:11

Looks like I got banned from the chat, can't think of anything I did that would warrant that...

Anybody know why that may have happened and what I can do about it?

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Re: OivedElokim-I'll never give up
Posted by Hopeful2022 - 10 Sep 2022 10:37

I was banned also. I send email and never got a response. I guess they do that easily around here.

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Re: OivedElokim-I'll never give up
Posted by Zedj - 11 Sep 2022 00:46

Yeah same here.

I sent an email and the response I received was that they limited the chat for now.

The chat is a great way to welcome new guys and connect with people....hopefully it's back up soon.

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