

Keeping Accountability

Posted by HappyYid - 19 Feb 2021 14:15

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Hi guys,

I've been here for a few years, but was part of the thousands that just reads but doesn't post or click thank you. (If you think about it, there's on average 5-10 people that say thank you on a post but there's thousands on the site and even looking at the post- you could see it says 'views'. Just saying...)

First of all I want to say thank you to GYE for being who they are and to everyone here especially those that post, it gives tons of chizuk even though many of us don't reply or click thank you, you should know the posts are great and very inspirational.

Just wanted to start a thread to keep accountability. My main struggle right now is ms, I don't have access to porn bh. I have a very hard time with lusting about my sisters in law; two single ones in shidduchim age. They are both attractive and although my wife is very pretty too the yh makes me think that they are prettier. I really think about them often. And they are each a little clueless in their own way and they do things which don't help the situation, nothing bad just isn't great for me they are very friendly etc. Its especially hard when I go for Shabbos, many times I look forward to going so that I could 'enjoy' them more directly. I'm going for Shabbos this week and I want to come back here and say that I was (at least) 97% clean in terms of lusting them.

I'll try to post here as much as I could to keep me stable and for accountability.

. I love you guys.

Happy Yid

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Re: Keeping Accountability

Posted by Grant400 - 16 Mar 2021 14:02

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[HappyYid wrote on 16 Mar 2021 13:05:](#)

[Striving Avreich wrote on 16 Mar 2021 10:33:](#)

Can you put a password on the tablet that only your wife knows?

Thanks for the idea.

I just need to figure out how to ask her to make a password...I can't just say 'I might watch porn please block it' lol

Tell her you heard a shiur about kedusha in the home. You understand she needs open internet for work, but you feel it proper to be password protected from a hashkafa point of view.

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Re: Keeping Accountability

Posted by Striving Avreich - 16 Mar 2021 14:03

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[HappyYid wrote on 16 Mar 2021 13:10:](#)

[lionking wrote on 16 Mar 2021 12:25:](#)

This might come as a surprise for some people, but contrary to popular belief, it is impossible to be fully filtered in this generation. If it's not your wife's tablet, it might be your next model car, or microwave for that matter.

We got to do what we can do, but on the other hand we cannot rely on filters to save us.

Here are some tips to help you in addition to the excellent advice offered already.

1. Don't be Moreh Heter. Consider using her work device as gezeilah.
2. Assume the possibility that being that it is a work device, it can be monitored. (Note for employers, MDM's are very cheap nowadays and you can even get free options. Really worthwhile for a company to use them to manage their devices.)

3. Setup filtering at the ISP level like JNet, or at least on the Router. Basic simple option would be to use Cleanbrowsing Family Filter and have someone else lock the router settings to prevent changes.

Hatzlacha Rabba

You're right, filters aren't the answer.

I have to really tell myself that the tablet isn't mine, but doesn't Hashem say not to watch porn either...

Thanks for your tips

I find that works until I break. I can not rely on myself in these situations.

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Re: Keeping Accountability

Posted by Striving Avreich - 16 Mar 2021 14:05

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[Grant400 wrote on 16 Mar 2021 14:02:](#)

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Can you put a password on the tablet that only your wife knows?

Thanks for the idea.

I just need to figure out how to ask her to make a password...I can't just say 'I might watch porn please block it' lol

Tell her you heard a shiur about kedusha in the home. You understand she needs open internet for work, but you feel it proper to be password protected from a hashkafa point of view.

Or you can say you were just speaking to a friend about kedusha in these challenging times and how the YH tries to creep in and you'd like to put a password on to protect your family.

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Re: Keeping Accountability

Posted by Striving Avreich - 16 Mar 2021 14:21

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[HappyYid wrote on 16 Mar 2021 13:01:](#)

[Lou wrote on 16 Mar 2021 03:46:](#)

Without getting into hashkafa and halacha etc isn't it scary to use your wife's tablet for that? Aren't you afraid you may not cover your tracks well that one time and you will be caught? This is obviously not the real solution to the problem, but perhaps that can serve as a deterrent until you figure out an eitzah..

Hatzlocha!

You're right I should be scared. But really I'm not because I used secret mode on a different browser wife uses...and she is really not tech savvy and very easy to cover my tracks. But maybe I should convince myself that she actually might see...

I also thought I was covering my tracks and for almost two years I did (while married). Then about 3 months ago I was caught by wife twice. It was very traumatic. I am very tech savvy and my wife isn't so I totally thought I had it covered. It caused us lots of pain, stress and tension. My wife saw some of the disgusting and abominable videos and pictures I was seeing and was rightfully repulsed by it. She has told me that she is still haunted sometimes by what she has seen.

The YH tricks us in to thinking that we can cover our tracks and it will be fine:

1. Are we sure we can cover our tracks? What if your wife needs to use the tablet while you are in the middle of "using it"? What if your family member needs to go to the hospital in middle and you don't have time to "clean up"?
2. Even if we will be able to cover our tracks, is that what we want? Do want we want to remain "safely" in that world?

The embarrassment which potentially may occur when requesting a password to put on pails in comparison to her finding something on there that you don't want her to see.

Also, with regards to ways to tell her, you can speak to your rov and ask him if he thinks you should put a password on the tablet (he'll probably say yes) and then ask what she thinks and tell her what the rov said.

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Re: Keeping Accountability  
Posted by HappyYid - 16 Mar 2021 15:54

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[HappyYid wrote on 16 Mar 2021 13:01:](#)

[Lou wrote on 16 Mar 2021 03:46:](#)

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Thanks for putting it out well.

I think you convinced me to be *more* scared but not *totally* scared.

The embarrassment which potentially may occur when requesting a password to put on pails in comparison to her finding something on there that you don't want her to see.

Its not the embarrassment, its the potential of her finding out that I've watched this stuff. There's definitely no reason to let her know, because I'm not addicted and haven't been watching for a while.

Thanks for your responses!

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Re: Keeping Accountability  
Posted by Striving Avreich - 16 Mar 2021 16:23

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2. Even if we will be able to cover our tracks, is that what we want? Do want we want to remain "safely" in that world?

Thanks for putting it out well.

I think you convinced me to be *more* scared but not *totally* scared.

It's not supposed to totally scare you. Nothing can. It's something that you can take in your pocket and think about in a sober state and try to internalize. Try to broaden and chew over the feelings and thoughts that are associated with this or anything else that you feel would be helpful?

The embarrassment which potentially may occur when requesting a password to put on pails in

comparison to her finding something on there that you don't want her to see.

Its not the embarrassment, its the potential of her finding out that I've watched this stuff. There's definitely no reason to let her know, because I'm not addicted and haven't been watching for a while.

Thanks for your responses!

What about her finding out would be bad? Would you be embarrassed? Are you afraid she'd leave you?

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Re: Keeping Accountability  
Posted by HappyYid - 16 Mar 2021 16:37

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[Striving Avreich wrote on 16 Mar 2021 16:23:](#)

The embarrassment which potentially may occur when requesting a password to put on pails in comparison to her finding something on there that you don't want her to see.

Its not the embarrassment, its the potential of her finding out that I've watched this stuff. There's definitely no reason to let her know, because I'm not addicted and haven't been watching for a while.



Thanks for your responses!

What about her finding out would be bad? Would you be embarrassed? Are you afraid she'd leave you?

I'm not embarrassed.

I'm not afraid she will leave me.

?I think she will feel bad, she will think she isn't pretty enough for me. She probably will feel somewhat of a disgusting feeling toward me.

Our marriage is bh wonderful. Seriously, we love each other, we feel like we have a deep connection, etc. Why mess it up with her finding this out. My point was that I'm not an addict, I didn't watch in a long time. Just when there's open internet around, I get the urge. I'm not running around trying every loophole. So there's no need to tell her, if I was crazy about it and its messing up things in the house then maybe its smart to speak about it...but not me.

?Could be I'm wrong, I'm open to hear a valid reason to tell her.

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Re: Keeping Accountability  
Posted by Striving Avreich - 16 Mar 2021 17:06

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I'm not saying you should tell her about slipping up, but I was saying to ask her to put on a password.

Great job for keeping up being clean in general! IYH we should all learn from you! What has helped/worked for you?

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Re: Keeping Accountability  
Posted by HappyYid - 16 Mar 2021 17:12

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[Striving Avreich wrote on 16 Mar 2021 17:06:](#)

I'm not saying you should tell her about slipping up, but I was saying to ask her to put on a password.

Great job for keeping up being clean in general! IYH we should all learn from you! What has helped/worked for you?

I understand you were just trying to help, I'm not upset at you

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Re: Keeping Accountability  
Posted by HappyYid - 16 Mar 2021 19:06

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[Striving Avreich wrote on 16 Mar 2021 17:06:](#)

I'm not saying you should tell her about slipping up, but I was saying to ask her to put on a password.

Great job for keeping up being clean in general! IYH we should all learn from you! What has helped/worked for you?

Sorry just noticed it looked like my post got cut off...

. Thank you

Im only 43 days... but what helped me most was the posting and therefore trying harder.

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Re: Keeping Accountability  
Posted by Striving Avreich - 16 Mar 2021 19:21

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Only? The world was changed with the Mabul in only 40 days!

Have you celebrated? How?

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Re: Keeping Accountability  
Posted by HappyYid - 17 Mar 2021 01:00

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BH I had a great clean day today!

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Re: Keeping Accountability  
Posted by HappyYid - 17 Mar 2021 02:36

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As far as my wife's tablet; I decided that for now I'll rely on that I will be ok because of the various reasons people shared over here (I always knew the tablet was unfiltered and still didn't use it so I think I will be ok), because it's a bit complicated to get a filter or password, and if I use it one more time chas vshalom, obviously I will have to be honest with myself like everything about this struggle, then I will take the necessary steps to prevent that.

Tomorrow is half of 90!  
Thank you guys for being here, without you I would just be on that tablet nightly.

Good night,

HappyYid

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Re: Keeping Accountability  
Posted by Dave M - 17 Mar 2021 14:59

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[HappyYid wrote on 17 Mar 2021 02:36:](#)

As far as my wife's tablet; I decided that for now I'll rely on that **I will be ok** because of the various reasons people shared over here (I always knew the tablet was unfiltered and still didn't use it **so I think I will be ok**), because it's a bit complicated to get a filter or password, and if I use it one more time chas vshalom, obviously I will have to be honest with myself like everything about this struggle, then I will take the necessary steps to prevent that.

Be very careful...Don't play with fire. The Y'H is very shrewd in twisting logic. The logical reasons will eventually go out the window if you are faced with the nisayon to often.

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